

South Bay Cities

Featuring the Weekly Newspapers of Hawthorne, Inglewood and Lawndale

Hawthorne Press Tribune
The Weekly Newspaper of Hawthorne

Inglewood News
The Weekly Newspaper of Inglewood

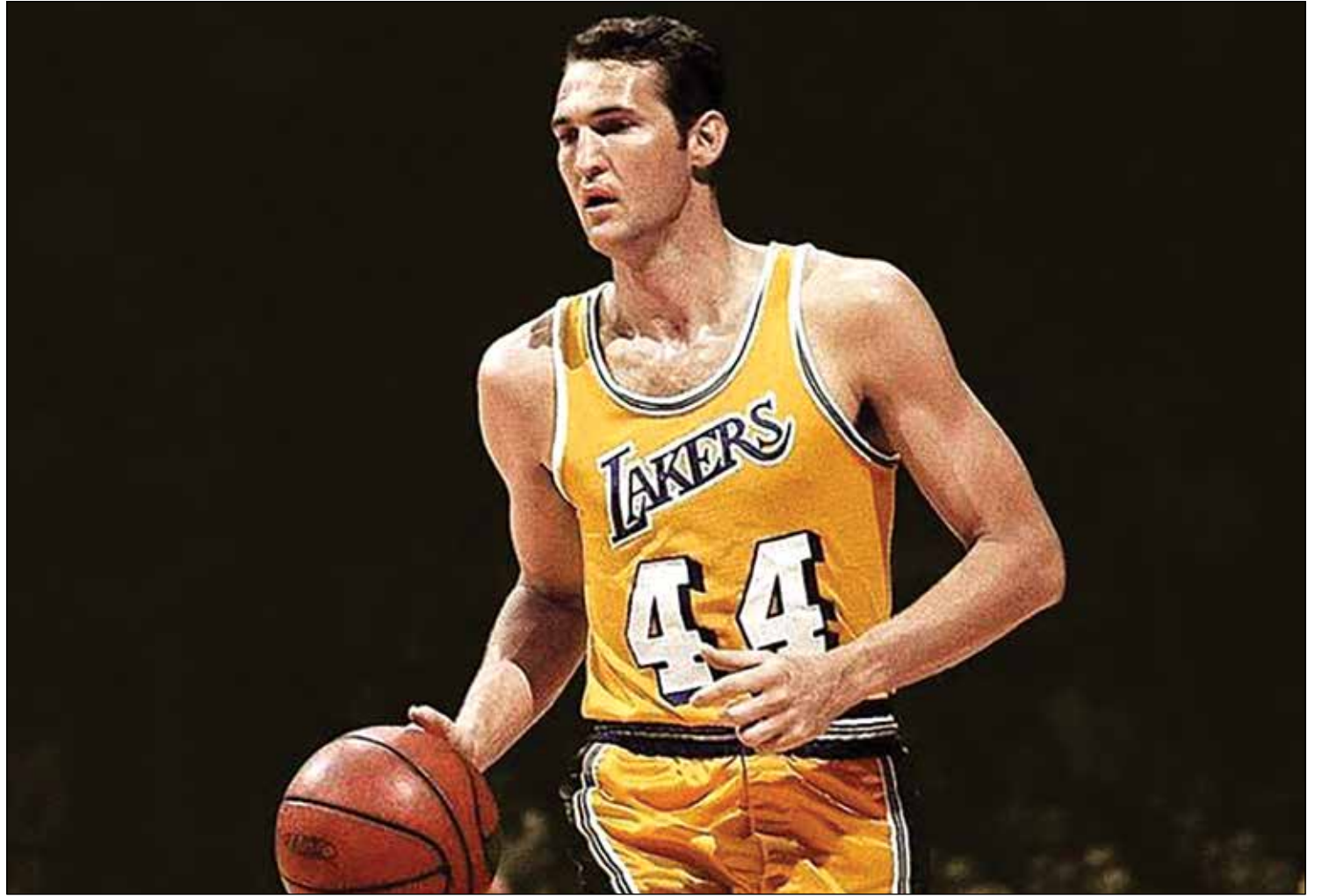
Lawndale Tribune
AND LAWDALE NEWS
The Weekly Newspaper of Lawndale

Herald Publications - El Segundo, Hawthorne, Lawndale & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 6, No. 25 - June 20, 2024

Inside This Issue

- Classifieds2
- Entertainment2
- Food8
- Hawthorne.....3
- Lawndale4
- Inglewood.....5
- Legals 6-7
- Pets.....5

We Mourn the Loss of Jerry West



Jerry's impact on the game of basketball and our city will never be forgotten. From his championship days playing with the Lakers in Inglewood to helping build the Showtime Lakers, Jerry's legacy is woven into the fabric of Inglewood's history. Our deepest condolences go out to the West family and the Clippers organization during this difficult time. RIP to The Logo. Photo courtesy City of Inglewood.

If I Don't Have It, I Will Build It

Story and Photos by Ron Sokol

Some people are born with a talent, a unique ability, and what may be a level of genius. This could be in mathematics, science, athletics, music, or art, among other impressive attributes. For folks like yours truly, it takes time, learning, and ongoing effort. We may well achieve what we seek, but it does not come naturally.

Omari Valentine is a web designer, digital marketing executive, and business advisor who lives in Hawthorne. His company, Off the Lip, is based in El Segundo. While Omari was not born with a paintbrush, pen, or camera in his hands, it was clear early on this fellow had (and has) notable artistic talents.

"Through high school I was pretty much a creative kid, loved art and writing. Skateboarding, sports, yes, those too, and in fact, made it all the way to Eagle Scouts and was accepted into the Art Center in Pasadena. This is a bit unusual, right out of high school. While it proved to be a bit too intense for me, this was one of the stepping stones to what I have been able to do since."

First, after graduating college, Omari worked as a teacher, but by the late 1990s studied cel animation at the American Animation Institute in Studio City. Cel animation (which is how cartoons were made through most of the Twentieth Century) is the process of hand drawing each frame at twelve frames per second to make a character move on the screen. As cel animation gave way to computer animation, a sizeable lack of industry jobs caught Omari and many animators off-guard.

Through a stroke of fate or blind luck, a friend in the video game industry invited him to "come down and hang out with us and

work with us at Blizzard Entertainment!" Omari's eyes lit up. He didn't know then, but this singular event would radically transform the trajectory of his life.

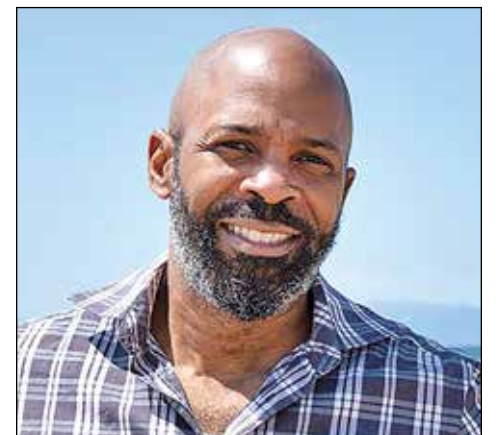
Have you heard of Blizzard Entertainment? It is a significant video game developer and publisher, founded in 1991 and based in Irvine. Blizzard's most well-known games are the Diablo and StarCraft series, World of Warcraft, and Overwatch. Omari worked many, many hours at Blizzard. He describes it as "being right there in the kitchen while the meal is being made..."

Blizzard led Omari to Activision, where he spent over nine years in Quality Assurance and Production. One of Activision's biggest claims to fame is the well-known Tony Hawk video game. Activision also publishes major titles like the Call of Duty franchise. Activision wound up buying Blizzard.

Omari's love of art had now fully intersected with the world of computers and technology. That said, it was the next phase of his career, which would complete his journey to become the web developer that Omari Valentine would eventually become.

After the brutal layoffs brought about by the financial crisis of 2008, Omari needed to reset once again. He found himself in market research at Answer Financial, Inc., an insurance agency that is part of the Allstate family of companies. During his time there, he found a new sweet spot: rebranding with an eye toward marketing and development. At AFI, Omari explored the worlds of business and market research. "Little did I know this would be the next chapter."

In sum, three main elements led to where we find Omari today. He balances art, business,



Omari Valentine and technology. In 2017, Off the Lip was born. An "off the lip" is one of the most iconic, expressive moves in surfing. Omari chose it as the name of his business to exemplify creativity and expression on a web page.

"We provide custom web design primarily for small businesses in the South Bay and companies in other locations. Our main focus is to understand the needs of your business, provide a personal touch, and thus be available by phone, text, or email. You receive my personal attention. If I don't have it, I will build it. What we do will differ based on what the client seeks, from style to branding to content. Some customers are selling products, whereas some are providing a service. People come to me who want to get online, or, if already online, to get better at it."

A presence online remains important, if not essential. Artificial intelligence is now in the mix and can be helpful for Omari's work, but he makes clear that human expertise and the human touch remain keenly needed.

See Valentine, page 4

Weekend Forecast

Friday

Partly Cloudy
72°/61°



Saturday

Partly Cloudy
75°/65°



Sunday

Mostly Sunny
77°/66°



Entertainment

Film Review

Hit Man is a Slick and Seductive Crime Comedy

By Ryan Rojas for Cinemacy

If you're in the mood for a darkly entertaining crime comedy that can be watched at home tonight, look no further than *Hit Man* (now streaming on Netflix). Starring Glen Powell and Adria Arjona, *Hit Man* tells the story of a fake hitman who gets in too deep when he gets tangled up in a romance with an alluring woman requesting his deadly services.

Set in New Orleans, *Hit Man* is loosely based on the real-life story of Gary Johnson, a small-town psychology professor who also moonlights as a tech for the local police department. A geeky academic, Gary (Glen Powell) lives an ordinary, predictable life (with his two cats, "Id" and "Ego"). However, all of that changes one day during a routine sting operation when Gary—quietly manning the microphones—is forced to take the place of the undercover cop who is about to meet with the target who believes he is a real-life hitman.

Quickly swapping his "jorts" for "jeans," Gary instantly transforms into a tough guy and pulls off the performance, leading to a successful apprehension. Feeling the thrill of living life as a new identity, Gary continues to one-up his undercover operations with a dazzling amount of quirky characters, each more colorful and kooky than the last (one of the film's highlights). It's all going smoothly until he meets Madison (Adria Arjona), who meets Gary—or, who she believes is the hunky "Ron"—for protection from her ex. A romance is born, putting Gary in the

tricky—and dangerous—situation of continuing an affair with a would-be criminal that complicates everything.

With its quirky humor, noir style, and dark thrills (mind you, this *is* a comedy about people hiring hitmen to "off" people), *Hit Man* is a fun movie that will entertain audiences. At just under two hours long, the movie offers enough enjoyment for a night in.

Hit Man's main headline are the performances of its stars. As Gary, star-on-the-rise Glenn Powell gets any actor's dream role, being able to shape-shift into an endless amount of colorful characters (he's also credited as a co-screenwriter and producer of the movie). As Madison, Adria Arjona is hilarious, cunning, and captivating to watch onscreen. Together, the two are magnetic.

Fans may know writer-director Richard Linklater from such accomplished films as *Dazed and Confused* and *Boyhood*, but *Hit Man* is definitely more entertaining than arthouse. But the film still asks some deep questions, particularly about identity, and how we construct and invent them to live our lives. *Hit Man* asks: if you could choose to live a new life to escape your old one, would you?

Now, *Hit Man* isn't perfect. In fact, I thought that the movie's plot felt a bit confusing. There are certainly several logic holes (how does he have time to work two jobs and live two lives?). The pacing also feels a bit clunky and oddly edited, taking me out of it semi-often. Still, *Hit Man* is one of the year's more satisfactory movies you can watch at home.

1h 55m. Rated R for language throughout, sexual content, and some violence. Now playing on Netflix.



Hit Man, courtesy Netflix.



Ryan Rojas

Check It Out

New and Old Favorite Picture Books

By Kristina Kora-Beckman, Senior Librarian, El Segundo Public Library

This week, I'm reviewing a lovely new picture book and newly discovered non-fiction picture book series.

Sometimes It's Nice to Be Alone written by Amy Hest, illustrated by Philip Stead, encourages readers to ponder what activities they enjoy doing alone, and what interests are best shared with others. Using a similar text structure but varying situations, friends and events lends a comforting familiarity while

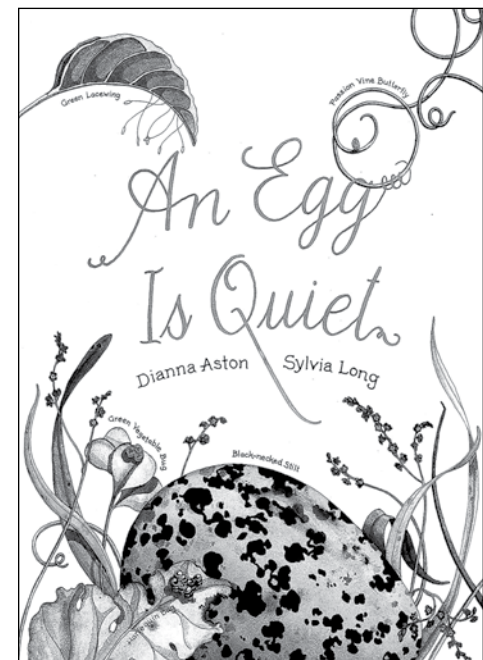
gently encouraging readers to try new experiences. Colorful spreads and whimsical drawings lend visual interest while large text and high contrast font color is perfect for early readers to practice reading to their favorite adult.

Similarly, for gorgeous illustrations, interesting details and lyrical text, check out Dianna Hutts Aston and Sylvia Long's nature series including *An Egg is Quiet*, *A Seed is Sleepy*, and *A Rock Is Lively*. Reminiscent of Jan Brett's detailed, realistic illustration

See Check It Out, page 3



Sometimes It's Nice to Be Alone, by Amy Hest, illustrated by Philip Stead



An Egg is Quiet, A Seed is Sleepy, and A Rock Is Lively, by Dianna Hutts Aston and Sylvia Long

Classifieds

PLEASE NOTE OUR CLASSIFIED ADS POLICY:

- Classified ads must be submitted in writing by email. Send ad copy to: class@heraldpublications.com.
- Submissions & payments are due no later than NOON on Tuesdays. We take Visa and/or MC credit cards ONLY. Cash and checks are no longer accepted. Late fee is \$20 extra.
- We do not allow paragraph breaks or other formatting except bolding of the first 3 or 4 words. Ad placement is usually sorted randomly... depending on space & layout... and at our discretion. Request for special placement will be \$20 extra per week. Request for special formatting will be \$10 extra per week. This is limited to bolding, caps, and border. Images, logos, etc are not allowed in classified ads.
- Classified ads are published in ALL our papers.
- Weekly renewal is \$10/wk IF you notify us WITHIN your ad run timeframe... else renewals are full price.
- You may cancel your ad at any time by contacting us. No credit is given for unused/prepaid weeks.
- Publication confirmation will be emailed after approval. Earsheet, if requested, will be provided the Monday after Publication Date.
- Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.
- Beware: Employment offers that suggest guaranteed out-of-state or overseas positions may be deceptive or unethical in nature. If you have any doubts about the nature of a company, contact the local office of the Better Business Bureau, (213) 251-9696. Herald Publications does not guarantee that the advertiser's claims are true nor does it take responsibility for those claims.
- We reserve the right to refuse publication of any ad for any reason.

EMPLOYMENT

Motor Trend Group, LLC has the following position in El Segundo, CA. Software Development Engineer II, Content Management Systems to develop next generation of Motor Trend's software platforms for Motortrend.com and MotorTrend.com and key brands. Remote Work Permitted. Salary: \$177,029-\$178,029 per year. Motor Trend Group, LLC at WBDI@wbd.com. Reference: 029444.000597.

coins, stamps, anything unusual. FREE APPRAISALS. You know us from Storage Wars. Buy/Sell. 310.322.3895. El Segundo.

Antiques & Vinyl. 310.322.3895. El Segundo.

FOR RENT

2 bedroom + 2 full bath. Upstairs, Front facing, Private patio, stove, dishwasher, blinds. Coin-Op laundry room, gated building w/wintercom entry. Gated parking (2 side-by-side spaces). Avail July 8th, \$2825/mo. 330 W. Imperial Ave. (310)376-8794

FOR RENT
My 21 year old daughter is looking to rent one of the 1 bedroom + 1 bath in her 2 bedroom + 2 bath unit. Looking for a female close to her age (21). Upstairs. Shared common area w/private patio. Coin op laundry in building. Gated bldg with Intercom entry. \$1500/mo. Utilities included. 324 W. Imperial Ave. 310-930-4652

EMPLOYMENT

THE JEWELRY SOURCE is looking for full-time experienced sales associate. Send resume to Brenda@jewelrysourceusa.com.

WRITER WANTED for covering local events, issues, school board, etc for local newspaper. Experience necessary. Work is remote. Please send resume to: Letters@heraldpublications.com.

SEEKING ROOM

Lived in El Segundo for 18 yrs, current house being sold. Out of town 25% time. Require off street parking. Skip, 310.322.1604

WANTED

ANTIQUES, COLLECTIBLES, jewelry, military, pottery, garden, mid-century, retro, art, ASIAN, silver,

WANTED
VINYL RECORDS, cassettes, CD's, 78's, anything musical & collectible. T-shirts, programs, posters, tickets, audio equipment. Buy/Sell. Studio

To appear in next week's paper, submit your Classified Ad by Noon on Tuesday. Late Ads will incur a \$20.00 late fee.



**EL SEGUNDO HERALD* • HAWTHORNE PRESS TRIBUNE*
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Staff and Departments
Editor-in-Chief: Heidi Maerker
Classifieds: Clara Nilles • class@heraldpublications.com
DBA: dba@heraldpublications.com • For Fictitious Business Name (DBAs) filings
Display Ad Sales: marketing@heraldpublications.com
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Our website can no longer take inquires or emails

California News Publishers Association

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CLASSIFIED ADS - ONLY \$40
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Email class@heraldpublications.com or call 310-322-1831 for more information.

Hawthorne Press Tribune

The Weekly Newspaper of Hawthorne

Herald Publications - El Segundo, Hawthorne, Lawndale & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 66, No. 25 - June 20, 2024

A New Business Brings Beauty to Our Community



Glow + Flow Beauty has opened its doors. To celebrate, they held a Ribbon Cutting Ceremony. Glow + Flow is a place that is looking to embrace all cultures of the community. Please help support our local businesses. Photo courtesy City of Hawthorne.

Finance

How to Create and Implement a Strong Financial Plan

(BPT) - By: Konda Pollard and Brent Suriano, Synovus Bank

According to recent research, while 74% of Americans engage in financial planning, only 15% have a written plan and 30% lack any long-term financial goals. With a well-laid and continually updated financial plan, people can feel more in control of their financial future and more confident in meeting their goals.

Over the past few decades, financial products have become more accessible to the public, which has led individuals to have more bank and investment products than ever before. Between bank accounts, credit cards, auto loans, mortgages and multiple investment accounts, it can be tough to begin organizing. Together with a financial advisor, taking a holistic look at where your money is going may help you find places to cut down on

spending and save money toward your goals.

To implement a financial plan that works for you, consider the following:

- Find the right advisor for you. Start by asking yourself, “Do I have the time and energy to be the best financial advisor for myself?” The answer may be no, which is why experts are readily available to help. A Synovus financial advisor can help you build out a goal-based plan. It is simple to aim to “save more, spend less,” but a trusted advisor can help you highlight specific goals to work toward, which will strengthen your emotional connection to achieving those goals. For example, envisioning saving up for a tropical family vacation or buying a luxury item can strengthen your commitment to a financial goal more than aiming to save a certain dollar amount.

- Work backward to arrive at a plan. Consider where you want to be in 5 or 10 years, and then discuss what you need to start today to get yourself on track. Discuss short-term and long-term priorities with your advisor, and work toward setting realistic goals. Planning for retirement, which may be several decades away, can feel daunting, but working with the end goal in mind can provide perspective for the short-term goals.

- Consider your life stage. There is no “one

size fits all” plan for achieving financial goals. Someone who is fresh out of college will have vastly different goals and cost outlays than a 50-year-old with a family. Working with trusted experts will help craft a plan that is unique to you, your life stage and your individual goals. Once you have your financial plan in place, make sure it evolves with your lifestyle, needs and family dynamics. Aim to meet annually (or more often) with your advisor to ensure your plan is staying up to date with any lifestyle changes, such as a new job, new home, marriage or children, and is maximizing your money given the economic conditions at that time. Having regular check-ins to make small updates will be much less mentally taxing than updating a financial plan that hasn’t been reviewed in several years. And remember it is never too late to get started.

- Celebrate wins. Create milestones in your financial plan and celebrate when they are achieved. Big or small, recognizing progress will give you an emotional boost to keep striving for the next goal.

Life is full of uncertainties, but your financial future doesn’t have to be one of them. Now is a great time to take a closer look at your finances and assess your goals with a trusted advisor that can help set you up for success. •

Check It Out

from page 2

style, the series educates and inspires nature lovers including item names and interesting facts interspersed throughout. One of my favorite features on Egg, Seed and Nest is the before/after displays on the front/back cover. For instance, in *An Egg is Quiet*, the front cover shows all of the eggs discussed in the book while the back cover shows all the creatures that hatch from the eggs.

Check out these and other great summer reads in the youth area. While you’re here, don’t forget to sign up for the Summer Reading Program, going on now through August 10th. Win prizes for all ages (including teens and adults) for reading and participate in fun programs! Visit www.elsegundolibrary.org for more details. •



Kristina Kora-Beckman

Lawndale Tribune

AND LAWNDALE NEWS

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Herald Publications - El Segundo, Hawthorne, Lawndale & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 83, No. 25 - June 20, 2024

Thank You to Everyone Who Came Out to This Year's Health, Safety, and Pet Fair



We hope everyone had a great time and hope to see you all again next year. In the meantime, enjoy a few photos of some of our favorite scaly, feathered, and furry friends. Photos courtesy City of Lawndale.

Valentine

from front page

Omari's experience with products in the video game industry impressed upon him the importance of helping each customer reach their objectives and establish their name and identity. "At the end of the day, it's all about achieving results."

So, then, just as Omari said: "If I don't have it, I will build it." This phrase reminds me of that famous line from the movie Field

of Dreams: "If you build it, he will come...". For Omari Valentine, he builds it so others indeed will come.

Patience and determination are palpable when talking with Omari Valentine. Put another way: Wait for that nice wave and then ride it well, ride it and feel it. Then, paddle out and do it again. The good wave may be awhile. It's coming. •



Surfing Inspiration



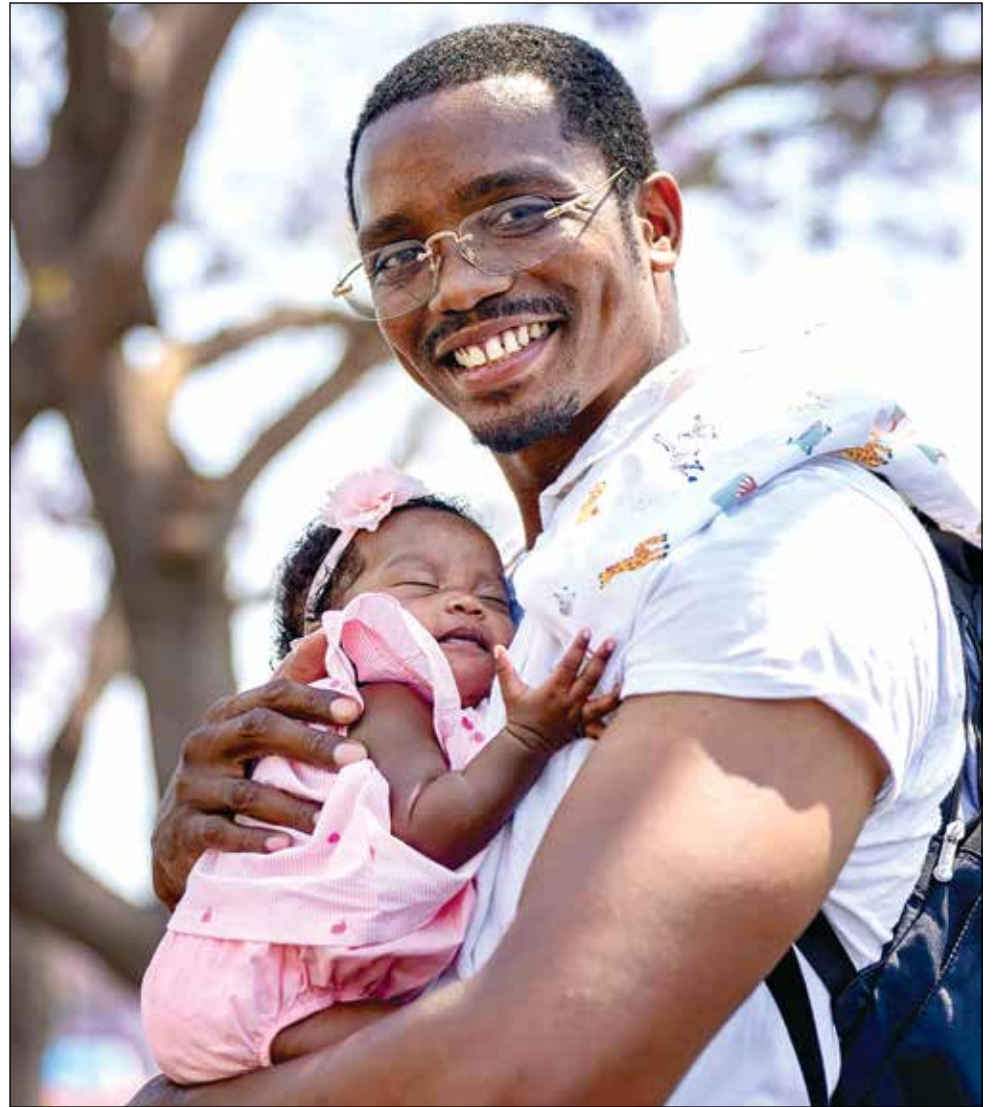
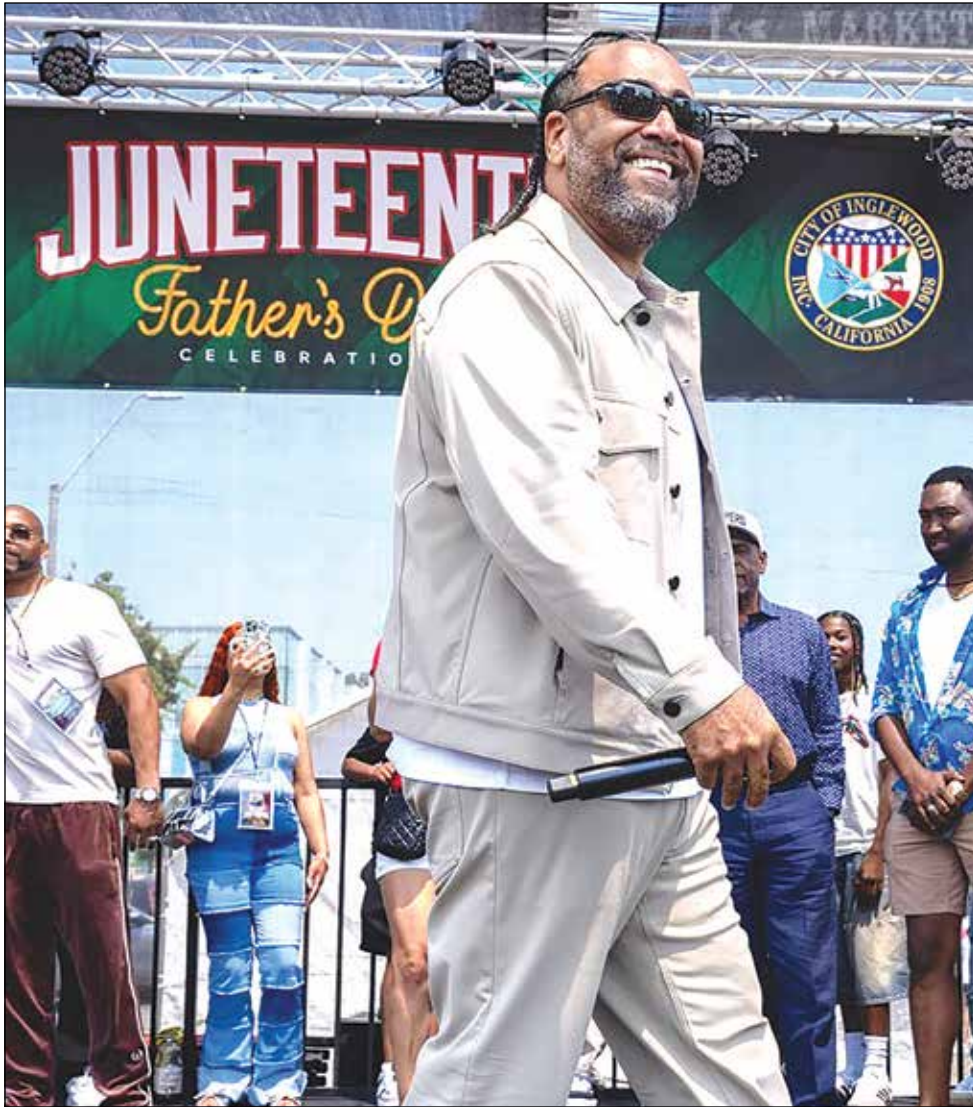
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Inglewood News

The Weekly Newspaper of Inglewood

Herald Publications - El Segundo, Hawthorne, Lawndale & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 73, No. 25 - June 20, 2024

The Taste of Inglewood Was Truly Amazing



The city celebrated the incredible fathers in our community and commemorated Juneteenth. Congratulations to Mack 10 who received the key the city. We appreciate all the contributions you have given to our city. It was a great day that brought everyone together. Photo courtesy City of Inglewood.

PETSPETS Pets PETSPETS

Purrrfect Companions

Dolly is a sweet, quiet, funny, petite girl who never quite grew to full size. She has soft, sleek fur and just the faintest tabby striping on her tail. She is a gentle and chill kitty who will do anything for treats! Dolly gets along very well with kitties of all ages and personalities and is looking for a forever home with another feline. She loves affection from humans and never gets tired of head rubs or pets.

Pete is a sturdy, handsome young adult who loves to chase toys, frolic, nap, eat, and have his large belly rubbed. He loves a box to sit in, or a bed to snuggle on -- big or small, he will make it work. He is not much of a lap cat until you break out the treats--especially Churus. Then he is all about sitting on you and demanding more! Pete is not aloof but he will give you your space, just hanging out nearby until it is time for the belly rubs again. Although he is a big guy, he is not a boss. Therefore, this chill guy does not do well

with dominant cat personalities; he ends up hiding behind the curtains. Pete's ideal home will be as a solo cat or with another chill cat who occasionally does not mind being chased around by a 13-pound ball of exuberance. And though he likes his cats to be energetic, he prefers his humans mellow, especially ones in the younger age bracket.

Cabbage is a uniquely patterned cat with a sweet disposition. He can be a timid fellow who does allow pets if you approach slowly. Some of his favorite things are cat trees and pillows. Cabbage spends most of his day hanging out with his friends Spunky and Nubbins as part of the "Top Shelf Crew". They have their own social media pages dedicated to them: @topshelfcrewatkittenrescue. It would be nice if the top shelf crew could be adopted together, but they are all socially challenged so we understand that is a long shot. Cabbage would probably do best with a friend as he

is shy and needs the support of a cat friend. However, Cabbage can come out of his shell and would do best in a calm home where he would get the special attention he needs.

If you are a homebody who prefers the company of cats over people, **Citron** is your soul cat. This guy is super handsome with a sleek black coat adorned with charming white patches. He is not that fond of people right now so he is looking for a home with someone who understands exactly what he needs - patience and understanding. Citron has the potential to blossom into a loving companion especially if given time to acclimate in a smaller space and decompress on his own terms. He is an ideal match for an experienced cat person who can provide the patience, calm environment and care he needs to flourish. Although he has reservations toward people, Citron adores the company of other cats making him a cute and playful addition to a home with another

cat of similar age and energy. You will love seeing his playful and endearing nature when interacting with fellow felines which makes him a wonderful companion for a cat-savvy household. If you're looking for a handsome cat who appreciates the company of his furry friends and are willing to give him the time and space he needs to thrive, Citron is eagerly waiting for a loving home where he can be himself.

These cats and kittens are available for adoption through Kitten Rescue, one of the largest cat rescue groups in Southern California. All our kitties are spayed/neutered, microchipped, tested for FeLV and FIV, dewormed and current on their vaccinations. For additional information to see these or our other kittens and cats and for a list of our weekend adoption events, please check our website www.kittenrescue.org.

Saving one animal won't change the world, but the world will surely change for that animal. •



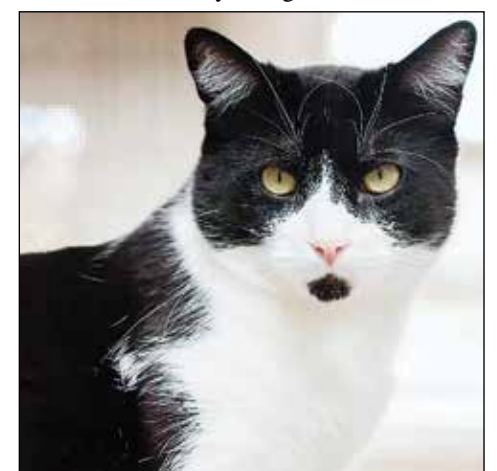
Dolly



Pete



Cabbage



Citron

PUBLIC NOTICES

NOTICE OF PETITION TO ADMINISTER ESTATE OF:
CARL GEORGE MARSH AKA CARL GEORGE MARSH, SR.
CASE NO. 24STPB06473

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of CARL GEORGE MARSH AKA CARL GEORGE MARSH, SR.
 A PETITION FOR PROBATE has been filed by DARRELL J. MARSH in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that DARRELL J. MARSH be appointed as personal representative to administer the estate of the decedent.
 THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
 A HEARING on the petition will be held in this court as follows: 07/12/24 at 8:30AM in Dept. 62 located at 111 N. HILL ST., LOS ANGELES, CA 90012
 IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state

your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
 IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
 Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
 YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
 Attorney for Petitioner
 GAREE T. GASPERIAN, ESQ.
 GASPERIAN LAW CORPORATION
 966 ARTESIA BLVD.
 HERMOSA BEACH CA 90254
 Telephone (310) 606-2576
 6/20, 6/27, 7/4/24
 CNS-3822435#
 Hawthorne Press Tribune on 6/20, 6/27, 7/4/24
HH-28669

NOTICE OF PETITION TO ADMINISTER ESTATE OF:
HAROLD WAYNE ELLIARD
CASE NO. 24STPB06584

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of HAROLD WAYNE ELLIARD.
 A PETITION FOR PROBATE has been filed by JESSIE RENEECE HAMMOCK in the Superior Court of California, County of LOS ANGELES.
 THE PETITION FOR PROBATE requests that JESSIE RENEECE HAMMOCK be appointed as personal representative to administer the estate of the decedent.
 THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The WILL and any codicils are available for examination in the file kept by the court.
 THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
 A HEARING on the petition will be held in this court as follows: 07/15/24 at 8:30AM in Dept. 62 located at 111 N. HILL ST., LOS ANGELES, CA 90012
HI-28673

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
 IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
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 Inglewood Daily News
 Pub 6/20, 6/27, 7/4/24
HI-28673

TS. No.: 23-10235 Loan No.: **7043
 APN: 4025-025-026 Notice of Trustee's Sale You Are in Default Under a Deed Of Trust Dated 7/26/2006. Unless You Take Action to Protect Your Property, It May Be Sold at A Public Sale. If You Need an Explanation of The Nature Of The Proceeding Against You, You Should Contact A Lawyer. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Wayne W. Picou, a single man and Rossy E. Andrickson, an unmarried woman as joint tenants Duly Appointed Trustee: Prestige Default Services, LLC Recorded 8/1/2006 as Instrument No. 06 1697867 in book page of Official Records in the office of the Recorder of Los Angeles County, California, Date of Sale: 7/12/2024 at 11:00 AM Place of Sale: By The Fountain located in Civic Center Plaza, 400 Civic Center Plaza, Pomona, CA 91766 Amount of unpaid balance and other charges: \$525,781.95 Street Address or other common designation of real property: 3689 West Luther Lane Inglewood, CA 90305 A.P.N.: 4025-025-026 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Notice To Potential Bidders: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to

investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. All checks payable to Prestige Default Services, LLC.
 Notice To Property Owner: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 949-860-9155 X 101 or visit this Internet Website <http://www.innovativefieldservices.com/>, using the file number assigned to this case 23-10235. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Notice To Tenant: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 949-860-9155 X 101, or visit this internet website <http://www.innovativefieldservices.com/>, using the file number assigned to this case 23-10235 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 6/14/2024 Prestige Default Services, LLC 1920 Old Tustin Ave. Santa Ana, California 92705 Questions: 949-427 2010 Sale Line: 949-860-9155 X 101 Patricia Sanchez, Trustee Sale Officer PPP# 24-002446 Inglewood Daily News Pub 6/20, 6/27, 7/4/24
HI-28674

NOTICE OF PUBLIC HEARING SUBDIVISION DEVELOPMENT SD-2024-0002

PUBLIC NOTICE is hereby given that the Planning Commission of the City of Hawthorne will hold a public hearing to consider the following matter:
SUBDIVISION DEVELOPMENT SD-2024-0002: A request to approve Vesting Tentative Tract Map No. 84465 creating two lots at 4519 and 4520 W. El Segundo Blvd. and creating a total of 68 for-sale townhomes.
PROJECT LOCATION: 4519 & 4520 W. El Segundo Blvd. - City of Hawthorne, Los Angeles County, CA.
MEETING DETAILS:
Day: Wednesday
Date: July 3, 2024
Time: 6:00 PM
Place: City Council Chambers
 4455 West 126th Street
 Hawthorne, CA 90250
 Those interested in this item may appear at the meeting and submit oral or written comments. Written information pertaining to this item must be submitted to the Planning and Community Development Department prior to 5:00 PM July 3, 2024, at 4455 West 126th Street, Hawthorne, California 90250 or emailed to riley@cityofhawthorne.org. For additional information, you may contact Nathan Levey at

(310) 349-2970 or at the email noted above.
ENVIRONMENTAL REVIEW: Subdivision Development SD-2024-0002 is Categorically Exempt per CEQA State Guidelines Section 15332, Class 32. The proposed development occurs within city limits on a project site of no more than five acres and is substantially surrounded by urban uses. It has no value as habitat for endangered, rare, or threatened species. Approval of the project would not result in significant effects related to traffic, noise, air quality, or water quality. The project is consistent with general plan policies as well as with applicable zoning designation and regulations. There are no unusual circumstances and no exceptions found under CEQA State Guidelines Section 15300.2 apply.
PLEASE NOTE that pursuant to Government Code Section 65009: In an action or proceeding to attack, review, set aside, void, or annul a finding, determination or decision of the Planning Commission or City Council, the issues raised shall be limited to those raised at the public hearing in this notice or in written correspondence delivered to the Planning Commission or City Council at or prior to the public hearing.
 Hawthorne Press Tribune Pub. 6/20/24
HH-28675



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"Summertime is always the best of what might be."
 - CHARLES BOWDEN

Seniors

The Connection Between Mental Health and Substance Abuse

(BPT) - Mental health impacts our general health and well-being tremendously. It influences how we feel, think and act. Americans of all ages experience mental distress. According to National Institute of Mental Health data, more than 1 in 5 U.S. adults live with a mental health condition. A mental health condition is an illness or disorder that affects your thinking, feeling, behavior or mood, and can range from mild to severe. However, some people are not in treatment because they lack access to care or may want to avoid perceived stigma related to mental health conditions.

The connection between mental health conditions and substance use is real. Some people with mental health conditions struggle with substance use. They may turn to illicit drugs and other substances to help them cope with stress, trauma or mental distress. Brain changes in people with mental health conditions may also make it more likely they will continue to use substances and could develop substance use disorders and addiction. People with substance use disorders, in turn, may have increased risk for developing other mental health conditions. People sometimes think that because they've mixed drugs before and nothing

seemed to happen, they can do it again. However, a person's body can react to drugs differently every time. The fact is, even if you've been OK in the past, there's no way to know what the outcome will be from mixing drugs. No matter how it happens, mixing opioids with other drugs is incredibly risky. Using more than one drug is never safe because the effects of mixing them can be stronger or more unpredictable than one drug alone. For example, mixing opioids with stimulants ("uppers") can increase your risk for a heart attack or a stroke. Mixing opioids with depressants ("downers") can slow breathing or lead to brain damage. Mixing can even be deadly: More than 50 percent of overdose deaths involve multiple drugs.

If you think someone could be experiencing a drug overdose - even if you're not sure - it's safest to treat it as an overdose. Naloxone is a lifesaving, non-addictive, over-the-counter medication that can be administered to help reverse an opioid overdose, and anyone can keep and use it to help save a life. You can get naloxone as a nasal spray or an injection, and you can use it without medical training or authorization. Also, it won't harm a person if they're overdosing on a drug that's not an opioid.

- Seven signs of overdose to watch for include:
- Small constricted, pinpoint pupils
 - Slow, weak or no breathing
 - Falling asleep or losing consciousness
 - Choking or gurgling sounds
 - Cold and/or clammy skin
 - Discolored skin, especially lips and/or nails
 - Limp body

Important steps to take when you think someone around you is overdosing:

- Administer naloxone, if available
- Call 911
- Keep the person awake and breathing
- Lay person on their side to prevent choking
- Stay with the person until emergency assistance arrives

At CDC we're educating people about the dangers of illicitly made fentanyl, the risks and consequences of mixing drugs, the lifesaving power of naloxone, and the importance of reducing stigma around recovery and treatment options. We are using the State Unintentional Drug Overdose Reporting System (SUDORS) to better understand the circumstances that surround overdose deaths, improve fatal overdose data timeliness and accuracy, and identify specific substances causing or contributing to overdose deaths as well as emerging and polysubstance overdose trends to help inform overdose prevention and response efforts. CDC is investing in neighborhoods, communities, cities, counties, states and the nation to prevent overdoses and ensure the health and well-being of all Americans.

Learning how to prevent an overdose can help save a life if you know someone struggling with addiction. For more information and resources, visit CDC.gov/StopOverdose.

If you're wanting help for substance use, know that recovery is possible. You can find evidence-based treatment and service options near you by visiting findtreatment.gov or by calling the 24/7 National Helpline at 800-662-HELP (4357).

Love Thy Neighbor

Dear South Bay Cities Neighbors,

We love the profiles we've done, and we've learned so much about South Bay City residents. We want to do more, so please keep the suggestions coming. With over 200,000 residents, we're sure there are some gems we may have overlooked or not been aware of them. Do you have a unique and interesting friend, neighbor, co-worker, colleague or student? All you have to do is ask their permission and send us their contact information. Of course, if you find yourself fascinating, you are welcome to send us your information too. 😊

- Best to you all. HM.

Send your suggestions in to letters@heraldpublications.com



Please have your nominee's approval before you submit them as a nominee.



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GUNDOGRAM

SUBMIT YOUR YUM DISH!!

Grilled Corn Salad

Provided by Campbells Soup Corp.

This is a fantastic summer salad. Buy summer's best sweet corn to mix with garden-fresh red peppers. Best of all, this can be made well ahead of time so you won't miss out on summer fun.



Ingredients

- 4 ears fresh corn on the cob, husks removed
- 2 tablespoons vegetable oil
- 3 tablespoons lime juice
- 3 tablespoons pure maple syrup
- 1/4 teaspoon ground black pepper
- 1 small red bell pepper, finely chopped (about 1/3 cup)
- 1/2 cup Pace® Salsa Verde
- 3 green onion, finely chopped
- 3 tablespoons chopped cilantro parsley

Directions

- **Step 1:** Rub the corn with 1 tablespoon oil. Beat the remaining oil, lime juice, maple syrup and black pepper in a small bowl with a fork or whisk.
- **Step 2:** Lightly oil the grill rack and heat the grill to medium. Grill the corn for five minutes or until lightly browned on all sides. Remove the corn from the grill. Cut the corn kernels from the cob with a sharp knife.
- **Step 3:** Stir the corn, red pepper, salsa, green onions and cilantro in a medium bowl. Add the dressing and toss to coat.

Tips

- The salad can be made up to two days in advance and refrigerated, tightly covered.

Send us a photo and recipe of your favorite dish. We'd love to share it with the community. Send to: web@heraldpublications.com