

# Manhattan Beach Sun

The Weekly Newspaper of Manhattan Beach

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## Skechers Walk Raises \$1.4 Million



Volunteers from the Friendship Circle get excited at the start of the Skecher Friendship Walk, held in Manhattan Beach on October 25, 2015. The walk raised over a million dollars for special needs education. For more photos, see page 3. Photo courtesy of Skechers.

## Mychal's Learning Place: Helping People with Disabilities Find a Path to Independence

By Nancy Peters

When Ed Lynch founded Mychal's Learning Place 13 years ago, the limited program was for after-school activities for youth in the areas surrounding Hawthorne, where the initial facility was located on the property of St. Joseph's Church. The need for the program was apparent when the word got out and a second facility opened in Culver City to serve the Westside. Parents of children with developmental disabilities needed a program such as Mychal's Learning Place.

As the program for youth grew in each facility to more than 20 in those first years, Ed hired staff to assist in the various programs offered Monday through Friday. The youth were taught in various ways to help them with learning to live more independently, from how to make a sandwich to participating in sports activities, learning dance and participating in art programs, developing talents many of them possessed but did not know how to channel.

"The reason I started the program was due to my first-hand knowledge when my daughter, Mychal, a child with a developmental disability, needed services to assist us. However, there were none to speak of or any at which I would place her. We discovered other parents of kids with similar disabilities also had very few places to go for resources, programs, services for themselves to deal with the needs of their child. Since Mykie's untimely death at seven and a half, I have dedicated my life to creating programs that enable youth with all forms of developmental disabilities to live independent, fulfilled, and productive lives. We encourage independence that can build self-esteem, let's the disability not stand in the way of a child being seen and heard, presenting them lovingly with challenges that will help them to succeed, enabling families to have peace of mind that

their child will have an opportunity to live out a greater purpose in life," said Lynch, with determination and a strong belief in his words.

"Two and a half years ago we decided to expand our program to include those older than 18 years old. The state allows services up to 22 years old, but the Path to Independence Program can include those up to 30 years of age, although no one in the program is there yet.

"We know that even some very basic skills are difficult for those in our programs. Many activities we take for granted must be learned by them. They are taught how to cross the street safely. They learn how to handle money. We instruct in basic hygiene skills—brushing teeth, changing clothes, and related things. We also teach them to do laundry (there is a full laundry facility within the 10,000-foot facility in Hawthorne), as well as how to safely use knives, the stove and oven, and other cooking tools.

"Our main purpose is to teach independent living so that each of the capable students will be able to adjust to being without a parent or family member and will not need to rely on anyone for daily basic living," he continued.

The adults in the program at Mychal's Learning Place range in age from 18 to 25 years old. With the eight skilled teachers/aides at Mychal's, there is a 3:1 ratio of student to teacher. There is no set, specific curriculum other than the training, at the student's pace, of the basics to live on their own until they earn release from the Path program.

"One aim is to teach the young adults to take public transportation, such as the Metro or local buses. Weekly trips to Trader Joe's on Mondays teach the students to shop for supplies to make their own daily lunches, for onsite and offsite. Mychal's Learning

Place has a complete kitchen set up, with microwave, stove, oven, toaster, pots and pans, and cooking utensils, so that cooking a full meal can be accomplished. Some of the students may start out with making a sandwich, but eventually they learn to prepare full meals for breakfast, lunch, and dinner.

"The key ingredient to our curriculum is consistency. The parents complete an evaluation of what they believe the student's abilities are from the parents' perspectives. Upon acceptance to the program, we then assess the student over the first month, consistently assigning the same skills and they must achieve success before a new skill is introduced," explained Anna Garalde, Path to Independence Administrative Director. "We keep a daily log of accomplishments of each student in the Path program. Parents have access to the student's information so they can talk to the student about what they do each day, offering praise and compliments. The student gains self-esteem when what the accomplishment is noticed.

"Trader Joe's in Manhattan Beach is where the students shop for their food products and the employees there are very helpful. Our students take public transportation there. They use the list they prepare with their needed supplies and do their shopping. They pay for the groceries. We do the same routine every Monday. We shop on the same day; we leave at the same time; and they know they have a time limit for shopping and are expected back at a specific time. They make their food for the week. There is a consistency they can rely upon for that day.

"We teach them basic living skills so that one day they can live on their own or with a roommate or in a group home setting. They develop vocational skills so they can get a job

**Mychal's Learning Place, page 2**

## Weekend Forecast

**Friday,  
Nov. 6**  
Sunny  
76°/54°



**Saturday,  
Nov. 7**  
Sunny  
76°/56°



**Sunday,  
Nov. 8**  
Sunny  
71°/56°





## Mychal's Learning Place

from front page

and earn money. The goals are not the same for each student, but we make it a point to give every young adult in the program the same opportunity," Anna stated. "Sometimes they surprise themselves, and others, when they see just what they are capable of doing. We know that all of the students must be given a chance. There is no double standard for any of them," Garalde concluded.

"When the student begins to learn skills they perform at a different level. They sometimes get anxious over the accountability factor imposed on them and they are usually harder on themselves than the parents or teachers of the program," stated Ed. "But our staff is attuned to their students and know the limitations and the capabilities, never pressuring anyone to do something they are hesitant about trying, encouraging along the way so the new skill can be accomplished. They do, however, give equal opportunities to all, with the understanding that the student can easily be disappointed or be anxious or nervous. We know, though, given a chance, they all want to be independent," concluded Lynch.

There are currently 23 students in the Mychal's Learning Place Adult Path to Independence Program, 18 males and five females. There is a waiting list of 49 students. Lynch stated that Mychal's programs are a model for programs in Hawaii and Osaka, Japan, and it is hoped that more Mychal's

Learning Places can be opened in other parts of the South Bay where there is a need for such services.

Several local businesses have partnered with Mychal's and allow for volunteer internships by the students who are ready to venture out to the workplace. Murad has one volunteer internship, and REI, ESMoA, and Modernica have signed up for internships, with one student currently working at Modernica.

The Path to Independence Program and Mychal's Learning Place has plans for a coffee cart to take to festivals in the area. The plans include a food certification program for interested students who will bake the products to sell with the coffee from the cart. The students build cat structures that are sold for income. In addition, they hope to set up internships with other local companies that can hire the Path to Independence adults to do janitorial work, packing and shipping, data entry, or work in a kitchen.

Funding for Mychal's Learning Place is accomplished through state funds, grants, donations, and fundraising, such as through the annual art show to be held this year on December 5 at 4901 Rosecrans Avenue, Hawthorne, the location of the all-inclusive facility, where all the artwork on the walls is from students both past and present.

Donations are tax deductible and can be made to Mychal's Learning Place at any time through their website: [www.mychals.org](http://www.mychals.org) . •

## Community Briefs

### Tickets Available for Neptunian Fashion Show

Tickets are now on sale for the Neptunian Woman's Club Holiday Fashion Show and Luncheon. It will be held from 9:30 a.m. until 2:30 p.m. on Saturday, November 7 at the Neptunian Clubhouse at 920 Highland Avenue and will feature Trina Turk's new holiday collection. To purchase tickets, at \$150 each, go to <http://neptunianwc.org>.

Boutique sponsors including Hammitt, Kiehl's, Stella & Dot, Tabula Rasa, Trilogy Spa, and Yorktown will help with holiday shopping by giving a 20 percent

give back on anything sold. Kincaid will provide lunch with a choice of entrée and a dessert. Chevron is sponsoring the floral display from Natural Simplicity of El Segundo

Everyone who purchases a ticket will receive a Trina Turk swag and a coupon for a glass of wine. The event will feature live music, a professional stylist to narrate the New York style runway show, male models, and the ability to make appointments for make-up and hair touch ups.

### 18th Annual Veterans Day Multi-Generation Event

Join the 18th Annual Veterans Day Multi-Generation Event, which will be held at Veterans Monument on Veterans Parkway, Valley Drive and 15th Street, at 11am. The Hyperion Outfall Serenaders, the Official Band of the City of Manhattan Beach will provide welcoming entertainment. Please join us in the Joslyn Community Center Ocean Banquet Hall for a reception following the Veterans Day Multi-Generation Event. There will be

live entertainment and light refreshments.

For more information, contact Parks and Recreation Department (310) 802-5448, Matthew Morrow, Recreation Supervisor, (310) 802-5432 or Idris Al-Oboudi, Recreation Services Manager, (310) 802-5404. In the event of inclement weather, the Veterans Day Multi-Generation Event will be held at the Joslyn Community Center, 1601 Valley Drive, Manhattan Beach, CA 90266.

### 21st Holiday Open House and 26th Annual Pier Lighting

The 26th Annual Pier Lighting and The 21st Annual Holiday Open House will be held Wednesday, November 18, 2015, from 6:00 PM - 9:00 PM in downtown Manhattan Beach and Manhattan Beach Pier.

Come celebrate our annual Holiday Open House together with the City of Manhattan Beach Pier Lighting Ceremony. Downtown merchants will be open until 9:00 PM and are sure to offer some distinctive gifts and intriguing offers this holiday season. Our restaurants will be serving their original menus and some sampling is sure to get your palette started for an evening of wonderful food.

Metro Female-Focused Networking Event Metro and the construction industry are looking for women who want to join their ranks, learn a construction career and help Metro build the transportation infrastructure

for the future.

Do you want to be part of the team? Join Metro's first-ever female focused construction networking event on Tuesday, Nov. 17 from 9 a.m. until 2 p.m. at the Los Angeles Trade Technical College, 400 W. Washington Blvd. Los Angeles, CA 90015.

There will be recruiters from: trade unions, managerial ranks at construction firms, construction-related businesses, pre-apprenticeship training programs, prime contractors. Remember you need to register for this great opportunity visit [metrodeod.wufoo.com/forms/women-build-metro-los-angeles-2015/](http://metrodeod.wufoo.com/forms/women-build-metro-los-angeles-2015/)

We encourage the public to use public transit since parking will be limited. Metro Blue Line Grand Station is just outside L.A. Trade Tech. Plan your trip at [metro.net](http://metro.net) . •



Elf with Pearl Earring after Vermeer by Margaret Lindsey

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The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

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2BD1BA coin laundry, 1 parking spot, \$2000/mo. 350 1/2 Concord Street Unit B. Contact 310-322-6099.

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#### EMPLOYMENT

Freelance Writer wanted for local community newspapers. Area to be covered is El Segundo, Torrance and nearby cities. Topics include local events, people and other items of interest, possibly a city council or school board meeting. You must have some writing experience. Please send a sample of your writing and resume to [management@heraldpublications.com](mailto:management@heraldpublications.com). No phone calls please.

#### EMPLOYMENT

MARKET RSRCH ANALYST Internet Brands, Inc. has an opportunity in El Segundo, CA for a Dir of Prod Mgmt. Exp must incl exp creating compelling products & consumer experiences. Reqs incl Bachelor s deg & 5 yrs exp. Mail resume to Attn: HR, 909 N. Sepulveda Blvd, Fl 11, El Segundo, CA 90245, Ref #ESJPA. Must be legally auth to work in the U.S. w/out sponsorship. EOE

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Clothing and Home Goods sale Friday-Saturday: 11/6-11/7, 8am-1pm. New and used items. See Judy and Monique-857 Sheldon, El Segundo 90245.

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#### SEEKING ROOM FOR RENT

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#### YARD SALE

Saturday 11/7 648 West Sycamore Ave. ES. Table, bird bath, and plants.



# Skechers Pier-to-Pier Walk

Photos courtesy of Skechers



Above: The crowd is gathered for the walk on a grey Sunday morning.

Below: Friendship Circle volunteers cheering on the walkers.





Above: A young participant high-fives the Redondo Union cheerleaders.

Below: Walkers included the Mira Costa Volleyball team.

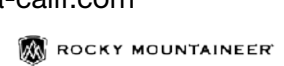


A friendship walker followed by the Mira Costa marching band.

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# Cooking in the Sun

By Thomas E. Cappiello

I love the outdoors, but today's column isn't about summer barbeque. My Dad was from Brooklyn New York and was not into camping, hunting or fishing. He did, however, teach me to play golf and that is the outdoor activity I most enjoy today.

As a kid I loved all sports. I was always out in the summer sun playing kick-ball, baseball, tag football, volleyball, basketball, racket ball or tennis. When I was working, I was either cutting grass or painting or doing some sort of outdoor maintenance work or some part-time construction job. Growing up I was working or playing in the sun from dawn to dusk seven days a week.

The thing I enjoyed most during the summer months in high school was driving down to the Jersey shore with a gang of friends. We'd go to Ocean City and hang out on the beach for hours or walk the boardwalk. Invariably we stayed in the hot sun until we were burned to a crisp. I remember one summer getting so sunburned on my back, I blistered.

In college for several summers I got very tanned driving an old tractor, hatless and shirtless, from dawn to dusk cutting the roadside grass. I covered 40 miles or so a day, driving in one direction from the break of dawn to sunset. Then I would park the tractor and hitchhike back to where I left my car.

In my youth I didn't know that too much exposure to the sun could lead to cancer. Working in Tokyo for many years, I was hardly ever in the sun, so I never gave it much thought. I had an office job and most of time I was commuting by subway. On the weekends in Japan I went sailing in the summer and skiing in the winter. In later years I got into equestrian riding and would ride out doors on the weekends all year long. It wasn't until we moved back to Florida in 1998 that I became conscious of how much sun exposure I was getting.

My wife Yoko, on the other hand, being Japanese, has always minimized her exposure to the sun. When Yoko is outdoors she wears a wide-brim hat and sprays on SPF 50 sunscreen. Her attitude toward being in the sun has to do, to some degree, with what the Japanese have traditionally thought when it comes to skin "beauty." The geisha and the beautiful young maiko (geisha in training) powered their faces white as a way to enhance their beauty. Japanese who work outdoors are subject to getting sun "spots" or blemishes on their skin, creating imperfections. The Japanese are taught in school about the danger of too much sun exposure.

About four years ago, as I was being treated for lung cancer, my oncologist noticed a spot on my scalp that, to my untrained eye, looked like nothing more than a freckle. My oncologist thought the spot looked suspicious and advised me to see a dermatologist. I did. One week later the biopsy came back positive as early stage melanoma.

I had surgery to remove the malignancy. I thought the surgery would be no big deal. I was wrong. It turned out, the out-patient surgery required a two inch diameter circle of skin be removed from my scalp. It was replaced by a skin graft that took months to heal. The surgery left me with an ugly permanent scar on the back of my head. Ever since I see a dermatologist every six months for a full body exam covering every inch of skin.

The worse part of this story is that my beautiful wife, who, now having been vindicated about the danger of sun exposure, nags me whenever I go out doors. "Wear a hat, put on sunscreen, and cover your face and ears with sunscreen," she says.

It's hard for me to admit, but she is right. I don't want to be any uglier than I already am. And that's what skin cancer can do for you, or worse.

Thomas E. Cappiello is an eight year lung-cancer survivor and founder and president of The Lung Cancer Research Council, Inc., a non-profit charity dedicated to promoting lung cancer awareness, screening and early detection. Write to him at [tcappiello@np.zypha.com](mailto:tcappiello@np.zypha.com) or visit [www.lungcancerresearchcouncil.org](http://www.lungcancerresearchcouncil.org).

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# Sweeney's Simply Satisfying 'Cacio E Pepe'



(from the movie "Burnt")  
Servings: 4

## Ingredients

- 1 package dried spaghetti
- 1 tablespoon coarsely ground black pepper
- 2 1/2 cups Castello Aged Havarti, shredded
- 3 1/2 tablespoons butter 1 clove garlic, peeled and crushed
- 2 tablespoons fresh chives, chopped
- Salt

## Preparation

1. In a large saucepan of boiling, salted water, cook spaghetti until 'al dente.'
2. While the pasta is cooking, add black pepper to a non-stick skillet and toast until fragrant. Add the butter and garlic and cook for one additional minute, until butter is melted.
3. Drain pasta, reserving 1/2 cup of the pasta liquid. Place the pasta and liquid back into the saucepan.
4. Toss with shredded Aged Havarti, season with salt (optional) and top with fresh chives.

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# Looking Up

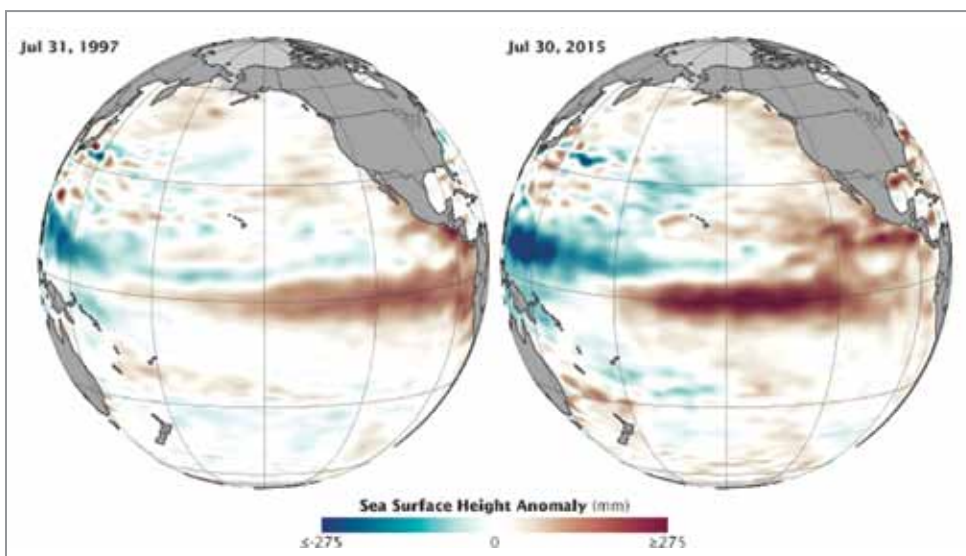
## NASA Studies El Niño Event as Never Before

Based on press release from NASA, provided by Bob Eklund

Every two to seven years, an unusually warm pool of water—sometimes 4 to 5 degrees Fahrenheit higher than normal—develops across the eastern tropical Pacific Ocean to create a natural short-term climate change event. This warm condition, known as El Niño, affects the local aquatic environment, but also spurs extreme weather patterns around the world, from flooding in California to droughts in Australia. This winter, the 2015-16 El Niño event will be better observed from space than any previous El Niño.

This year's El Niño is already strong and appears likely to equal the event of 1997-98, the strongest El Niño on record, according to the World Meteorological Organization. All 19 of NASA's current orbiting Earth-observing missions were launched after 1997. In the past two decades, NASA has made tremendous progress in gathering and analyzing data that help researchers understand more about the mechanics and global impacts of El Niño.

"El Niño is a fascinating phenomenon because it has such far-reaching and diverse impacts. The fact that fires in Indonesia are linked with circulation patterns that influence rainfall over the United States shows how complex and interconnected the Earth system is," said Lesley Ott, research meteorologist at NASA's Goddard Space Flight Center,



A side-by-side comparison of two sea surface heights, measured in July 1997 and 2015, by TOPEX/Poseidon and Jason 2, respectively. Scientists believe that this year's El Niño event will be equal to the event in 1997, which was the strongest event on record. Photo: NASA Earth Observatory.

Greenbelt, Maryland.

Using NASA satellite observations in tandem with supercomputer processing power for modeling systems, scientists have a comprehensive suite of tools to analyze El Niño events and their global impacts as never before. Throughout this winter, NASA will share the latest scientific insights and imagery updates related to El Niño.

For instance, scientists are learning how El Niño affects the year-to-year variability

for fire seasons in the western United States, Amazon and Indonesia. El Niño may also affect the yearly variability of the ground-level pollutant ozone that severely affects human health. Researchers will be keenly focused on how the current El Niño will affect the drought in California.

"We still have a lot to learn about these connections, and NASA's suite of satellites will help us understand these processes in a new and deeper way," said Ott.

Many NASA satellites observe environmental factors that are associated with El Niño evolution and its impacts, including sea surface temperature, sea surface height, surface currents, atmospheric winds and ocean color. The joint NASA/NOAA/CNES/EUMETSAT Jason-2 satellite measures sea surface height, which is especially useful in quantifying the heat stored and released by the oceans during El Niño years.

NASA satellites also help scientists see the global impact of El Niño. The warmer than normal eastern Pacific Ocean has far-reaching effects worldwide. These events spur disasters, such as fires and floods. They change storm tracks, cloud cover and other weather patterns, and they have devastating effects on fisheries and other industries.

NASA's Earth-observing satellites help monitor those and other impacts by measuring land and ocean conditions that both influence and are affected by El Niño. For instance, NASA's Global Precipitation Measurement mission provides worldwide precipitation measurements every three hours. NASA's Soil Moisture Active Passive mission measures soil moisture in the top layer of land. Both of these satellites are useful for monitoring drought, improving flood warnings and watching crop and fishing industries. For NASA's El Niño Watch page, visit <https://sealevel.jpl.nasa.gov/science/elninopdo/latestdata/> •



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## Film Review

### Trumbo is Classic Hollywood Done Right with Bryan Cranston as Blacklisted Screenwriter

Jasper Bernbaum for  
CINEMACY

The Commies are having a moment in Hollywood. On the heels of the fantastic *Bridge of Spies* Cold War drama comes *Trumbo*—an earnest, if not clunky biopic about blacklisted Hollywood screenwriter Dalton Trumbo. *Trumbo*, the film, almost plays too close to a standard awards-season biopic, though Trumbo, the subject, is an important if not complicated figure that Hollywood can stand to, again, learn from.

The film follows the height of legendary, Academy Award-winning screenwriter Dalton Trumbo's career. To say 'height' of his career may prove oxymoronic. Trumbo and the rest of the Hollywood Ten's tenure on the Hollywood Blacklist for their Communist ideologies put any communist sympathizers out of work in the business. Soon, Trumbo and his comrades find a route to work writing hundreds of screenplays under pseudonyms for studios tremendous and trashy. He would even win two Academy Awards during this time period under different writer's credits for *Roman Holiday* and *The Brave One* only to be limited to watching the ceremonies from his couch, next to his wife and three children. Soon, Trumbo begins to fight back against the Communist prejudice and work his way back into Hollywood.

*Trumbo* is easily director Jay Roach's "best" film in the most academic sense of the word. It is not nearly as memorable as his decade-defining *Meet the Parents* and *Austin Powers* trilogies -- if that is really an appropriate word -- though it is his most refined and carefully crafted. This is in large part due to the very gifted ensemble he has rounded up. Bryan Cranston, for better or for worse, chews up the scenery as Dalton Trumbo in a larger-than-life performance befitting of Trumbo's towering personality. The performance is quite hammy next to Diane Lane's subdued portrayal of his wife Cleo or Louis CK's earnest, though awkward, portrayal of the fictitious Arlen Hird - a character compendium of many of Trumbo's



Bryan Cranston and Diane Lane in *Trumbo*. Courtesy of Bleeker Street.

comrades. Cranston disappears into the role though, leaving us with a better sense of the very complicated man behind the typewriter. Look for reliably standout supporting turns from the always great Michael Stuhlbarg, Helen Mirren, and John Goodman as well.

Despite John McNamara's quick-witted script, the film slogs along for a picture that clocks in at a bit beyond two hours. The beginning takes off with the light feet of the most harmless made-for-TV movies and the brains of an Oscar player, though the pace slows by a significant amount during Trumbo's blacklisted years. While this is truly the most affecting portion of the film - it becomes rather repetitious, not unlike Trumbo's career during that time. The history lessons and moral lectures do become a bit cumbersome and things get a bit clunky in the final act, but *Trumbo* is really too charming of a film to get down on. Sharp, funny and very clean in its craft, it's classic Hollywood done right - something that Mr. Trumbo himself would be quite pleased with.

Check out [www.CINEMACY.com](http://www.CINEMACY.com) for our one of a kind interview with Bryan Cranston, Diane Lane, Elle Fanning, Michael Stuhlbarg, and Director Jay Roach. Cranston talks about getting into the character of Dalton, incessant smoking included, while Fanning talks about her favorite costumes as Dalton's daughter, Nikola Trumbo. From Roach's interest in the Hollywood Ten to the actor's initial script impressions, our interview highlights the individual connections everyone made to the film and is nothing short of inspiring, and a fun read. •

**USBA**  
UNIFIED SMALL BUSINESS ALLIANCE

## 2nd Annual Community EXPO

Wednesday, November 18, 2015

At the Torrance Cultural Arts Center *Toyota Meeting Hall*

3330 Civic Center Drive in Torrance

From Noon - 7PM

Note: **Meet & Greet your elected South Bay Representatives including State Assemblyman David Hadley, Torrance Mayor Patrick J. Furey, Torrance Councilman Tim Goodrich, Torrance Councilman Mike Griffiths, Torrance Councilman Geoff Rizzo, Torrance Councilman Kurt Weideman, Torrance City Clerk Rebecca Poirier and others from 2-3pm!**

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# PETSPETS **Pets** PETSPETS

## Purrrfect Companions



Figaro is a tuxedo kitten who is very sweet.

your lap. She is silky soft and has beautiful fluffy fur. Marble loves other cats and can be adopted with one of her foster siblings or into a home with other young kitty.

**Julep** is one of the most sweet and loving momma cats ever. She and her kittens were scheduled to be euthanized at the city shelter when Kitten Rescue rushed out to save them. Julep was terrified, but was doing everything she could to keep her kittens safe and healthy. Just minutes out of the carrier, once she knew she was safe, Julep was purring, kneading and giving nose kisses! Her Kitten Cam fans call her the Zen momma cat, because she never loses patience with her kittens! (You can see her and her kittens at [www.livestream.com/SKCR](http://www.livestream.com/SKCR)) She loves playing, napping and cuddling with them. Julep would love if she could be adopted with her two adorable and sweet kittens, Amaretto and Martini. The three of them are very bonded, but if necessary, she can be adopted separately.



Amaretto is daring and adventurous.

Looking for your purr-fect match? Kitties of all colors and sizes are ready for their forever home with you.

**Figaro** is a silky soft long-haired tuxedo kitten with a mini mustache. This little goof ball bounces around like a pigmy goat with a full fat belly and more fuzz than she knows what to do with. Figaro is downright adorable and incredibly sweet. She is on the mellow side, but is incredibly food motivated. She eats like a "hungry-hungry-hippo" and is shaped like a Fig...just perfect since we often call her Figgy!

**Marble** is a super sweet lap cat. She is a three-month-old kitten who likes to play, but is also very mellow and loves to cuddle. The second you sit down, she will be on



Julep is a sweet momma cat who takes care of her kittens.



Martini loves to play and climb.

lovable, low-maintenance, silent-type. He is just kind of perfect, really. This handsome kitty is playful, mellow, and just a naturally happy and contented little boy. He loves to play, and plays with any other kitten who is up for a game. His easy-going nature means he's also buddies with anyone who wants to be buddies - he'll snuggle up with anyone in the household who wants a snuggle buddy. Valerius is very social, so he needs to be adopted either along with another kitten or to a home where there is already another animal (kitten, adult cat, or cat-loving puppy or adult dog) that would be his full-time playmate. His beautiful, sweet siblings and playmates are available for adoption also. Please also keep an eye out for them on here as well: Maximus, Lucretia, Valeria, Tullia, Festus, Augustus, and Bitsy.



Marble is silky soft with beautiful fur.

**Martini** is a sweet, playful adorable kitten! She likes to leap into your arms for a hug and a kiss! Martini has been known to enjoy a little nap on shoulders as well! She has a very sweet temperament and loves to play. She is a great climber and thoroughly enjoys wrestling and chasing after her sister Amaretto as well as her momma Julep.

**Amaretto** is an adorable, playful and adventurous girl. Amaretto has always been the most daring of the bunch! She is the first one to climb, jump and say hello to strangers. This loving little kitten has a very sweet temperament and loves to give nose kisses! She is very bonded to her sister Martini and her mom. Julep and her daughters Martini and Amaretto had a rough beginning in life and now ready to find their forever home and family!

**Valerius** means "Strong" in Latin; he got that name because he was, without a doubt, the biggest and strongest of his litter. He has continued to remain so, and is larger than both his siblings. Valerius is a big, strong,

These kitties are available for adoption through Kitten Rescue, one of the largest cat rescue groups in Southern California. All of our kitties are spayed/neutered, microchipped, tested for FeLV and FIV, dewormed and current on their vaccinations. For additional information and to see these or our other kittens and cats, please check our website [www.kittenrescue.org](http://www.kittenrescue.org) or email us at [mail@kittenrescue.org](mailto:mail@kittenrescue.org). Your tax deductible donations for the rescue and care of our cats and kittens can be made through our website or by sending a check payable to Kitten Rescue, 914 Westwood Blvd. #583, Los Angeles, CA 90024.

On Saturdays, we have adoptions from noon to 3:30 p.m. in Westchester at 8655 Lincoln Blvd. just south of Manchester Ave. and also in Mar Vista at 3860 Centinela Ave, just south of Venice Boulevard. Our website lists additional adoption sites and directions to each location. •



Valerius is big, strong, and loveable.

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If you see a dog with a **YELLOW RIBBON** or something yellow on the leash, **this is a dog who needs some space.** Please do not approach this dog with your dog. Please maintain distance or give this dog and his/her person time to move out of your way.






There are many reasons why a dog may need space:

- HEALTH ISSUES
- IN TRAINING
- BEING REHABILITATED
- SCARED OR REACTIVE AROUND OTHER DOGS

### THANK YOU!

Those of us who own these dogs appreciate your help and respect!

Illustrated by Lili Chin [www.doggiedrawings.net](http://www.doggiedrawings.net)