Hawthorne Fress Tribune

Inglewood News

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Weekend **Forecast** Friday Mostly Sunny 71°/62° Saturday Mostly Sunny 71°/63° Sunday Sunny 71°/62°

Los Angeles Giltinis Make Their Presence Known on the Field



DTH in Action versus San Diego Legion. Photo by Brian Jackson. To read more about the Giltinis and DTH, see story below.

First-Year South Bay-Based Pro Rugby Team Takes the League by Storm

By Duane Plank

I was fortunate to receive a tip from a gentleman I had profiled recently in the Herald, who brought to my attention that a new professional sports team, launching their inaugural season, was headquartered in and practiced in our fine city. Who knew?

Well, here is your introduction to the Los Angeles Giltinis (anyone knows what a Giltini is?), first-year members of the growing Major League Rugby enterprise, who are taking the league by storm, sitting, at the time of this submission, at the top of the league "table," and likely heading to the upcoming playoffs. Which for Americans means that they are in first place in the standings.

Full disclosure: I am a total rugby novice, trying to learn as much as possible about this great sport. So, if I bollocks up some of the nomenclature, positions, or terms, please accept, in advance, my apologies. The Giltini's players who I interviewed said, "no worry, mate!"

Longtime *Herald* readers may remember the wildly popular Frankly Plank column that debuted more than a decade ago, and dabbled in sports "hot-takes," and occasionally veered into other subjects. But I will admit, I never wrote about the great sport of rugby, which has been around the planet for, it seems, nearly 200 years. I believe I have a couple of somewhat distant relatives who matriculated to college and played rugby at No Cal rich-guy and girl universities, but I never paid much attention to their exploits as they did not mine.

As a rugby novice, I think that the only time I participated in an activity akin to rugby was back in the seventh grade while attending American Martyrs School in neighboring Manhattan Beach. After eating lunch, we

would head out to the field and play a game we dubbed "Kill the Man with the Ball." OK, we did not set out to kill each other, but the chap who ended up with the ball, usually a football, was pummeled from all directions as the combatants tried to separate the ball carrier from the ball. Being a smart guy, it did not take me that long to discern that it was better to be one of the pummelers than the pummeled.

Enough digression. When I attended a Giltinis practice recently that took place on the artificial turf at Campus El Segundo, I was curious to discern what I would see? And what I saw was a whirlwind of activity from top-flight athletes, running to-and-fro from different practice stations, plying their trade as they prepared for their upcoming match at the Los Angeles Coliseum. That match against the hapless Houston SaberCats would end up in basically a walkover win, 52-5.

The following Sunday, the Giltinis took their show on the road to San Diego and prevailed in a much tighter contest against the home team, winning 19-13.

Here are some of the rugby rules that I have discerned: Players can run and kick the ball but can only pass it backward. There are three ways to score:

• A team gets five points for scoring a "try," where the ball is grounded over the opponent's in-goal area, like the goal-line in the NFL.

See Pro Rugby, page 4

Bryan Grijalva Heals the Spirit

By Kiersten Vannest

"We have three bodies," says Bryan Grijalva, a healer located in El Segundo. The bodies he describes are the physical, the emotional, and the spiritual. Bryan, in particular, works to heal and strengthen the spiritual body.

"Think of an apple. When you see an apple, the skin is the physical body. You can see bruises, abrasions, broken arms, bleeding," he says. The physical body is most often attributed to western medicine, able to be treated in hospitals by medical doctors. "When we look a little bit deeper into the apple, the meat of it, that's the emotional body." This body is best served by psychologists, psychiatrists, and therapists. Emotional trauma may be healed through these methods or fortified. "But then, there's the issue of the spiritual body, which would be like the seeds of the apple... that's where I specialize," says Grijalva. Your spiritual body, as he describes it, can have blockages that can manifest in mental or physical health issues. His job is to find those blockages and help facilitate healing from the innermost body.

How can these three bodies coexist, or can they? Grijalva says absolutely. "It's never 'in lieu of,' it's always 'in conjunction with," he says, positing that spiritual healing is just the third piece of effective healing. According to him, the connection between the three (physical health, mental health, and spiritual health) is important and can produce some amazing changes.

See Bryan Grijalva, page 5

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Rise Again: Tulsa and the Red Summer Review: Bodies And Stories Were Buried-Until Now

By Morgan Rojas for Cinemacy

Throughout history, the United States has been the home of dozens of racially-fueled massacres that were never brought to light. One of the most egregious atrocities is the 1921 Tulsa, Oklahoma race massacre which saw an entire community burned down by white mobs. Over 300 black men, women, and children were killed and dumped in unmarked mass graves, their possessions stolen and dignity affected for generations. In the documentary Rise Again: Tulsa and the Red Summer, now streaming on Hulu, documentarian Dawn Porter sheds light on this horrific tragedy and challenges our idea of what justice looks like today. Make America great again? For a large majority of

Tulsa Massacre victims and current Tulsa state officials, speak to the reality of what happened 100 years ago and how it is still affecting the black population today. It's uncomfortable to see just how dehumanizing the black community was made to feel at the hands of white people, but Dawn Porter educates viewers in a way that doesn't feel shameful or spiteful, just hopeful for a better future for all.

The term "Red Summer" was coined because the blood from black bodies flowed through the streets nonstop. Innocent black communities and individuals were targeted by white men who unjustly feared their jobs or lives were in danger, and were killed by the hundreds. Yet, these events have been



Rise Again: Tulsa and the Red Summer, courtesy National Geographic Documentary Films.

minorities, America was never great before.

Dawn Porter is one of the most important working filmmakers today. She has her finger on the pulse of culturally significant stories about strong figures who stand up for what they believe in, even if it's against the status quo. Rise Again's message compliments Porter's previous work, including The Way I See It and John Lewis: Good Trouble. She is a natural storyteller who elicits empathy but never weakness from her subjects. Her delicate approach to such a heavy topic is a natural skill. Despite the death and destruction that permeates the narrative, Rise Again leaves us with an activated sense of introspection about how we can create a more just tomorrow.

For many people who lived through the 90s, the term "race riot" might bring to mind the horrific images of the Rodney King riots in Los Angeles. However, race riots have been around for decades, as documented in Rise Again's stark black and white photographs. The film centers around award-winning Washington Post journalist and Oklahoma native DeNeen Brown who, along with descendants of the

historically left out of American history books because of shame and guilt. Pretending that these massacres never happened is equally offensive as the acts themselves, and that is why Rise Again: Tulsa and the Red Summer is so important to American cultural awareness. This film is an important piece of history. •



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Your Neighborhood Therapist

Dear Neighborhood Therapist,

I have a twin sister and we've always been best friends. We live near each other and share everything in our lives. We are both married and have children. A month ago at a party my sister's husband made a pass at me when we were alone. I was shocked and confused, and I made it clear how upset I was. When we next spoke he said he had been drunk, he apologized profusely, and said it would never happen again. I don't know what to do. I've never kept a secret from my sister before. I do believe that telling my sister might lead to them getting divorced. I haven't told anyone and truly don't know what to do. What do you think?

- Agonizing, Santa Monica

Dear Agonzing,

I think it really stinks that this happened, to put it mildly, and I'm very sorry to hear it. It stinks that you need to do anything at all. Sadly, life throws stuff at us and sometimes we have to respond (in this case, doing nothing is also a response). You seem more concerned about your relationship with your sister than you do with the incident's immediate effects on you, so I will address that part.

I suspect you may feel like you have been forced into a situation where in order to preserve your sister's marriage you must lie to her and cover up her husband's act of

But of course for that to be true, then it also has to be true that because of something your brother-in-law did, the possible continued existence of a marriage that you are not a part of is suddenly entirely in your hands. Does that sound logical or reasonable to you? I didn't think so. It's a tense moment and it makes sense that you would feel a huge weight on your shoulders, but if the marriage ends, that's not on you.

I cannot tell you what to do, but I am confident you can reach a good sense of how to proceed according to your own values. My suggestion is to write down the

answers to the following questions. Writing down the answers helps because the process of writing will help you clarify your thinking, and because it may be helpful to you in future conversations to have a record of your thought process.

First, you could have gone straight to your sister about this and let the chips fall where they may, but instead you chose to shoulder this burden, at least for a period of time. What is the thing that you are protecting by holding this secret? What does the fact that you have been able to hold this secret up until now say about what matters to you?

Which relationship is more important to you, and why: your relationship with your sister, or your sister's relationship with her husband? What do you need to do to tend to that relationship, and what are the potential costs of doing so, and are those costs worth it? (And sadly, there is always a cost.)

Next, what is the spectrum of possible explanations (not excuses) for what happened? Is the most generous view of your brother-in-law's behavior that perhaps it was a horrible, out-of-character, one-time mistake for which he feels genuine remorse? Good people do bad things all the time. Was this one of those times? On the other hand, was this incident totally in keeping with what you have seen and heard about him?

Finally, knowing everything that you know, if someone you cared about found herself in a situation where there was much uncertainty and seemingly no good options, how would you advise them to respond? Do that, and sleep well knowing you did the best you could.

Please write to tom@tomandrecounseling. com or text to 310.776.5299 with questions about handling what is affecting your life, your family, the community or the world. Tom Andre is a Licensed Marriage & Family Therapist (LMFT119254). The information in this column is for educational purposes only and nothing herein should be construed as professional advice or the formation of a therapeutic relationship. •

Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

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FOR RENT

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Building Relationships One Cup at a Time



The Hawthorne Police Department had a great time at Coffee With A Cop meeting our neighbors. If you missed us this time, we will be out again next month. Join your neighbors and police officers for coffee and a conversation. Photo courtesy Hawthorne Police Department.

Finance

5 Ways Small Businesses Can Thrive Into The Future

(BPT) - For the past year, the pandemic has disrupted the world - and small businesses are no exception. While navigating challenges, many small to medium-sized businesses (SMBs) discovered keys not only to survival, but to adapting and thriving. New research reveals what SMBs need to weather today's hardships - and future challenges.

Here are the top areas SMBs need to focus on.

1. Boost Cybersecurity with Smarter Technology

Technology company Lenovo's "Future of Work and Transformation Study" shows that while companies experienced a learning curve moving employees to remote work, businesses are leveraging smarter technology to increase IT security and empower employee productivity.

All companies have had to respond to the need for increased IT security and support for employees relying on home Wi-Fi networks. Employees using remotely-connected cloud and collaboration tools from their laptops or other devices on home Wi-Fi networks may increase the risk to data security, putting increased strain on IT department resources.

Lenovo's study found that although most SMBs subscribe to an IT security service, data security and compliance management remains a burden. Fortunately, most businesses recognized the need early, and 80% of them built strategies to keep things running, including plans for data security and redundancy. About 45% of businesses reported having cloud-based data backup, 39% had physical data backup and 39% provided data security training.

2. Ensure Employees Have the Necessary Tools

While many businesses played catch-up to ensure employees had the right tools to successfully work from home, others still don't have the right infrastructure for remote staff - which will likely continue to be essential to businesses.

The study found that cloud collaboration and software tools for videocalls and simultaneous document collaboration are essential for 97% of employees. Almost two-thirds of survey respondents also said these tools improved their productivity and efficiency.

3. Meet Consumer Demand for Omnichannel Ordering

Since lockdowns began, eCommerce and online ordering has increased dramatically for everything from sporting goods and retail apparel to housewares and takeout meals. While some businesses - whether independent retailers or restaurants - have gone online for **See Finance**, page 6



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AND LAWNDALE NEWS

The Weekly Newspaper of Lawndale

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The Warrior Pantry is Open for the Summer



El Camino College.

Pro Rugby • Two points are awarded to

• Two points are awarded to a team for a successful conversion. This is where a team can add further points after scoring a "try" by kicking the ball through the goalposts.

• A team can score three points if a penalty is awarded, and they successfully kick the ball through the goalposts.

• Three points are also given if a team does what is known as a dropkick, where a player drops the ball on the ground and kicks it through the goal post.

Rugby matches are played with 15 players on the field, with two halves of forty minutes and a 10-minute or so intermission. So, time-challenged (impatient) fans who do not cotton to spending four hours or so watching a Major League Baseball game, or waste 30 minutes viewing the final *two* minutes of an NBA playoff game, may appreciate the brevity of an MLR match, a contest highlighted by constant action.

As noted, there are 15 players on the pitch for each side. Some of the positions manned include a loose-head prop, tight head prop, a couple of flankers, #8, a scrum-half, a fly-half, an inside center, an outside center, a right-wing, a fullback, and the all-important hooker.

It is way past my nascent understanding of the sport to explain what each player's duties are, but suffice to say, each player's expertise is an integral component that meshes to build a successful team.

Time to meet your 2021 Los Angeles Giltinis...Well, two of them.

DTH van der Merwe is a Giltinis outside back/winger, a position he equates to the wide receiver position in the NFL. He goes by DTH, which are his father's initials. And he happened to be born on the same calendar day as his dad. Born and initially raised in South Africa, he moved to Canada when he was 17, where his rugby career accelerated. He played with the Canadian National team, as well as in a rugby World Cup in Dubai.

His sterling play on the pitch was spotted by a Scotland talent scout, which led to him begin a new sporting adventure, playing for 11 years in Scotland, Wales, and England.

When COVID-19 hit, DTH said that he was contacted by a former Canadian player who was associated with soon-to-be Giltinis head coach Darren Coleman.

DTH was pitched about setting up camp in Southern California and playing for the start-up Giltinis. It must have been a potent sales pitch. He and his family, who live in Hermosa Beach, have not regretted their relocation. "We have fallen in love with the South Bay," DTH said. "We have lots of wheels spinning," he said, "in how we could stay here forever."

As a somewhat older player (35), DTH said he and his family are looking to a future in Southern California, post-rugby. He said that he is a "qualified firefighter" and will probably be looking to pursue opportunities in that occupation.

When asked how a rugby neophyte fan should learn about and embrace the sport, DTH noted that his father, back in the day, had acquired the book "Rugby for Dummies," a book that I should purchase. But DTH also touted attending a game at the Coliseum, as well as checking out the online feeds of MLR games that are available for free or dropping in to view a

match on the Bally's Sports Network, which broadcasts contests each weekend.

Like all associated with the Giltinis, DTH embraces being an ambassador for promoting rugby to gain a foothold in America. "Spread the word," he said. "Why not give it a shot, and support the Giltinis?"

Which is a sentiment shared by his teammate, Dave Dennis. Dennis plays the "lock" position on the pitch, which he equates to the tight-end slot on an NFL offense. The Australian native said he "never thought he would end up in the South Bay." When his contract ran out while he was playing in England last year, Dennis, also 35, said he received a call from a Giltinis assistant coach, a former teammate, trying to coerce Dennis and family to relocate to Southern California.

Again, the sales pitch worked. "Why not?" Dennis, who lives in Redondo Beach, said. "It was a good opportunity to enjoy everything that California has to offer and play some rugby."

Typically, professional expansion teams struggle during their first year, but not the Giltinis. And a lot of their success apparently stems from management selecting an internationally experienced head coach, Darren Coleman.

Dennis noted that Coleman has a stellar coaching resume, guiding teams that may have underperformed before his arrival at the top of the standings table. He said that Coleman's coaching style gets his team well-prepared for the next match, "but we also have a lot of fun."

When he is not rousting about with his family or speeding up-and-down the rugby pitch, Dennis says he enjoys cooking, as

as sharpening his skills on the local

well as sharpening his skills on the local golf courses. He noted he forayed south two weeks ago to watch the opening round of the United States Open golf tournament. How good is Dennis on the course? He said he plays to a handicap of 8, "good enough to earn a little money from the boys" should friendly wagers be placed.

When asked to sum up a rugby match, Dennis said it is "15 guys running at each other, trying to score more points at the other end of the field. You bash the hell out of each other, and then go have a cold beer."

OK, so I am assuming that you still do not have a clue as to what a Giltini is? Well, it is an adult beverage named partially after/by club backer Australian entrepreneur Adam Gilchrist, who, I have been informed, made his fortune as a gym owner. The team's name, Giltinis, melds Gil with martini. Get it? And according to DTH, the beverage should be available this summer in local South Bay imbibing establishments. Gilchrist also happens to own another MLR team named after an adult beverage, the Austin Gilgronis, that plays off of the first three letters of his last name, as well as another adult beverage.

The MLR regular season concludes on the weekend of July 17/18. And if all goes according to plan, the Giltinis will continue their winning ways and glide into the playoffs. So, with the El Segundo-based LA Lakers and Kings long-ago dispatched from championship competition, you might consider taking the time to support a professional team who may bring another title to our jewel of a town.

Bottoms-up! •

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YouTube Theater Comes to Inglewood



We're excited to officially announce - the Performance Venue at Hollywood Park is now YouTube Theater. This intimate venue, offering seating for up to 6,000 guests, will be celebrated as the new home for a variety of live entertainment. At 4,200 square-feet, the stage is an expansive area to be creative, and every seat is close to the action on-stage. A place for creators, curators, performers and the community. Photo courtesy YouTube Theater.

Bryan Grijalva

Grijalva himself is certified and practices over two dozen healing modalities. This ranges from simply talking to a client, to analyzing chakra charts, to exercising reiki to free up blockages and increase chi flow.

Grijalva explains that we all have an essence of energy and life that flows through all of our bodies for those who don't know what any of that means. This is the chi flow. Sometimes we have traumas, physical, emotional, or spiritual, resulting in illnesses, struggles, or just generally feeling "off." Chakras, he explains, are essentially different energy centers in your body that correlate to certain nerve bundles and organs. Healthy chakras are open and balanced. Reiki is a type of massage in which the massage therapist doesn't actually touch the client, but channels energy through themselves and into the client. Clients report feeling warm or sometimes slight pressure when undergoing energy healing.

Despite his passion and experience, Grijalva was not always a spiritual healer. "I actually used to own an auto shop, and I was quite happy," he laughs. During this time, his sister began to develop debilitating migraines. When medicine wasn't working, and she felt at a loss, he felt helpless. So he signed himself up for massage school to see if he could alleviate any of her pain. Massage school led deeper into energy studies and eventually holistic healing. Fifteen years later, he teaches classes out of El Segundo and sees clients regularly.

Grijalva is also what he calls a medical intuitive. This essentially means that with meditation, through a process called synchronization, he can feel a client's pain in his own body. This helps him to empathize with his client



Bryan Grijalva, owner and operator of Sacred Circle.

and better understand where blockages may be occurring. Thankfully, he says, this is something he has largely learned to manage so that he isn't walking around feeling the pains of everyone around him in Los Angeles.

How does one know if this is a field they could enter? Grijalva says he believes these abilities are implicit in everyone, though some have to work harder at it than others. As for him, he describes feeling this from the time of childhood. "As a child, I was very sick all the time, but realizing it wasn't mine. It took a while to get a hold of it, and I do see a lot of sensitive children experience it quite a bit," he says. Part of his work is helping to teach children about empathy and helping adults sort out what pain is theirs and what is external. By realizing what is yours and what is not, he says, you can begin to open your mind and help others.

In the past year, a common issue he's dealt with during his consultations has been

everything related to the pandemic and the lockdown. From loneliness to loss, his spiritual healing has been focused often on anxiety and depression lately, though he says every client is completely different and is treated individually.

With his studio, Sacred Circle, opening up again soon, he hopes to resume a practice of a monthly sound bath, which works to bring vibrations into the body, and can quiet the mind or bring emotions to the forefront, depending on the kind of sound bath and individual reaction to different vibrations. He says that taking in other people's pain and constantly working through roadblocks and struggles can be very physically and emotionally exhausting. But on days he feels burned out and is ready to throw in the towel,

he'll hear from a client who says that a huge problem they never thought they'd ever been able to deal with or cure is completely gone, and his dedication to the craft is renewed.

from front page

"That to me," he says, "that's worth more than all the money in the world: to hear how someone has healed themselves or to have helped facilitate their healing." Grijalva's hopes that holistic healing will be more generally accepted in the future. "I'm not a doctor. I don't pretend to be. But there are so many things that are not medical or physical in nature; they're spiritual. That is what I'm trying to do: help people understand that we are spiritual creatures, and we can address our spiritual concerns in a safe and healthy way. Then we can really facilitate true healing." •



 $\label{eq:Grijalva's studio} \textbf{Grijalva's studio}, \textbf{where he offers classes, reiki sessions, and intuitive consultations}.$

Finance from page 3

the first time, others worked to optimize their existing online ordering systems, taking into consideration order flow, packaging, delivery systems and end-user experience.

Consumer behavior has quickly changed in surprising ways. Data from a recent study by Lightspeed, a leading provider of cloudbased, omnichannel commerce platforms, shows how online ordering for restaurants in large suburbs grew by a whopping 3,868% between February and April 2020, as commuter patterns changed and restaurants identified opportunities outside urban centers.

In both the retail and hospitality industries, consumer appetite for online ordering is here to stay. In fact, a recent study from Google showed that 61% of shoppers prefer an omnichannel experience that unifies the physical and digital shopping experience, with the ability to order online at their convenience and shop in-person when they need an item immediately.

4. Diversify Revenue Streams and Shore Up Supply Chains

In an unpredictable economy, it's important to make sure the entirety of your business is as resilient and flexible as possible. Many restaurants from the Lightspeed study added new merchandise, subscription boxes, togo beverages gift cards, online classes and donation options to their online ordering menus, with great success. These are tactics that restaurants powered by Lightspeed in economies such as Australia and New Zealand maintained even after diners enthusiastically returned to indoor dining.

5. Leverage Social Media to **Grow Community**

Lightspeed believes that commerce ignites

community and the company's recent study also found restaurants that were able to grow their revenue by more than 100% in 2020 maintained a robust social media presence and marketing strategy to connect with local neighborhood diners. These thriving restaurateurs found ways to give back, reward customer loyalty and partner with other local businesses to build a broader customer base.

For independent businesses, surviving - and thriving - despite daunting challenges requires agility, plus the know-how to leverage all available technology tools. •

PUBLIC NOTICES









for Change of Name Case No. 21TRCP00222 Superior Court of California, County of LOS

Petition of: FRANKIE VIOLA COWAN for Change of Name TO ALL INTERESTED PERSONS

Petitioner FRANKIE VIOLA COWAN filed a petition with this court for a decree changing names as follows: FRANKIE VIOLA COWAN to

FRANKIE VIOLA MILLER

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing

Notice of Hearing: Date: 9-3-21, Time: 8:30 AM., Dept.: B The address of the court is: 825 MAPLE AVE

TORRANCE, CA 90503 A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: HAWTHORNE PRESS TRIBUNE Date: JUNE 30, 2021

GARY Y. TANAKA Judge of the Superior Court Hawthome Press Tribune Pub. 7/1, 7/8. 7/15, 7/22/21



PUBLIC NOTICE

NOTICE OF \$10,000 REWARD OFFERED BY THE LOS ANGELES COUNTY BOARD OF SUPERVISORS Notice is hereby given that the Board of Supervisors of the County of Los Angeles has reestablished a \$10,000 reward offered in exchange for information leading to the apprehension and conviction of the person or persons responsible for the murder of 21-year-old William Fifita, who was fatally shot at the intersection of Crenshaw Boulevard and Rosecrans Avenue in the City Hawthome after leaving a church dance with family and friends on March 20, 2016, at approximately 2:15 a.m. Si no entiende esta noticia o necesita más información, favor de llamar al (213) 974-1579. Any person having any information related to this crime is requested to call Detective Karen Shonka at Los Angeles County Sheriff's Department, Homicide Bureau at (323)890-5500 and refer to Report No. 016-00031-3199-011. The terms of the reward provide that: - The information given that leads to the determination of the identity, the apprehension and conviction of any person or persons must be given no later than August 15, 2021. All reward claims must be in writing and shall be received no later than October 14, 2021. – The total County payment of any and all rewards shall in no event exceed \$10,000 and no claim shall be paid prior to conviction unless the Board of Supervisors makes a finding of impossibility of conviction due to the death or incapacity of the person or persons responsible for the crime or crimes. - The County reward may be apportioned between various persons and/ or paid for the conviction of various persons as the circumstances fairly dictate. Any claims for the reward funds should be filed no later than October 14, 2021, with the Executive Office of the Board of Supervisors, 500 West Temple Street, Room 383 Kenneth Hahn Hall of Administration, Los Angeles, California 90012, Attention: William Fifta Reward Fund. For further information, please call (213)974-1579. 6/10, 6/17, 6/24, 7/1, 7/8, 7/15, 7/22, 7/29, 8/5, 8/12/21 CNS-3474020#

Hawthome Press Tribune Pub. 6/10, 6/17, 6/24, 7/1, 7/8, 7/15, 7/22, 7/29, 8/5, 8/12/21

CITY OF INGLEWOOD DATE: June 29, 2021

TO: Inglewood Residents & Business FROM: Inglewood Public Works

Continued Public Hearing on July 20, 2021 for adopting 2020 Urban Water Management Plan
The City of Inglewood provides water services

to approximately 85,000 customers through 15,700 service connections within its service area of 7.2 square miles. The remaining customers are serviced by the Golden State Water Company or Cal America Water Com pany. The City service area is divided into three pressure zones for elevation differences that vary from 60 to 247 feet above sea level. The City's water production system consists of four active wells and the Water Treatment Plant. The City provides approximately 8,982 acre-feet of potable water to its customers every year. Of the 8,982 acre-feet of potable water served, 3,400 acre-feet are produced by City wells, and 5,582 acre-feet are purchased from the Metropolitan Water District via West Basin Municipal Water District (WBMWD). In addition, from WBMWD, City provides 686 acre-feet of recycled water to a few particula customers: Inglewood Cemetery and Hollywood Park, and City facilities.

The State of California Lirban Water Manage ment Planning Act of 1983 (Act) requires urban water suppliers servicing 3,000 or more connections or supplying more than 3,000 acre-feet of water annually to submit a Urban Water Management Plan (UWMP), The State of California, through the California Water Code Division 6, Part 2.6, Sections 10610 to 10657 declares that each local government shall adopt a UWMP to help the State in implementing the plan and protect the interest of the people business sector, and the economic dimate.

UWMPs are prepared by urban water suppli ers every five years. These plans support the suppliers' long-term resource planning to ensure that adequate water supplies are available to

- meet existing and future water needs.

 Within UWMPs, urban water suppliers must: Assess the reliability of water sources over
- a 20-year planning time frame
- Describe demand management measures and water shortage contingency plans
 • Report progress toward meeting a targeted 20 percent reduction in per-capita (per-person) urban water consumption by the year 2020

 Discuss the use and planned use of

Adopting the UWMP is required for the City to be eligible for State grants, loans, and assistance. City submitted its first UWMP to Department of Water Resources (DWR) in 1985, and undated plans were submitted in 1990, 1995, 2000, 2005, 2010, and 2015. Pursuant to the Act, the City Council will consider public comments received, and any comments received will be noted in the final

document to be filed with DWR Note: The LJWMP 2020 with 1,146 pages are available on City of Inglewood City Website for review. Hard copy are also available to public at Inglewood Public Works Department. Inglewood Daily News Pub. 7/1, 7/8/21

Life is short, live in the moment and enjoy all the good things!! - Love You Most, -

PUBLIC NOTICE

Mom

Notice is hereby by given, StorQuest Self Storage will sell at public sale by competitive bidding the personal property of: Taliah Whitehead, Terrance Brown

Property to be sold: misc. household goods, furniture, tools, clothes, boxes, toys, electronics, sporting goods, and personal content. Auction : www.StorageTreasures.com. The sale ends at 11:00am July 9, 2021 at the property where said property has been stored and which is located at StorQuest Self Storage 4959 W 147th St, Hawthome, CA 90250. Goods must be paid in cash and removed at the time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party. 6/24, 7/1/21

CNS-3482186# Hawthorne Press Tribune Pub. 6/24, 7/1/21





NOTICE OF PETITION TO ADMINISTER ESTATE OF: GEORGIA LEE JONES **CASE NO. 21STPB05888**

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of GEORGIA LEE JONES

A PETITION FOR PROBATE has been filed by SHEILA RENE FOSTER in the Superior Court of California, County of LOS ANGELES.
THE PETITION FOR PROBATE requests that SHEILA RENE FOSTER be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The WILL and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer state under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action." The independent administration authority wil be granted unless an interested person files an chiection to the petition and shows good cause hy the court should not grant the authority A HEARING on the petition will be held in this court as follows: 07/22/21 at 8:30AM in Dept. 67 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your dain with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or person to you of a notice under section 9052 of the California Probate Code.

may affect your rights as a creditor. You may want to consult with an attorney knowledgeable

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner PAUL R. HAMMONS, ESQ.

SBN 210773 LAW OFFICES OF PAUL R HAMMONS 8616 LA TIJERA BLVD. SUITE 505

LOS ANGELES CA 90045 6/24, 7/1, 7/8/21 nglewood Daily News Pub. 6/24, 7/1, 7/8/21

NOTICE OF PETITION TO ADMINISTER

ESTATE OF:

AURELIO TANORI

CASE NO. 21STPB03657

To all heirs, beneficiaries, creditors, contingent

creditors, and persons who may otherwise be interested in the WILL or estate, or both of

A PETITION FOR PROBATE has been filed

by DEBORAH ANN TANORI in the Superior

Court of California, County of LOS ANGELES.
THE PETITION FOR PROBATE requests

that DEBORAH ANN TANORI be appointed

as personal representative to administer the

THE PETITION requests authority to administer the estate under the Independent Administration

of Estates Act. (This authority will allow the per-

sonal representative to take many actions without obtaining court approval. Before taking certain

very important actions, however, the personal representative will be required to give notice to

interested persons unless they have waived

notice or consented to the proposed action.)

The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause

why the court should not grant the authority. A HEARING on the petition will be held in this court as follows: 07/16/21 at 8:30AM in

Dept. 79 located at 111 N. HILL ST., LOS

ANGELES, CA 90012
IF YOU OBJECT to the granting of the petition,

you should appear at the hearing and state

AURELIO TANORI.

estate of the decedent.

NOTICE OF PETITION TO ADMINISTER ESTATE OF: GRACE N. ISIKA CASE NO. 21STPB02334

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of GRACE N. ISIKA.

by NNEKA P. NJOKU in the Superior Court of California, County of LOS ANGELES.
THE PETITION FOR PROBATE requests that

NNEKA P. NJOKU be appointed as personal representative to administer the estate of the A HEARING on the petition will be held in this court as follows: 10/01/21 at 9:30AM in Dept. 5 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition. you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may

be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal deliver

California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable

to you of a notice under section 9052 of the

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner EPHRAIM O. OBI, ESQ.

SBN 207498, LAW OFFICE OF EPHRAIM O. OBI 3255 WILSHIRE BLVD LOS ANGELES CA 90010

7/1, 7/8, 7/15/21 CNS-3486715# Hawthome Press Tribune Pub. 7/1,7/8,7/15/21

CITY OF INGLEWOOD OFFICIAL

NOTICE OF PUBLIC HEARING
PUBLIC NOTICE IS HEREBY GIVEN that the City Council of the City of Inglewood will hold a public hearing in the Council Chambers, 9th Floor, City Hall, One West Manchester Boulevard on Tuesday, July 20, 2021, at 2:00 PM, to consider approval of ordering delinquent Sewer and Refuse charges to be placed on the tax rolls for Fiscal Year 2021-2022. All persons interested in this matter, may ap-

Inglewood Daily News Pub. 6/24, 7/1/21

your objections or file written objections with the

court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent

creditor of the decedent, you must file your claim

with the court and mail a copy to the personal

representative appointed by the court within the

later of either (1) four months from the date of

first issuance of letters to a general personal

representative, as defined in section 58(b) of

the California Probate Code, or (2) 60 days

from the date of mailing or personal delivery

to you of a notice under section 9052 of the

Other California statutes and legal authority

may affect your rights as a creditor. You may want to consult with an attorney knowledgeable

YOU MAY EXAMINE the file kept by the

court. If you are a person interested in the

estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of

an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special

Notice form is available from the court clerk. In Pro Per Petitioner DEBORAH ANN TANORI

Hawthome Press Tribune Pub. 7/1, 7/8, 7/15/21

HH-27201

in California law.

5547 WISEBURN ST

7/1, 7/8, 7/15/21

CNS-3486563#

HAWTHORNE CA 90250

NOTICE OF PETITION TO ADMINISTER ESTATE OF JOHN ALVIN DYSON CASE NO. 21STPB06145

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of JOHN ALVIN DYSON.

A PETITION FOR PROBATE has been filed by JONEKA ADJUA DYSON in the Superior Court of California, County of LOS ANGELES.
THE PETITION FOR PROBATE requests that JONEKA ADJUA DYSON be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in

this court as follows: 07/26/21 at 8:30AM in Dept. 11 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent

creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the

California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable

in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner SYBIL YVONNE BURRELL SBN 183383 250 EAST 1ST STREFT LOS ANGELES CA 90012 7/1 7/8 7/15/21 Inglewood Daily News Pub. 7/1, 7/8, 7/15/21 CITY OF INGLEWOOD, CALIFORNIA REQUEST FOR BID (RFB) BID NO. RFB-0133 ded Repair Service on Sewer

Systems for City of Inglewood PROPOSALS DUE:

Wednesday, July 21, 2021, no later than 11:00 a.m. At City of Inglewood City's Clerk Office 1 West Manchester Blvd., First Floor.

Inglewood, CA 90301 Contact Person during Bid Period: Michael Tate, Purchasing and Contracts Services Manager

(310) 412-5266 CITY OF INGLEWOOD Invitation to Submit Bids

(Specifications and Conditions Governing The City of Inglewood invites and will receive bids

duly filed as provided herein for the "RFB-0133 AS-NEEDED REPAIR SERVICE ON SEWER SYSTEM FOR CITY OF INGLEWOOD" as

Each bid shall be submitted and completed in all particulars and must be enclosed in a sealed envelope addressed to the City of Inglewood, The Office of the City Clerk, 1 West Manchester Blvd., First Floor, Inglewood, CA 90301 with the designation of the project "RFB-0133 AS-NEEDED REPAIR SERVICE ON SEWER SYSTEM FOR CITY OF INGLEWOOD appearing thereon.

Please visit https://pbsvstem.planetbids.com/ portal/45619/portal-home to learn about bid opportunities available to consultants, service providers, contractors, Contractors, or suppliers. Bids will be opened in public, on Wednesday, July 21, 2021, at 11:00a.m. in the Office of the City Clerk and will be announced then and there to all persons present. Specifications and other bid documents for the above service are on file in the Purchasing Division, and may be obtained upon request.

The City Council reserves the right to waive any irregularity in any bid, and to take bids under advisement for a period not to exceed ninety (90) days from and after the "Due Date" of Bid. which specified in this RFB.

The following conditions and terms apply:

1) The City reserves the right to reject any or all bids.

The detailed scope of work and conditions

for bid submission attached.

 The Contractor must execute a contract within fourteen (14) days after the City mails/ sends it to Contractor. If the contract is not executed within fourteen (14) days, the City reserves the unilateral right to cancel it.

4) If any provision of the contract is violated, the City, after suitable notice, may cancel the contract and make arrangements to have the services performed by others. Any extra cost to the City will be paid by the Contractor 5) Request for Bid (RFB) may be obtained from the Inglewood Purchasing Division located on the 8th Floor of Inglewood City Hall. Please contact Purchasing Division at (310) 412-5266.

6) All bids must be for specific amounts. Any attempt to qualify prices with an 'escalation clause' or any other method of making a price variable, is unacceptable. Bids shall be valid for ninety (90) calendar days from and after the "Due Date" specified in this RFB.

7) The City reserves the right to add or the unit prices/unit lump sums so indicated as its budgetary needs may require. Date: 7/1, 7/8/21

Louis Atwell, Assistant City Manager/PW Director.

City of Inglewood, California
Inglewood Daily News Pub. 7/1, 7/8/21

RFB-0134 CITY OF INGLEWOOD INVITATION TO SUBMIT BIDS (Specifications and Conditions

Governing Award)
The City of Inglewood invites and will receive bids duly filed as provided herein for the furnishing of qualified "SUPPLY AND DELIV-ERY OF WATER DISTRIBUTION SYSTEM MATERIALS" as specified in this document. Each bid shall be submitted and completed in all particulars and must be enclosed in a sealed envelope addressed to the City of Inglewood The Office of the City Clerk, Inglewood City Hall 1st Floor, 1 Manchester Blvd., Inglewood, CA 90301, with the designation of the project "SUPPLY AND DELIVERY OF WATER DISTRIBUTION SYSTEM MATERIALS'

appearing thereon. Bids will be opened in public, on **Wednesday,** July 14th, 2021, at 11:00 A.M. in the Office of the City Clerk, and will be announced then and there to all persons present. Specifications and other bid documents for the above service are on file in the Purchasing and Contracts Services Division, and may be obtained upon request. The City Council reserves the right to waive any irregularity in any bid and to take bids under advisement for a period not to exceed sixty (60) days from and after the date bids are opened and announced.

The following conditions and terms apply: The City Council reserves the right to reject

any or all bids. Attached are detailed specifications and conditions for bid submission. You must execute your contract within ten (10)

days after the City mails it. If the contract is not executed within ten (10) days, the City reserves the unilateral right to cancel it.

If any provision of the contract is violated, the City, after suitable notice, may cancel the contract and make arrangements to have the products and or services supplied by others. Any extra cost to the City will be paid by the contractor. Bid may be obtained from the Purchasing and Contracts Services Division located on the 8th floor of City Hall, or call (310) 412-5266. All bids must be for specific amounts. Any attempt to qualify prices with an 'escalation clause' or any other method of making a price variable, is unacceptable. Bids shall be valid for sixty (60) calendar days from and after the date bids are opened and announced.

The City reserves the right to add or subtract quantities and/or services based on the unit prices/unit lump sums so indicated as its budgetary needs may require.

Bid documents can be located on the City of Inglewood's Planet Bids Portal.

https://www.planetbids.com/portal/portal. cfm?CompanyID=45619 Date: 6/24, 7/1/21

David Esparza, CFO/Asst. City Manager Inglewood Daily News Pub. 6/24, 7/1/21 July 1, 2021 Page 7



Puff Pastry Ice Cream Sandwiches

Provided by Campbell Soup Company

Once you make these ice cream sandwiches you'll never want store bought again. Puff pastry replaces the boring cookies and we've created a simple method that turns flaky pastry into crisp, crunchy goodness. It's puff pastry like you've never tasted before. Make a bunch and keep them tightly wrapped in the freezer for a quick treat.



Ingredients

- 2 tablespoons all-purpose flour
- 1/2 of a 17.3-ounce package Pepperidge Farm® Puff Pastry Sheets (1 sheet), thawed
- 3 cups ice cream (use your favorite flavor or an assortment of flavors), softened

Recipe Tips

• Tip: To make ahead, you can wrap the frozen sandwiches (after the 1 hour freeze in the last step) in waxed paper or plastic wrap and store them in the freezer for up to a week.

Directions

- Step 1: Heat the oven to 375°F. Line 1 baking sheet with parchment paper (When it's time to bake, you will need 1 additional baking sheet and parchment paper).
- Step 2: Sprinkle the flour on the work surface. Unfold the pastry sheet on the work surface. Roll the pastry sheet into an 11x14-inch rectangle. Place the pastry onto a parchment paper-lined baking sheet and top with another layer of parchment paper and another baking sheet (This will create a thin, crispy pastry when baked).
- Step 3: Bake for 25 minutes, removing the top baking sheet and parchment during the last 5 minutes of the baking time. Remove the baking sheet from the oven and place on a wire rack. Replace the second baking sheet to keep the pastry from curling as it cools. Let the pastry cool completely.
- Step 4: Cut the pastry into 12 (3 1/2-inch) squares. Spread 1/2 cup ice cream onto each of 6 pastries. Top with the remaining pastries. If desired, dip the edges of the sandwiches in sprinkles, chopped nuts, crushed pretzels or whatever you like to coat the ice cream. Place on baking sheets and freeze for 1 hour or until firm.

Send us a photo and recipe of your favorite dish. We'd love to share it with the community. Send to: web@heraldpublications.com

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July 1, 2021 Page 8

PETSPETS ETSPETSPETS Purrrfect Companions



Many of the teenage and adult cats we rescue have been abandoned, neglected, abused, or dumped at the shelter and find themselves in a terrifying, lonely new world. They have withstood hunger, pain, illness and fear to overcome the odds and survive. They are supremely deserving and appreciative of a second chance at life. When you adopt, you greet her foster mom and is always in a good mood. She is a purr machine who loves to be petted and to hang out. Currently, she lives with other cats, but would probably be best as an only cat or paired with a beta kitty... she likes to have most of the attention. A Kitten Rescue volunteer pulled Kylin from a high kill shelter the day she was set to be



save a life... and in turn enrich your own.

Kylin is a big girl with a huge heart and loads of curiosity. No one told her that cats have a reputation for being shy and aloof... she is neither. She is a friendly girl who wants to be your new best friend and constant companion. Kylin runs to the door to



euthanized. Thank goodness because the world needs more like Kylin.

Lassen, Shasta and their siblings are named after mountains (Shasta, Helens, Lassen, Baker, Rainier). Lassen is a comical, sweet, playful kitten – typical boy kitten! He is full of energy and loves to greet his foster mom with a cry





of hello! He enjoys being held and loved on and is quick to purr. His sister Shasta is a petite tortie who is the runt of their litter. Shasta has a gorgeous tortoiseshell coloring. Her personality is playful and sweet. She often gives her foster mom the lovey-eyes! Two of the siblings have been adopted. Their foster mom is available to ask questions and for you to meet these kittens. They must be adopted with a sibling or with another kitten; they cannot be adopted as single kittens.

Ash is very sweet and active. He typically enjoys being commingled with other cats once he gets used to them. But he can be a solo cat as well. Ash loves to play with wand toys and will entertain you for hours. He is a "great goalie" catching toys in the air and trapping them on the ground. He has not been around children or dogs. He loves to be pet and lick treats right from the back of your hand. His sweet purr sounds similar to a pigeon cooing.

Mango was found in a garage with five other kittens and two mama cats. We do not know which mama cat he belonged to, as they were co-parenting and both nursing all the kittens. Mango loved attention from the beginning and follows the humans around the house. He loves roughhousing with his siblings and would most likely do well with other cats. This sweet little boy is inquisitive and likes to explore the house. He will be a wonderful addition to your family.

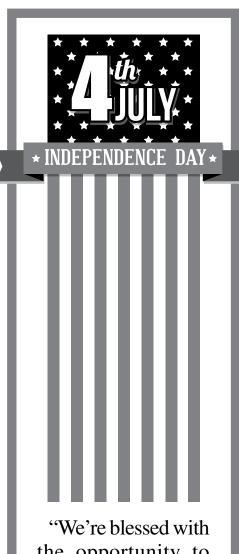
These cats and kittens are available for adoption through Kitten Rescue, one of the largest cat rescue groups in Southern California. All our kitties are spayed/neutered, microchipped, tested for FeLV and FIV, dewormed and current on their vaccinations. For additional information and to see these or our other kittens and cats, please check our website www.kittenrescue.org.

Our Adoption Center is temporarily closed. In the meantime, we are still conducting contactless adoptions using all the online tools at our disposal. To virtually browse our adoptable cats, please visit our Adoption Gallery where you can find photos and profiles of all the cats and kittens we have up for adoption from our network of foster homes and from the Sanctuary. At the end of each cat's profile is a link to the email address of the foster parent or adoption counselor, and you may reach out directly with questions or to arrange a virtual meeting.

The donations and support we receive from individuals like you, who share our love and commitment to helping cats and kittens in Los Angeles, are the sole reason we are able to do what we do. We are grateful for your financial help. By making even a small donation today, you can touch the lives of the many deserving, wonderful animals in our care. There are many ways you can donate and help, and every dollar means so much. Kitten Rescue is a 501(c)(3) nonprofit. Your

tax-deductible donations for the rescue and care of our cats and kittens can be made through our website or by sending a check payable to Kitten Rescue, 3519 Casitas Ave., Los Angeles, CA 90039.

Saving one animal won't change the world, but the world will surely change for that animal. •



the opportunity to stand for something, for liberty and fairness. And these are things worth fighting for, worth devoting our lives to."

- Ronald Reagan

