

South Bay Cities

Featuring the Weekly Newspapers of Hawthorne, Lawndale, Torrance and Inglewood

Hawthorne Press Tribune
The Weekly Newspaper of Hawthorne

Lawndale Tribune
AND LAWNDALE NEWS The Weekly Newspaper of Lawndale

Torrance Tribune
The Weekly Newspaper of Torrance

Inglewood News
The Weekly Newspaper of Inglewood

Herald Publications - El Segundo, Hawthorne, Lawndale, Torrance & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 7, No. 9 - February 27, 2025

Celebrating Black History Month

Inside This Issue

- Classifieds2
- Entertainment2
- Hawthorne.....3
- Lawndale4
- Torrance.....5
- Inglewood.....6
- Legals7
- Pets.....8



The City of Inglewood's Black History Celebration was filled with good vibes, great food, and even better company. It was so special to see everyone come together and celebrate. Thank you for bringing the energy, the support, and the love. Photo courtesy City of Inglewood Facebook page.

A Genuine Find Just Rolling Along

By Ron Sokol

Want to go to a comfortable place where there are nice people? Want to go and eat some delicious food, with quite a choice at reasonable prices? Want to pass a little time at a comfortable bar? How about shooting some pool while the kids enjoy video games? Or bowling, want to bowl on really nice lanes and not pay an arm and a leg?

Since the 1960s, the same family has owned and operated Gardena Bowl. The second generation of three brothers, Phil, Vic, and Sam Amenta, have run it since 1983 with ongoing, genuine devotion to the game. I sat down with the "kid", the youngest, Sam. The day starts pretty early in the bowling business, and Sam likes going to the bowling center. Let me put LIKES in caps. This gentleman really does enjoy going to "the office."

One aspect that Sam emphasizes is the importance of Gardena Bowl's employees. "They are the engines of the business. Their knowledge of many aspects of running the daily operation is critical in our continued success and ability to provide a facility we are proud of."

The Amentas own the property, which is almost an acre. They could have sold long before now and, let's be real, made some nice money. Keep in mind that Covid shut down Gardena Bowl for fifteen months. To repeat: For over a year the business was closed. Yet, this did not stop any number of obligations, such as having to pay property taxes and keep current the worker's compensation insurance. Definitely, they had to maintain the place. Fifteen months, no customers, no pool players, no one buying a thing, no one paying a thing, the property just sitting.

"My brothers and I were all raised in this place. Cleaning ashtrays, emptying the beer

bottles, learning machinery repair, and just plain working the family business from top to bottom. You might find this funny, but we all loved it when they banned smoking indoors! Me? I was training to become a commercial pilot. Unfortunately, as fate would have it, I have a stigmatism in one eye. Well, that was the end of my plan to become a professional pilot. In 1983, my brothers and I bought out Dad, and we took over the reins. Amazing, that's forty-two years ago... time flies, even if I don't!"

Gardena Bowl today is a happy place. A friendly place. It has a pro shop if you are looking for equipment. Although I am the opposite of tech-savvy, even I can use computer-scoring without a hitch. There are just 16 lanes; it is not a bowling center posing as an amusement park. Gardena Bowl is dedicated to good, fun bowling, with leagues, times for open bowling, and other engaging activities. So it is that Gardena Bowl operates under the moniker of a family entertainment center. Also, the prices are very reasonable.

The coffee shop may look modest, but it has been known for decades to serve excellent Japanese-Hawaiian food. This includes bacon fried rice, chicken katsu, Portuguese sausage mix, and loco moco. Yum! Like the adjacent bowling alley, the coffee shop at Gardena Bowl is very friendly and inviting. It is run by two fine gentlemen who have rented the space from the Amenta brothers for 20 years.

The billiard room is sizeable and in notably good condition. Next to it are fun video games. The bar is open at 5 p.m., and the prices (like the bowling) are also reasonable.

Bottom line, Gardena Bowl has not changed all that much in 76 years since opening day in December 1948. There is a recent update,



Come On In! Image provided by Ron Sokol.

however, which are certified "string pins". There is a bit of controversy about whether string pins are a good thing. My one cent: I have bowled most of my life - I do not have any problem with the string pins at Gardena Bowl. They are durable strings attached to each pin's top. A computer-controlled drawbar raises and lowers the strings; then, after a roll, the system lifts the pins, and the computer determines which pins remain and where. It works well and provides substantial cost savings, which is one reason the prices at Gardena Bowl are so fair.

Another nice aspect of Gardena Bowl is the sound. What I hear is cheerfulness. I hear fun, and I see it, too. Some of the folks are seniors. Sam told me a few have mentioned to him that retiring left a void in their lives. Solution? Bowl in more than one league! Gardena Bowl is more than happy

See Gardena Bowl, page 4

Weekend Forecast

Friday

Partly Cloudy
67°/52°



Saturday

Partly Cloudy
61°/54°



Sunday

Mostly Cloudy
60°/51°





Entertainment



Film Review

Sly Lives! (aka The Burden of Black Genius) Review: Heavy is the Head that Wears the Crown

By Morgan Rojas for Cinemacy

Ahmir "Questlove" Thompson's follow-up to his 2022 Oscar-winning documentary *Summer of Soul (...Or, When the Revolution Could Not Be Televised)* is another timely watch. *Sly Lives! (aka The Burden of Black Genius)* energetically pays tribute to the life and legacy of the memorable American funk band, Sly & the Family Stone. Using an abundance of archival footage and interviews with key players in the scene, including André 3000, Clive Davis, and Chaka Khan, *Sly Lives!* is a captivating look at the good times—and bad—of one of pop music's most influential artists. The documentary held its World Premiere at the 2025 Sundance Film Festival and is now available to stream on Hulu.

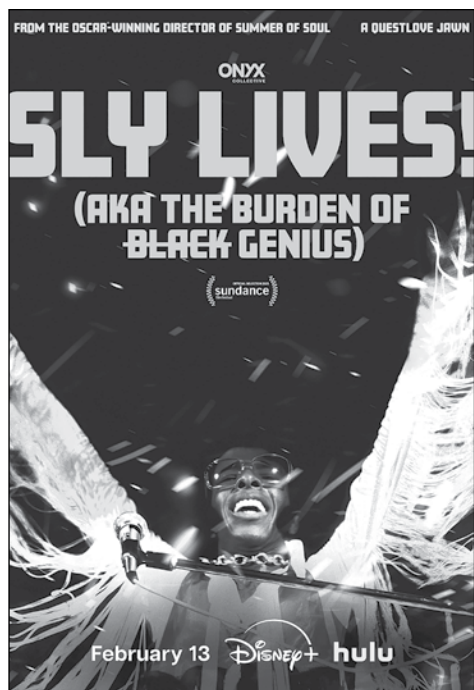
Bigger than just an homage-filled tribute to the band Sly & the Family Stone, Questlove's thesis is more nuanced and pointed than the average music documentary. Using Sly Stone as his subject, Questlove investigates and interrogates the idea of Black genius and the expectations that come with it. "What is 'Black Genius'?" he asks the interviewees at the beginning of the film. The responses range from lighthearted chuckles to introspective contemplation. It's a tricky question

to answer. Even at the end of the film, the question remains fluid and ever-changing.

Those interested in learning how this group from San Francisco came to dominate the music scene will find much to sink their teeth into in this joyous and academic retrospective. Dubbed a "music genius" by those who knew him, Sly Stone-born Sylvester Stewart—was destined to be a game-changer. Equally charismatic and enigmatic, Sly's first foray into the music industry came as a DJ in the Bay Area of California. The documentary expertly tracks how the band became one of the most groundbreaking bands of the 60s. Notably, they were the first major group to have both a multi-racial and mixed-gender roster.

The film covers all of their highlights, including performances of hits "Everyday People" and "Hot Fun in the Summertime". It also covers the not-so-glamorous moments, including the dissolution of the group, friction between band members, and Sly's out-of-control drug use. It's during these moments that Questlove reinserts his original thesis statement: There is an unseen burden that comes with success for Black artists in America.

Sly Lives! doesn't quite live up to the same "must-see" energy as Questlove's former film *Summer of Soul*. However, what it does provide in its nearly 2-hour runtime is a vivid memory of the legendary contributions from a West Coast rock band that changed the trajectory of rock and funk music forever. •



Sly Lives! (aka The Burden of Black Genius), courtesy Hulu.



Morgan Rojas

Check It Out

The Serpent and the Wolf by Rebecca Robinson

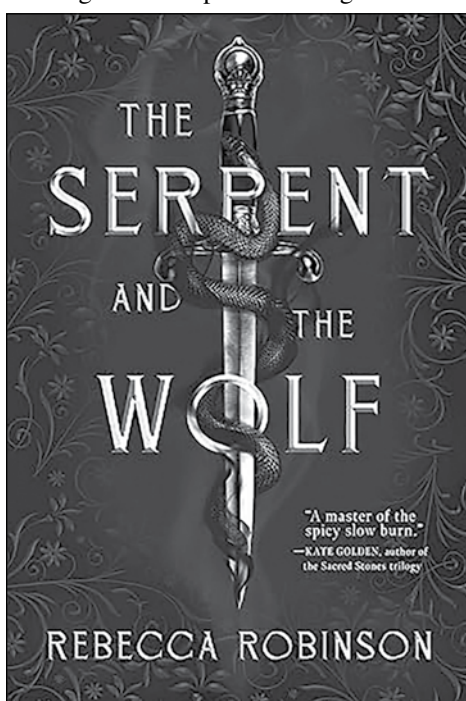
By Library Assistant, Mary Martes

This month I am branching out from my regular literary fiction to a new genre for me – fantasy. I have never been particularly interested in fantasy, but the popularity of the *Fourth Wing* series demanded I finally delve into the genre. I was pleasantly surprised to find engaging characters, superior world building and accomplished prose. Prior to *Fourth Wing*, *Iron Flame*, and *Onyx Storm*, I read an advanced copy of *The Serpent and the Wolf* by Rebecca Robinson, which is now available in the library. Like *Fourth Wing*, this book has an intelligent female protagonist who must fight to save herself from a patriarchal society.

Vaasa Kozar grew up at her father's knee, learning the art of political intrigue and ma-

neuvering while mutely observing. Mastering six languages and learning the secrets and machinations of foreign leaders, she was bred to become a dangerous secret weapon. That, however, is not the only secret she is harboring. Vaasa has inherited her mother's magical power. Power she has not yet learned to control. When her father dies and her brother inherits the throne, he marries Vaasa off to a ruthless foreign leader to remove her as a threat to his throne. He knows how dangerous Vaasa can be. So, she becomes a bargaining chip in his unquenchable thirst for power. Can she use her unwanted marriage to protect and free herself? Will she learn to control her dark magic to wield in defense? Or will her life be sacrificed in the quest for dominance?

This book is the first of a duology and is perfect for fans of Rebecca Yarros and Jennifer L. Armentrout. With an enemies to lovers trope, this blend of fantasy and steamy romance provides a welcome escape from the worries of the real world. •



The Serpent and the Wolf by Rebecca Robinson.



Mary Martes

Classifieds

PLEASE NOTE OUR CLASSIFIED ADS POLICY:

- Classified ads must be submitted in writing by email. Send ad copy to: class@heraldpublications.com.
- Submissions & payments are due no later than NOON on Tuesdays. We take Visa and/or MC credit cards ONLY. Cash and checks are no longer accepted. Late fee is \$20 extra.
- We do not allow paragraph breaks or other formatting except bolding of the first 3 or 4 words. Ad placement is usually sorted randomly... depending on space & layout... and at our discretion. Request for special placement will be \$20 extra per week. Request for special formatting will be \$10 extra per week. This is limited to bolding, caps, and border. Images, logos, etc are not allowed in classified ads.
- Classified ads are published in ALL our papers.
- Weekly renewal is \$10/wk IF you notify us WITHIN your ad run timeframe...else renewals are full price.
- You may cancel your ad at any time by contacting us. No credit is given for unused/prepaid weeks.
- Publication confirmation will be emailed after approval. Etearsheet, if requested, will be provided the Monday after Publication Date.
- Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.
- Beware: Employment offers that suggest guaranteed out-of-state or overseas positions may be deceptive or unethical in nature. If you have any doubts about the nature of a company, contact the local office of the Better Business Bureau, (213) 251-9696. Herald Publications does not guarantee that the advertiser's claims are true nor does it take responsibility for those claims.
- We reserve the right to refuse publication of any ad for any reason.

FOR RENT

Beachfront apt on the sand. Playa Del Rey. 2 BED/2 BATH. \$6,500, available now. 310.502.1291.

mid-century, retro, art, ASIAN, silver, coins, stamps, anything unusual. FREE APPRAISALS. You know us from Storage Wars. Buy/Sell. 310.322.3895. El Segundo.

T-shirts, programs, posters, tickets, audio equipment. Buy/Sell. Studio Antiques & Vinyl. 310.322.3895. El Segundo.

WANTED

ANTIQUES, COLLECTIBLES, jewelry, military, pottery, garden,

WANTED

VINYL RECORDS, cassettes, CD's, 78's, anything musical & collectible.

To appear in next week's paper, submit your Classified Ad by Noon on Tuesday. Late Ads will incur a \$20.00 late fee.

"You will never get any more out of life than you expect."
— BRUCE LEE



HERALD
PUBLICATIONS

EL SEGUNDO HERALD* • HAWTHORNE PRESS TRIBUNE*
INGLEWOOD DAILY NEWS* • LAWDALE NEWS*

EL SEGUNDO OFFICE • 531 MAIN ST, # 1160 • El Segundo • CA • 90245
Ad Sales / Legal Notices / Marketing: (310) 322-1830
Classifieds / Real Estate: (310) 322-1831 • www.heraldpublications.com

Staff and Departments

Accounting: letters@heraldpublications.com

Classifieds: class@heraldpublications.com

DBA: dba@heraldpublications.com • For Fictitious Business Name (DBAs) filings

Display Ad Sales: marketing@heraldpublications.com

Legals: legalnotices@heraldpublications.com

For legal notices, name changes, obituaries, petitions for probate, summons and more

Letters to the Editor or Herald In's: letters@heraldpublications.com

Real Estate: graphics@heraldpublications.com • For new realtors, contracts, ads

General Inquires: letters@heraldpublications.com

Staff: Mike Gonzales, Clara Nilles

Contributors: Kristiana Kora-Beckman, Chris Benis, Kim Harris, Cathie Hinkle, Mary Martes, Gregg McMullin, Kristen Morell, Morgan Rojas, Ryan Rojas, Brian Simon, Ron Sokol, Roslyn Templin and Kathleen Umbenhaur

Editor-in-Chief: Heidi Maerker

PLEASE NOTE: Our web@heraldpublications.com is no longer working and our website can no longer take inquires or emails

*Our newspapers are adjudicated of general circulation accordance with the laws of California. El Segundo Herald, Case Number 372819; Hawthorne Press Tribune, Case Number 187530; Inglewood Daily News, Case Number 601550; Lawndale Tribune, Case Number 479346.

CLASSIFIEDS

CLASSIFIED ADS - ONLY \$40
for twenty words or less.

Email class@heraldpublications.com or call 310-322-1831 for more information.

Hawthorne Press Tribune

The Weekly Newspaper of Hawthorne

Herald Publications - El Segundo, Hawthorne, Lawndale, Torrance & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 67, No. 9 - February 27, 2025

Congratulations to our Class of 2028 and Class of 2027 Cougar Scholars



Hawthorne High School celebrated their Cougar Scholars with an Honor Roll Ceremony. Continue the PAW-some job. Photo courtesy Hawthorne High School Instagram page.

Seniors

How To Know If You Can Trust Your Supplement

(BPT) - A multivitamin. Calcium. Vitamin C. Chances are, you've taken at least one of these today, along with three-quarters of American adults. There are hundreds of brands and thousands of products to choose from. So, how do you choose a quality vitamin, mineral or botanical supplement, and how do you know whether it will do what you hope?

You may be shocked to learn that the FDA does not approve dietary supplements that are on your store shelf. In fact, according to the new "Habits and Healthspan" survey, sponsored by Amway, 47% of U.S. adults ages 18 to 70 mistakenly believe their supplements are FDA-approved.

1. Do you recognize the ingredients?

• 87% of Americans want to know exactly what they're putting into their bodies.

Although manufacturers are legally required to use safe ingredients, the FDA does not

approve dietary supplements. The bottom line? It's up to consumers to research and know what they're putting in their bodies. This is where ingredient traceability - the process of tracing the origin and journey of ingredients through the supply chain to ensure safety, quality and transparency - comes in.

• 67% are more likely to purchase dietary supplements that are traceable from the seed to the shelf.

2. Do you understand where the ingredients are grown?

• Over half (60%) of consumers agree it's important to know the seed-to-production path to ensure quality.

Consumers are looking for products they can trust. Thanks to the internet, it's easier than ever to dig into product ingredients and see the seed-to-supplement pathway. This has led to consumer demand for product

See Seniors, page 7



your business YOUR NAME your dreams



we can help

DBAS PUBLISHED FOR ONLY \$75.00

Email dba@heraldpublications.com or call 310-322-1830 for more information.

Love Thy Neighbor

Dear South Bay Cities Neighbors,

We love the profiles we've done, and we've learned so much about South Bay City residents. We want to do more, so please keep the suggestions coming. With over 200,000 residents, we're sure there are some gems we may have overlooked or not been aware of them. Do you have a unique and interesting friend, neighbor, co-worker, colleague or student? All you have to do is ask their permission and send us their contact information. Of course, if you find yourself fascinating, you are welcome to send us your information too. 🤗



- Best to you all. HM.

Send your suggestions in
to letters@heraldpublications.com

Please have your nominee's approval before you submit them as a nominee.

Lawndale Tribune

AND LAWDALE NEWS

The Weekly Newspaper of Lawndale

Herald Publications - El Segundo, Hawthorne, Lawndale, Torrance & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 84, No. 9 - February 27, 2025

ECC Had a Stellar Kickoff to Spring Semester and Black History Month with Afro-Health Day



Our campus community got to connect with local health organizations that offer affordable and accessible resources, as well as hang out with therapy dogs and watch live music and dance performances. It was a fun day. Photos courtesy El Camino College Facebook page.

YOU'VE WORKED SO HARD
GETTING YOUR BUSINESS OFF THE GROUND



PLEASE GIVE YOUR BUSINESS THE NAME IT DESERVES

DBAS PUBLISHED FOR ONLY \$75.00

Email dba@heraldpublications.com or call 310-322-1830 for more information.

Gardena Bowl

from front page

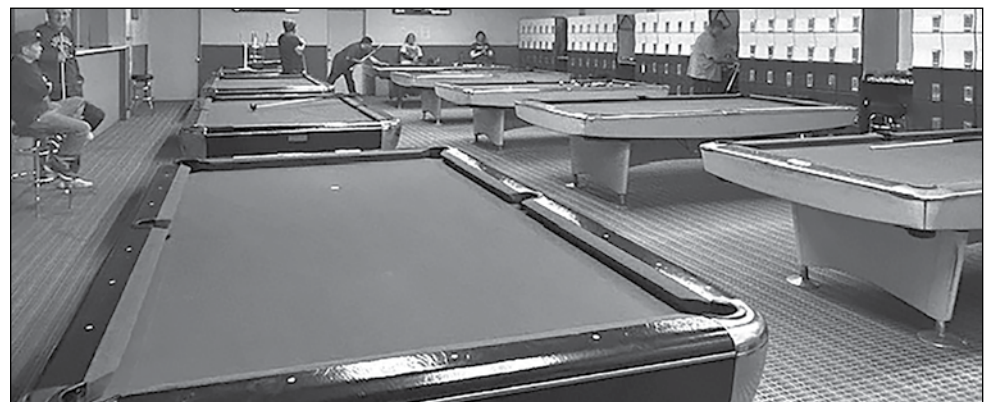
to accommodate.

All of this said, a bowling center is not a park... or is it? If you go to a park to relax, muse a bit, perhaps exercise some, eat a little, or chat with a friend or two while away the time, you can do the same at Gardena Bowl. Granted, one is indoors, so there is a difference there, but the atmosphere and feel of

Gardena Bowl seem very park-like to me.

While in Gardena Bowl, you will almost always run into one of the Amenta brothers. Getting to know their customers has been a key part of their recipe to success. They are approachable, but do not be too surprised if they reach out to you.

Gardena Bowl – Roll on! •



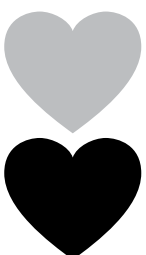
Pool Anyone?



Nice Alleys. Images provided by Ron Sokol.

If you love South Bay.

follow us!



facebook

@southbaycities.inglewood

@southbaycities.lawndale

@southbaycities.hawthorne



Torrance Tribune

The Weekly Newspaper of Torrance

Herald Publications - El Segundo, Hawthorne, Lawndale, Torrance & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 9, No. 8 - February 27, 2025

Celebrating the Grand Reopening of Discovery Park



The City of Torrance unveiled a refreshed playground, decorative fencing, an upgraded gazebo, and a convenient water bottle filling station. Check out more exciting capital improvement projects in progress at www.TorranceCA.Gov/CIPDashboard. Photo courtesy City of Torrance Facebook page.

Finance

Ways to Ease Your Retirement Worries

(BPT) - There are a lot of cautionary tales in the news these days about how unprepared people are for retirement, painting a rather bleak picture of widespread financial insecurity. But the reality is quite different. We recently surveyed more than 1,000 Americans and found they actually feel pretty optimistic about their retirement plans. Six in 10 people say they are not concerned about having enough money to live in retirement. The numbers are even better for people who are already retired or semi-retired. Over 90% say they've saved enough to live comfortably and are confident about their overall financial situation.

None of this means people aren't worried at all. What we found is that most retirement anxiety centers around things beyond people's control, like inflation, market fluctuations, rising health care costs and potential changes in government policy.

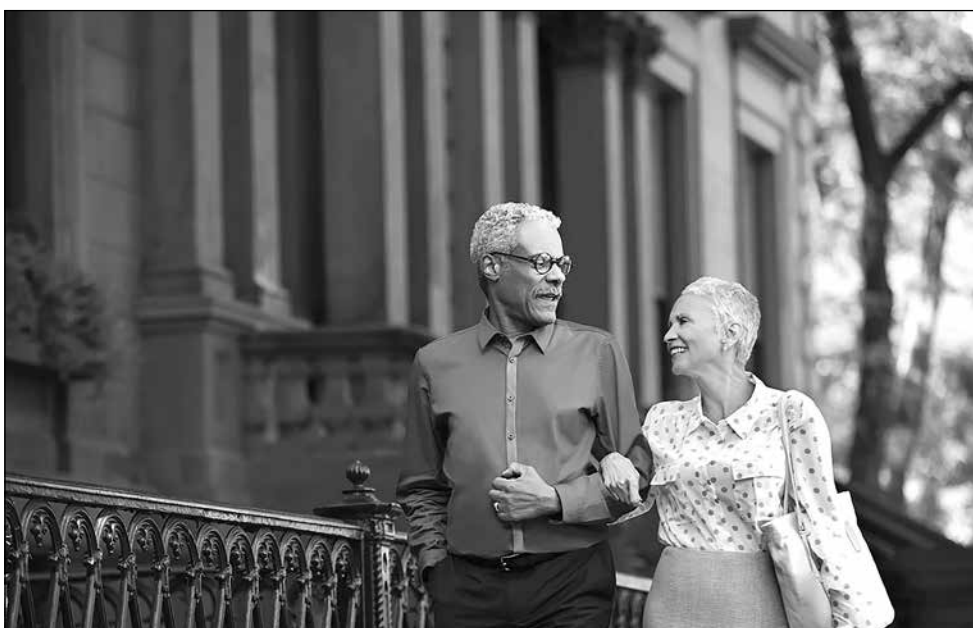
While "risk tolerance" refers to the amount of market volatility you can stomach, "risk

capacity" is about determining how much money you'll definitely need over the next one to four years. Think of it as the financial buffer required to cover your short-term expenses without being affected by market and economic swings. Once you know your risk capacity, set aside the appropriate cash cushion.

A diversified portfolio could potentially help navigate the ups and downs of the economy. And spreading your investments across various asset classes - like stocks, bonds and real estate - may create a cushion against market volatility. Stocks, in particular, have historically outpaced inflation over the long term, helping to preserve your purchasing power. Overall, staying invested through market cycles rather than reacting to short-term fluctuations can be one of the best strategies for maintaining your wealth in retirement.

An emergency fund is crucial at any stage of life, but it becomes especially vital in

See Finance, page 7



Need Legal Notices Published?

We've got you covered with over 111 years of experience



We publish legal notices for Cities, School Districts, Businesses, Legal Agencies, Corporate Compliance and Individuals for Los Angeles County

Done professionally, proofs returned promptly and priced reasonably.

We publish all legal notices including, but not limited to:

- Auto Liens
- Bulk Sales
- Dissolution of Marriage
- Fictitious Business Names (aka FBN or DBA)
- Foreclosures
- Invitation to Submit Bids
- Name Changes
- Notice of Divorce
- Petition to Administer Estates
- Probate Petitions
- Public Hearings
- Public Notices
- Storage Sales
- Trustee Sales

Call us today: 310-322-1830

or email us at: legalnotices@heraldpublications.com

HERALD PUBLICATIONS, INC.
531 Main St., #1160, El Segundo, CA 90245



Inglewood News

The Weekly Newspaper of Inglewood

Herald Publications - El Segundo, Hawthorne, Lawndale, Torrance & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 74, No. 9 - February 27, 2025

Celebrating The Level Up Store Re-Opening



From left to right: Ron Gibson, Level Up Owner, Tamara Gurney, President, Mission Valley Bank, Carolina Martinez, CEO, CAMEO Network, Congresswoman Maxine Waters, Alejandro "Alex" Guerrero, Executive Director, Macedonia Community Development Corporation, and Tara Lynn Gray, Director, California Office of the Small Business Advocate (CalOSBA). Congresswoman Maxine Waters joined state and local business leaders at the re-launch of local businessman Ron Gibson's clothing business, The Level Up, on Friday, February 21, 2025. The grand re-opening brought business leaders together to celebrate Black History Month. Please support our local businesses. Photo by Ricky Richardson.



GUNDOGRAM
SUBMIT YOUR YUM DISH!!

Star Berry Cream Puffs

Provided by Campbells Soup Corp.



Send us a photo and recipe of your favorite dish. We'd love to share it with the community.
Send to: web@heraldpublications.com

Ingredients

- 1/2 of a 17.3-ounce package Pepperidge Farm® Puff Pastry Sheets (1 sheet), thawed
- 1 package (12 ounces) frozen mixed berries, thawed and well drained
- 1 egg, beaten
- 1 tablespoon water
- 2 tablespoons all-purpose flour
- 1 tablespoon coarse sugar crystals
- 3/4 cup whipped topping (This is the amount we used, but add as much as you like!)

Directions

- **Step 1:** Set the pastry and berries out to thaw. Heat the oven to 400°F. Line a baking sheet with parchment paper. Beat the egg and water in a small bowl with a fork.
- **Step 2:** Sprinkle the work surface with the flour. Unfold the thawed pastry sheet on the work surface. Using a star-shaped cutter, cut the pastry into 6 (about 4-inch) stars. Place the pastry stars onto the baking sheet. Brush with the egg, then sprinkle with the sugar.
- **Step 3:** Bake for 15 minutes or until the pastries are golden brown. Let the pastries cool on the baking sheet on a wire rack for 10 minutes.
- **Step 4:** Carefully split each pastry into 2 layers. Just before serving, spoon about 2 tablespoons berries onto each bottom pastry layer, then top with about 2 tablespoons whipped topping and a top pastry layer.

Tips

Keeping berries and puff pastry on hand makes it easy to create simple but beautiful desserts like this one in minutes.

Finance

from page 5

retirement when income is often more fixed. In addition to your cash cushions, aim to keep enough in your emergency fund to cover about a year's worth of expenses, minus any guaranteed income from sources like Social Security or pensions. A high-yield checking or money market account can be a great place to store these funds, allowing for easy access in an emergency without penalties or delays.

One of retirees' biggest worries is the potential cost of health care, especially long-term care. To prepare ask yourself:

- Who will provide care if needed?
- Where do you want that care to be provided?
- How will you pay for it?

Political shifts, such as a new administration or changes in Congress, can create anxiety about taxes, Medicare, Social Security and the markets. However, it's important to remember that market movements are more often driven by corporate earnings, economic data and central bank policies than by political changes.

Additionally, there's usually a significant gap between campaign promises and actual policy changes. Legislative processes are slow and often result in watered-down versions of initial proposals, so avoid jumping to conclusions based on political rhetoric.

Retirement is a major life change, and even if you're generally confident about your retirement savings, it is normal to be anxious about factors outside of your control. Although you can't control inflation or the markets, health care costs, or the economy in general, there are steps you can take to regain a sense of control. For more information, visit Schwab.com/retirement for a wide range of resources and help.

Disclosures

The information provided here is for general informational purposes only and is not intended to be a substitute for specific individualized tax, legal or investment planning advice. Investing involves risk, including loss of principal. © 2024 Charles Schwab & Co., Inc. All rights reserved. Member SIPC. •

“Don't allow your rituals to become ruts.”
 – **TODD HENRY**

Seniors

from page 3

transparency where companies are being pushed to be more open not just about their ingredients, but their production practices as well. This extends beyond supplements, too:

- 87% of consumers agree that clean and sustainably made skincare and cosmetic products are superior.

3. Is the company you're purchasing from environmentally conscious?

In addition to what's in the products they consume, there is a growing concern amongst Americans about how products are made and what impact is made on the environment.

- 78% say they're concerned about how pollution and chemicals can affect their health, with 29% "very" concerned.

One way companies can be more environmentally conscious is by practicing regenerative agriculture, using farming methods that conserve water and protect the soil. Companies like Amway, which owns and operates nearly 6,000 acres of certified organic farmland in the U.S., take pride in:

- Avoiding the use of synthetic fertilizers and pesticides
- Saving energy and water

4. Does the product have a certification or seal of approval?

Having an objective, third-party assurance

that the product you are using meets quality standards is another way to ensure reliability.

Only 6% of consumers do not prefer using a sunscreen that is certified with a third-party assurance. When it comes to personal care products like sunscreen, you can check the packaging to note which ones have certifications such as the Seal of Recommendation from the Skin Care Foundation, which provides assurance that the product meets a third-party's criteria for safe and effective protection.

Ultimately, consumers are driving the shift toward higher quality, more sustainable products. The expectation falls on companies to change their ways and meet expectations. Americans want products that not only work but also align with their sustainability values. The brands that rise to the occasion and meet these demands stand to create deeper, more loyal relationships with their customers. As a health and well-being industry leader, Amway is working to set the bar high for quality, sustainability and product integrity. By forging partnerships down its supply chain and making strong commitments to transparency, Amway is among many other companies leading the charge in corporate responsibility and environmental stewardship. •

PUBLIC NOTICES

NOTICE OF AMENDED PETITION TO ADMINISTER ESTATE OF AND PROBATE OF LOST WILL OF : VERA LEE FOOTMAN AKA VERA H. FOOTMAN
 CASE NO. 24STPB06510

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of VERA LEE FOOTMAN AKA VERA H. FOOTMAN AN AMENDED PETITION FOR PROBATE OF LOST WILL has been filed by LINDA JOYCE OAKLEY in the Superior Court of California, County of LOS ANGELES. THE AMENDED PETITION FOR PROBATE requests that LINDA JOYCE OAKLEY be appointed as personal representative to administer the estate of the decedent. The amended petition requests the decedent's lost will and codicils, if any, be admitted to probate. The lost will and any codicils are available for examination in the file kept by the court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held in this court as follows: 03/11/2025 at 8:30AM

in Dept. 2D located at 111 N. HILL ST., LOS ANGELES, CA 90012 IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner DMITRY ARISTOV Forward Estate Planning 222 N. Pacific Coast Hwy, Suite 2000 El Segundo, CA 90245 Hawthorne Press Tribune Pub. 2/13, 2/20, 2/27/25

HH-28869



Notice is hereby given, StorQuest Self Storage will sell at public sale by competitive bidding the personal property of:
 Tamika Smith
 Miya Buckley Henning
 Miss Bennett
 Travonna Byers
 Yesenia Estrada
 Sabian Hale
 Amanda Marsh
 Melody Buckley
 Property to be sold: misc. household goods, furniture, tools, clothes, boxes, toys, electronics, sporting goods, and personal content. Auction Company: www.StorageTreasures.com. The sale ends at 10:00 a.m., March 14th, 2025, at the property where said property has been stored and which is located at StorQuest Self Storage 4959 W 147th St, Hawthorne, CA 90250. Goods must be paid in cash and removed at the time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party.
 2/27, 3/6/25
 CNS-3897303#
 Hawthorne Press Tribune Pub 2/27, 3/6/25
 HH-28877

NOTICIA PUBLICA
 Agencia de Vivienda Publica de Hawthorne

El borrador del Plan Anual y Plan de Cinco Años de la Autoridad de Vivienda para 2025 está disponible para su revisión. Se pueden enviar preguntas y comentarios escritos sobre los borradores de los Planes PHA durante el periodo de revisión y comentarios públicos que comienza el 20 de febrero de 2025 y concluye el 17 de abril de 2025 durante una audiencia pública a las 6 p.m. en la Cámara del Concejo Municipal de Hawthorne y deben dirigirse a Kimberly Mack, Directora de Vivienda y CDBG, en 4455 W. 126th Street, Hawthorne, CA 90250. También puede llamar al (310) 349-1603 si tiene alguna pregunta sobre los planes preliminares de la PHA o la audiencia. La publicación de este aviso inicia un periodo de revisión pública de 45 días. Copias de los borradores de los Planes PHA estarán disponibles durante el periodo de revisión y comentarios públicos en los sitios a continuación y se publicarán en Harold Press Tribune el 2/02, 2/07, 2/13, 2/20, 2/27, 3/06, 3/13, 3/20, 3/27 y 4/03. Ayuntamiento de la ciudad de Hawthorne - Departamento de Vivienda 4455 W. 126th Street Hawthorne, CA 90250
 Horas de trabajo: 7:30am -5:30pm (Lunes-Jueves y cada otro Viernes)
 Ayuntamiento de la ciudad de Hawthorne - Oficina del Secretario 4455 W. 126th Street Hawthorne, CA 90250
 Horas de trabajo: 7:30am -5:30pm (Lunes-Jueves y cada otro Viernes)
 Sitio web de la ciudad
 http://www.cityofhawthorne.org/Housing
 Hawthorne Press Tribune Pub 2/20, 2/27, 3/6, 3/13, 3/20, 3/27, 4/3/25

HH-28873

PUBLIC NOTICE

Hawthorne Public Housing Agency
 The draft Housing Authority Annual and Five Year Plan for 2025 are available for review. Questions and written comments regarding the draft PHA Plans may be submitted during the public review and comment period commencing February 20, 2025 and concluding April 17, 2025 during a public hearing at 6PM in the Hawthorne City Council Chamber and should be addressed to Kimberly Mack, Director of Housing and CDBG, at 4455 W. 126th Street, Hawthorne, CA 90250. You may also call (310) 349-1603 with any questions concerning the draft PHA Plans or the hearing. The publication of this notice begins a 45-day public review period. Copies of the draft PHA Plans will be available during the public review and comment period at the sites below and will run in the Harold Press Tribune 2/20, 2/27, 3/06, 3/13, 3/20, 3/27 and 4/3.
 City of Hawthorne City Hall – Housing Department
 4455 W. 126th Street
 Hawthorne, CA 90250
 Business hours: 7:30am -5:30pm (Mon –Thursday and every other Friday)
 City of Hawthorne City Hall – Office of the Clerk
 4455 W. 126th Street
 Hawthorne, CA 90250
 Business hours: 7:30am -5:30pm (Mon –Thursday and every other Friday)
 City Website
 http://www.cityofhawthorne.org/Housing
 Hawthorne Press Tribune Pub 2/20, 2/27, 3/6, 3/13, 3/20, 3/27, 4/3/25

HH-28874

PUBLISH YOUR PUBLIC NOTICES HERE

ABANDONMENTS: \$125.00
ABC NOTICES: \$125.00
DBA (Fictitious Business Name) \$75.00
NAME CHANGE: \$200.00

Other type of notice? Contact us and we can give you a price.

REACH THOUSANDS OF VIEWERS

We're HIRING! Help Wanted!
For SALE! For RENT!

CLASSIFIED ADS – ONLY \$40
 for twenty words or less.

Email class@heraldpublications.com or call 310-322-1831 for more information.

DID YOU KNOW?

Your business name makes a huge difference in how you brand yourself.

Get your business started right by choosing a name that customers will remember while creating a strong identity.

Let us help you start your business right.
DBAS PUBLISHED FOR ONLY \$75.00

Email dba@heraldpublications.com or call 310-322-1830 for more information.

PETSPETS **Pets** PETSPETS

Featured Pets of the Week

Provided by Hannah Collett, spcaLA

Meet **Phil**! Phil is a 1-year-old, male, gray and white Pit Bull mix who would make a wonderful hiking buddy. He is an active boy who enjoys going outside for walks and spending time with volunteers. He enjoys belly rubs and snuggling up with you. Phil does prefer to be your only dog, so if you are looking for a partner, look no further! <https://spcala.com/adoptable/pet/?ss=LACA-A-17495>

Meet **Dodger**, a 1-year-old male, brown

brindle American Pit Bull mix. This handsome boy has lots of energy and enjoys an active lifestyle. He enjoys long walks and would benefit from learning basic commands. If you're looking for an energetic partner to go hiking with then relax with you at the end of the day, Dodger is the one for you. Come visit him today! <https://spcala.com/adoptable/pet/?ss=LACA-A-17836>

Meet **Canelo**, a 1-year-old male, fawn and white American Bulldog mix who is

affectionate, gentle, and loyal. This 81-pound boy is a goofy, chunky love bug! He knows many basic commands and can catch treats midair! Canelo would do best in a single pet home. Even though he enjoys going for walks, we would say Canelo is more of a couch potato. He loves to relax under the sun and take naps on comfortable blankets. When you stop walking, he will stand right next to you like the good boy he is. Come see for yourself! Canelo is currently the

longest resident at spcaLA and is eager to find his Friends for Life! <https://spcala.com/adoptable/pet/?ss=LACA-A-13762>

Introducing **Lady Tortie**! This sweet girl is a 6-month-old Domestic Shorthair Tortie. She enjoys being pet and loves her treats. You can usually find her napping or playing with her toys. Any home would be lucky to have Lady Tortie. Come visit her today! <https://spcala.com/adoptable/pet/?ss=LACA-A-17931> •



Phil



Canelo



Dodger



Lady Tortie

“When I look into the eyes of an animal, I do not see an animal. I see a living being. I see a friend. I feel a soul.”

– A.D. WILLIAMS