

Manhattan Beach Sun

The Weekly Newspaper of Manhattan Beach

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Help a Senior Dog Find a New Home



Regal and ever-so-charming Mattias is looking for a special someone to call his own! Currently a resident at Harbor Animal Care Center, he's hoping to find his way to a warm and loving home. He's as sweet as he is gorgeous, walks nicely on a leash, is a very gentle treat taker, and super affectionate: a volunteer favorite!! If you're looking for an extra special addition to the family and have a soft spot for seniors (they are the best!), please consider adopting Mattias (A1569322), 10 year old, neutered male, German Shepherd. Harbor Animal Care Center, San Pedro, 310.548.2632. VIDEO: <https://www.youtube.com/watch?v=nqFtlPexwJO>

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Weekend Forecast

Friday, Sept. 4
Sunny
76°/64°



Saturday, Sept. 5
Sunny
76°/63°



Sunday, Sept. 6
Sunny
78°/66°



A Day in the Life of a Museum Educator

By Nancy Peters

Finding passion in a career is not necessarily an easy task. Some know, from an early age, being a member of a police or fire department or being a nurse or doctor or teacher is all they want to be. Many don't know what they want to be when they grow up, even into adulthood.

Chelsea Hogan took a few years to realize her life's passion. Born in Syracuse, she grew up in Ithaca, a college town where her mother was a professor. Her father was an architect and art lover. Floundering after high school but resistant to more school, her mother urged attending Ithaca College. Her father counseled--at least one art history class should be mandatory for every college student. Chelsea found so much truth in her father's advice.

"I took that art history course and Bam! There I was delving into art, realizing how much I could learn from it. I had not been a lover of school, until then," she related. "I followed my Bachelor's degree in art history with a Master's program at George Washington University (GWU) in D.C., which actually offers a Master's in Museum Education. I was off and running.

"I could combine my camp counselor jobs working with children and my love of art history into a career. It did take three years to jump into that next phase of schooling though. So, I worked in a local coffee shop. Former professors would come in, ask me what was next, but I would just pour the coffee, shrugging my shoulders, saying I wasn't sure yet.

"I did volunteer work with youth at the Herbert F. Johnson Museum at Cornell University in Ithaca. Teaching them made a light bulb go off. I found GWU's program. It all made sense then--art, kids, museums. I knew 'This is my calling--educate through art!'"

While living in D.C., Chelsea became an

Interpretive Ranger at a National Park Service Historic Site, the Frederick Douglass House on Cedar Hill in the Anacostia neighborhood. She guided children through the mansion, in which 90 percent of the objects belonged to the famed abolitionist. In that interpretive art space, combining history and art was a learning experience for all who entered. Also, a neighborhood charter school, where she was an assistant teacher, utilized Chelsea's knowledge of the Douglass House to create a course about his legacy.

Working at Smithsonian's National Portrait Gallery as a Staff Educator, Chelsea taught art history through portraiture. Her time in D.C. was interrupted when an opportunity at The Getty Villa presented itself.

"I applied and a seven-hour phone interview with the Education staff led to being hired," said Chelsea. "Working among those ancient artifacts, the beauty of that villa above the Pacific Ocean in Malibu, now that is a career goal," she laughed.

Chelsea's communication skills make it easy to understand getting the job without meeting her. Her extensive knowledge of art and history and her unique, charming way, sharing that knowledge, kept her at The Villa for three years, before a layoff of those in the Education and Visitor Services included 33 other people during an economic downturn.

"I learned so much about communicating art at The Villa, presenting artwork with the right words to draw people in to its significance. A curator at The Villa talked to me for 90 minutes about one vase! Incredible learning lesson that was," she shared.

In 2013, a former coworker who lived in El Segundo recommended Chelsea to two collectors planning a new art experience in a town near LAX. The place was not built yet. She had never heard of the town. El Segundo? Where is that?

She was hired by Brian and Eva Sweeney to be a Museum Educator for their dream

project. Originally called "El Segundo Museum of Art," ESMoA was created to showcase the private, extensive, eclectic collection owned by the Sweeneys, publicly sharing art in a space created and designed by Eva, an architect. The shared passion for art with Chelsea Hogan caused her to be hired on the spot.

"My job at ESMoA is a passion fulfilled. ESMoA is more specifically an art laboratory. We bring art to children and adults in experiences that change lives," Chelsea explained. "We are open on weekends to share art with the public, but our main focus is creating programs that educate youth in the 'classroom' that is ESMoA. I helped create the school programs, with the other Education Specialists, and school children come to learn art at ESMoA.

"We make the art accessible to them. We create excitement. They come back with their families on weekends. To be successful we had to know our audience, the families of El Segundo. I have become the ad hoc community liaison for ESMoA. ESMoA is in the Chamber of Commerce. I recently was appointed to that Executive Board. I am a member of Rotary Club which involves fundraising for youth programs.

"As a new member of the El Segundo community in 2013, we had to learn fast about the town, the townspeople, and the audiences we were trying to reach. Now we take the art to classrooms and the children welcome me because they've come to ESMoA Family Days or other programs and they understand the experience. They are excited about art.

"I am a Museum Educator! WOW! I took one art history class and now look at me," she concluded with that infectious laugh.

When Chelsea is not educating about art, she is utilizing her creative muscles as an Improvisational Actor with MIIs (Mission Improvable): Westside Comedy Theater in Santa Monica, where she resides and from

See Museum, page 2

Change How You Think About Estate Planning to Avoid Procrastination

By R Christine Brown, southbay-elderlaw.com

The simple and unpleasant truth of estate planning is this: few people enjoy spending time contemplating their own mortality. Estate Planning requires recognition that at some point in the future you will no longer be alive, which leads to anxiety. This is the biggest reason, advisors say, that people put off estate planning. Unfortunately, our heirs pay the ultimate price when we fail to plan.

Many people are reluctant to dig into the issues of estate planning, according to an article on financial-planning.com, "3 Biggest Barriers to Successful Estate Planning." The anxiety associated with estate planning leads to three major behavior responses: procrastination, indecision and inattention. Our advice? "Get Going!" Make an appointment to speak with an estate planning attorney and get the process underway. Sometimes just having the appointment can lessen some of the anxiety.

1. Procrastination. Fear is a major contributor to procrastination. You know, dealing with your own mortality... who likes to think about that? We're always too busy, and there's always something better to do, like clean the garage or organize your sock drawer. It's easier to let that fear of our mortality grow than to face it.

2. Indecision. Some folks put off doing anything because they are riddled with indecision. There are too many decisions

to make, so it's easier to not make any. Sometimes people get hung up on selecting a guardian for their minor children. Because they can't choose one, they don't do anything else in their estate planning. Another example is the person who is so worried about giving money to her kids. Because she knows they can't handle it, she makes no plans at all!

3. Inattention. Outdated plans are a major problem in estate planning. If folks don't review their documents and update them when necessary, their estate plans become obsolete. The complexity of the subject, the constantly changing tax laws, and "estate planning fatigue" can contribute to frustration and anxiety, which causes people to avoid taking any action or to procrastinate.

Your estate planning attorney can give you an annual analysis of your total assets available for heirs. You can then re-examine how much you want to give to your heirs. Think of it not as making lifelong decisions, but as making decisions twelve months at a time. Look at it as re-comforting yourself every twelve months, and you can feel better knowing you're doing OK.

Please visit our website for information on elder law, Medi-Cal Planning and estate planning issues, and sign up for our free monthly e-newsletter. The archive on our website contains numerous blog posts on these legal areas as well. You can also "friend" us on Facebook (R Christine Brown) to receive periodic posts on elder law issues. •

Museum

from front page



Chelsea Hogan, museum educator at ESMoA, with a group of children. Photo by Nancy Peters.


where she biked to work in El Segundo for two years! She teaches a youth Improv class at El Segundo Recreation and Parks---ever the educator.

"One thing I know---there is never a wrong answer. Know your audience. Listen to their question. Respond and make them feel understood! Art makes me feel great!!" •



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Community Briefs

Neptunian Woman's Club Logo Design Contest

The Neptunian Woman's Club of Manhattan Beach (NWC) calls all local students, artists and designers to create a one-of-a-kind logo! NWC is updating their visual identity and this is a contest to design a new logo.

The logo should be unique and recognizable to help promote our organization's mission. The logo will be used online and in print. To begin, email NeptunianWomansClubMB@gmail.com

to obtain the official Creative Brief for the logo and Logo Contest Entry Form. The contest is open to everyone. There is no fee to enter. Two entries per person maximum. Original entries must be submitted by email to NeptunianWomansClubMB@gmail.com by 5:00 pm., September 15th, 2015. The winning logo creator will receive a \$500 cash award.

2015 Great Shakeout

The 2015 Great Shakeout will be held Saturday, October 17th, 2015, from 10am to 2pm at the Manhattan Beach Studios lot. Approximately 200 CERT Responders from our South Bay CERT organizations will practice their complete array of CERT skills: fire suppression, cribbing, light search and rescue, hazmat, utility hazards,

communications, ICS, triage, and medical. All skill levels and physical abilities are welcome. CERT members and citizens over the age of 18 wishing to play the role of "Victims" also needed. Sign up with your name and CERT organization as a responder or a victim at: <http://mbcerta.org/shakeout/> or contact training2015@bcjco.org

Reserve Officer Receives Distinguished Service Award

On August 7, 2015, Reserve Police Officer Michelle Darringer was honored with the 2015 California Reserve Peace Officers Association's Distinguished Service Award at a luncheon in Sacramento. Officer Darringer has been a volunteer member of the Manhattan Beach Police Department's Reserve Officer Corps since 1993. Over her twenty-two years with the Department, Officer Darringer has served well-above and beyond her monthly minimum requirement of 20 hours.

Officer Darringer continues to be a committed member of the MBPD Corps, and provides strength to MBPD staffing efforts by attending all of the trainings and meetings required by all full-time officers, and offers her assistance wherever and however possible. Officer Darringer is also a member of MBPD's Crisis Negotiations Team, and is the only reserve officer to ever be appointed to this team.

Officer Darringer can be counted on to work

patrol assignments when there are staffing shortages. Manhattan Beach Police Department is proud of Reserve Officer Michelle Darringer and congratulates her on being recognized for her outstanding achievements.



Michelle Darringer received the 2015 California Reserve Peace Officers Association Distinguished Service Award. Photo courtesy of MBPD.

Food Waste Recycling Program

Waste Management of Southern California and the City of Manhattan Beach announced today the roll out of a full-scale food waste recycling program for both residential and commercial customers aimed at converting food scraps into green, renewable energy. Food waste collection will now be offered as part of standard waste and recycling services provided by Waste Management. This is the first program of its kind to launch in a Waste Management of Southern California served city.

Residents will receive a small kitchen container where they can place their unused food. Participating residents will then be asked to transfer their scraps to a compostable or

regular trash bag and place it in their green waste cart for regular pick up. Business establishments will sign up for the program by requesting a site visit from Waste Management to customize their food waste collection based on their business needs and a staff training program will be established.

Beginning August 3, residents with green waste containers may begin recycling food waste by placing their food waste inside a plastic bag, securely tied, then placing the bag inside their green waste container. To learn more about Waste Management's expanded residential and commercial food waste recycling programs, visit <http://manhattanbeach.wm.com/index.jsp>.

Community Strategic Plan Input Wanted

The Manhattan Beach Police Department is seeking community involvement in the development of a new Strategic Plan for 2016-2018. The Strategic Plan will serve as a road map for the next three years to guide the Police Department in our delivery of service to the community of Manhattan Beach.

Citizen involvement is essential to the process, as it ensures the Strategic Plan and police services are responsive to our community's needs. The Police Department will host two workshops where it will gather

input regarding the new strategic plan. In addition, there will be a review of the progress made under the current strategic plan, which ends on December 31, 2015.

The following public workshops are offered (please select one): Tuesday, September 8, 2015, 6:30 PM - 8:30 PM or Wednesday, September 16, 2015, 6:30 PM - 8:30 PM in the Community Room of the Police Station located at 420 15th St., Manhattan Beach. For more information about the public workshops, please call: Julie Dahlgren (310) 802-5118. •

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Seniors

Customized Knee Implants Offer Advantages To Patients



(BPT) - By 2030, the number of people turning to knee replacement surgery to end pain and regain mobility will likely increase to 3.5 million annually, according to the American Academy of Orthopaedic Surgeons. For many patients, recovery from knee replacement surgery is painful and slow, and the results are often not what people expect. Multiple clinical studies have found that on average one in five patients who have a knee replacement are dissatisfied with the result because of pain after surgery or because their new knee feels unnatural.

Seventy-two-year-old Ohio resident Tedd Boomershine went from running daily to having trouble walking and completing day to day tasks. When the pain became so severe it was debilitating, he decided to look into replacement surgery for both of his knees. His doctor told him about his options, including a customized implant from ConforMIS, Inc. called iTotal(R) that is now available for total knee replacements. He liked the idea that the implant would be specifically designed to fit his anatomy based on a CT scan of his knees.

"I had no second thoughts about surgery at all. I wanted to get back to my active lifestyle and enjoy my evening walks with my dog, Stella, again," says Boomershine.

"Two weeks after my bilateral surgery with the ConforMIS customized knees, I was walking without the assistance of a cane or a walker and I was able to drive. Now after eight months, my knees are pain free and have total flexibility, my legs are straighter, my stride is better and I no longer have lower back pain. The best part is that I have been able to resume my evening walks with Stella."

Seven weeks after surgery Boomershine was able to walk to his fitness center, ride the bike and do weight machines and then walk back home, a total of three miles daily. Dr. Dan Dunaway, of Far Oaks Orthopedists in Dayton, Ohio reports that Boomershine's recovery is similar to other iTotal recoveries he has seen.

"Tedd has had an outstanding recovery, which is something we are now regularly seeing for patients who have both total and partial knee replacements with ConforMIS customized implants. Patients are able to get back to their normal routines much faster and with less pain. With an implant that is designed to fit that patient, the surgery often involves less blood loss and we can retain more of the patient's natural knee. This is a major advance in knee replacement surgery," says Dunaway.

Dunaway suggests that all patients ask their surgeon some important questions before making a decision about knee surgery:

- Is a customized knee implant that is designed based on my own anatomy an option for me?
- Could a customized knee mean less pain and a faster recovery?
- Will I be able to enjoy an active lifestyle again?

For more information about ConforMIS customized implants please visit: www.conformis.com.

Absence Makes the Heart Grow Fonder

By Thomas E. Cappiello

Mark Twain once said, "The rumors of my death are have been greatly exaggerated." I guess that, as a writer, Mark Twain also had long absences. I am told that people have been wondering what happened to me, since I have not written an article for the newspaper lately.

I am still very much alive and actively advocating for lung cancer. I have not been submitting columns because, frankly, I ran out of things to say. After writing 180,000 words about the under-funding of lung cancer and the unfairness of how cancer research dollars are allocated, I started to sound like a broken record. I was afraid people would lose interest in the substance of my message. "If you have nothing to say, say nothing" is another Samuel Clements pearl.

When I originally started writing back in 2007, I was fairly convinced I was about to die. I had a lot I wanted to say. It was obvious that lung cancer has not had a fair shake in terms of getting research funding. But as time moved on and my imminent death became exceedingly extended, I had less and less to say. Time was on my side again. Facing what I thought was certain death brought out raw emotions from which my writing and advocacy benefited. But after a while those emotions faded. For me, life once again became normal. There was no longer a looming personal crisis I needed to write about.

Today I am writing at the urging of a seventy-something woman, a former smoker. She was recently diagnosed with early stage lung cancer that has been successfully treated. She says she has a very good prognosis. She saw articles I had written about lung cancer screening last fall and talked to her doctor. She had also seen advertising about low-dose CT screening for lung cancer. A few weeks ago, she reached out to tell me that my efforts saved her life. She urged me to continue writing.

The Talmud says that "Whoever saves one life, saves the world entire." Of course I want to do more to save more lives! The question is how? What more is there to say?

Anyone who know me knows I always have something to say. In fact, people have a

hard time getting me to shut up long enough to get a word in edgewise. It's a personality flaw that I can readily admit to and not so readily correct. It's the reason why writing is such a good outlet for someone like me. It allows me to say what is on my mind without interruption. The plan for this space going forward is to write about things happening daily in my life that may give hope and inspiration to others who are dealing with cancer or any other disease or personal crisis.

If you don't know anything about my background or why I started writing in the first place, let me provide a re-cap:

On October 5th 2007, at the age of 52, I was diagnosed with Stage IIIA Adenocarcinoma (Non-Small Cell Lung Cancer). I had an inoperable tumor in the upper posterior of my right lung that was approximately nine centimeters in size – about as big as a baseball. The tumor has spread to the lymph nodes in the central chest and almost into my left lung. It was impinging on the central vena cava that supplies blood to the brain and it was entirely possible that I would have a stroke or worse if some kind of intervention wasn't done immediately.

My doctors quickly determined that this cancer was inoperable. I set upon a course of treatments that would last five years. As I began reflecting about what I had accomplished in my life, I prayed that God would grant me the time to re-dedicate the rest life to helping others. I felt that I had wasted precious time for most of my life. I did not want to die having accomplished nothing of substance. I wanted to leave some lasting legacy.

I began to write about my life and life lessons for the sake of my children and grandchildren. That has now extended to my readers. I hope you find my thoughts about living a meaningful life worth reading. My goal is to inspire you to do more to change the world and become an inspiration to others.

Thomas E. Cappiello is an eight year lung-cancer survivor and founder and president of The Lung Cancer Research Council, Inc., a non-profit charity dedicated to promoting lung cancer awareness, screening and early detection. Write to him at tcappiello@np.zypha.com or visit www.lungcancerresearchcouncil.org

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The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

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Finance

Make Your Home Office Efficient and Productive

(BPT) - 3.3 million people are telecommuting at least half the time, according to the 2012 American Community Survey conducted by Global Workplace Analytics. The cost savings for being able to work in the comfort of your own home and having fewer distractions are all benefits to setting up a home office.

If you're working from home full-time, or just one day a week, having your home office designed for increased efficiency is important. Here are some tips for layout and design so you can enjoy spending time at the office - while at home.

• **Make it a comfortable space** - A comfy work chair, space to pace, a clear desk space dedicated to work-related materials ... all of these elements are important for designing an efficient home office. Just don't get too comfortable. For example, a bean bag instead of a chair doesn't provide a professional ambience, and that can reduce your productivity.

• **Install good lighting** - You can put a home office anywhere in the house, including the basement or garage if these areas are temperature-controlled. To help ensure that it's an enjoyable space in which to work, install quality lighting. Even if you have a window, you'll need good quality lighting on cloudy days so you can boost your mood, energy and productivity.

• **Have efficient technology** - The company office will likely have copy machines to sort, print, staple and even email documents for you. When you work from home, you need a printer that provides you with quick, quality prints, preferably without having to spend a

lot of money. The Canon MAXIFY MB2320 Home Office Inkjet Printer holds a full ream of paper in the paper tray and delivers a high-page yield with its XL ink tanks. The MAXIFY MB2320 printer is built to last for all your home-business needs and is supported by Canon U.S.A.'s 100 percent U.S.-based customer service and support.

• **Connect with the outside world** - Just because you're working from home doesn't mean you won't be working consistently with others. A strong Wi-Fi connection is a necessity for a home office. Wi-Fi connectivity will allow you to work in your home office, and also anywhere in your home. Additionally, a quality headset for your phone or cellphone will allow you to communicate with co-workers and clients without forcing them to compensate for the background noises in your home, like your washing machine or barking dog.

• **Keep it homey** - Office furniture, by its nature, is industrial; but your home doesn't have to look that way. Decorate your office like you would the rest of your home. For example, if you need to store files, instead of using a file cabinet, tuck them into a cedar chest or an ottoman. And for drawer storage, consider incorporating other home furniture like a buffet or a wardrobe to keep everything handy - as well as out of sight.

Working from home isn't just for entrepreneurs. Technology is making it easy for employees of companies of all sizes to work from home. Arranged so you can work efficiently and comfortably, you'll enjoy the benefit much more. •

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Walnut Stuffed Cherry Tomato Halves



“Who doesn’t love a stuffed cherry tomato?” Guarnaschelli says. “A mixture of cheese, peppery arugula and juicy tomatoes brings out the great richness of the nuts. Stuffed cherry tomatoes are satisfying without being filling, and make a great alternative to bread-based starters. You can assemble these appetizers ahead of time and refrigerate them until you’re ready to serve.”

Yield: 12 servings
Prep time: 15 minutes

Ingredients

- 3/4 cup fresh arugula leaves, coarsely chopped
- 1/2 cup (2 ounces) coarsely chopped Fisher Walnut Halves and Pieces, toasted
- 1/2 cup finely grated Parmesan cheese
- 2 tablespoons extra-virgin olive oil
- 1 teaspoon balsamic vinegar
- 1 teaspoon grated lemon zest
- 1/8 teaspoon salt
- 36 cherry tomatoes

Preparation

1. Toast the walnuts by placing them in a large non-stick skillet over medium heat. Stir frequently until the walnuts turn golden - about three to five minutes.
2. Combine the arugula with the walnuts, cheese, olive oil, vinegar and lemon zest; set aside.
3. Cut the tops off the tomatoes. Use a small spoon (such as an espresso spoon), the handle of a teaspoon or a melon baller to gently remove the majority of the seeds and pulp, taking care not to pierce the skin. Season the insides lightly with salt. Fill the tomatoes with the walnut and arugula mixture. Serve at room temperature.
4. “For a more Italian experience, use authentic Parmigiano Reggiano cheese in this recipe,” Guarnaschelli suggests. “It’s more expensive than domestic Parmesan, but it has a wonderfully rich and nutty flavor.”

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1/16	200	150	125	100	75

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Film Review

Straight Outta Compton is an Impassioned Tour N.W.A.'s Rise to Fame

By Jared Anderson for CINEMACY

Arguably, the film of the moment is F. Gary Gray's *Straight Outta Compton*. Propelled by an excellent marketing campaign (because, y'know, Dr. Dre was involved) and reverence for the film's subject, the film has stood out in the August box office doldrums. There's always a lot of generalizing about American audiences being "simpleminded," but if a 2.5-hour music drama can be the biggest hit of late summer, then we're probably doing just fine. Especially when it's one as fiery, comprehensive, and entertaining as this one, millions of fans aren't wrong.

The film spans about a decade of time, from the latter days of the Reagan era right into the median of Clinton's, and chronicles the origins of hip hop group N.W.A. as well as the rise to stardom that follows. One appeal of the film is how it manages to convey the story from the perspectives of the collective's members. The ones most prevalently featured are Eric Wright, O'Shea

Jackson, and Andre Young (a.k.a. Easy-E, Ice Cube, and Dr. Dre, respectively). The narrative admirably keeps up with the individuals as it moves along, which gives an intimate quality to the film.

It's also inevitably self-referential for not only its producers (Ice Cube, Dre, and Easy-E's widow Tomica Woods-Wright) but also for F. Gary Gray, since the production of *Friday* is included here – he directed that too. This is probably why the film feels incredibly detailed and honest; it offers insight rather than hagiography. There's a real love for hip-hop demonstrated, and Gray especially highlights the creativity and energy of the medium in the recording sequences. Equally impressive are the N.W.A. concert scenes in the first half, which recapture a couple of the group's performances – including an infamous Detroit show that provoked a riot.

Straight Outta Compton is strongly acted across the board. Jason Mitchell and Corey Hawkins shine as E and Dre, as does O'Shea



Straight Outta Compton. Courtesy of Universal and Legendary Pictures.

Jackson Jr. in portraying the ferocious talent of his father Ice Cube. Also excellent is the always-reliable Paul Giamatti as N.W.A. manager Jerry Heller (playing the snooty musician's manager for the second time

this summer). And for the aforementioned run time, it zips along surprisingly well. It's absolutely one film that deserves the hype. *Straight Outta Compton* is now playing in theaters everywhere. •

PETSPETS Pets PETSPETS

Wowser Schnauzers



Romi is a little girl who needs lots of love.

We are looking for volunteers to help with our pet adoption fairs which are held every Saturday at the Petco located at 537 N. Pacific Coast Highway Redondo Beach 90277, from noon-3: 30 p.m. If you are interested in volunteering and can commit to at least one Saturday a month, please contact us at info@msfr.org. You can also visit all of our Miniature Schnauzers & Friends rescues at the adoption fair or check out our website, www.msfr.org. If you have any questions about a particular dog's availability you can email us at info@msfr.org. Schnauzers! Bet you can't adopt just one!

I'm **Romi**, a three-year old female purebred Miniature Schnauzer who was most likely dumped because my previous owners had a baby. They relinquished me to a shelter because I was "throwing up and had diarrhea" but truthfully, I think I was just having some adjustment issues with the new addition to the family. When the MSFR folks rescued me, they took me directly to their Vet where I had x-rays, and a fecal test done. There were no underlying medical problems, however, I was put on a special diet just to be safe and given precautionary medications. Since being rescued, I have exhibited no symptoms and I'm no longer on a special diet or medications. I've been spayed, had a dental exam, an umbilical hernia repaired and I'm now ready for my new home. I will admit that I am a picky eater most likely because I was an only dog and a free feeder rather than being on a feeding schedule. I'm not a very big girl, only 15

pounds but with my natural ears, docked tail and huge expressive eyes, I am a real cutie. If you are interested in Romi please email info@msfr.org for more information.

If I may, let me introduce myself. My name is **Charlotte** and I'm a two-year old glistening white female Miniature Schnauzer who is looking for someone to love. The MSFR folks rescued me just as my previous owner was returning me to a LA county shelter. I still can't believe I got returned because their Yorkie was too aggressive with me. What's a cute, little 12 pound gal to do? For six weeks I tried my best to be the perfect "daughter" and who is it that get's dumped? ME!!! I get along very well with dogs – at least those that are civilized to me - but I'm a bit shy at first meeting. Once I get to know you, I'll be your best friend and loyal companion. If you are interested in Charlotte please email info@msfr.org for more information.

Hi there, I'm **Linus**! I'm a nine-month old male Miniature Schnauzer mix who got lost and ended up at a LA county shelter as a stray. I had some folks interested in me and even had a family that was scheduled to adopt me. Sadly, they must have changed their minds at the last minute because they never came to make it official. The MSFR folks literally came to my rescue and I am so very thankful to them. They always tell me that I super sweet and what a great little (only 14 pounds) guy I am. I'm very friendly with other dogs and love people. I'm not exactly a non-shedder because I'm a mix but



Charlotte is a little shy at first but soon warms up.



Linus is very sweet and doesn't shed a lot.

you could call me a low shedder because it's not very much. The best news is that when I get groomed I can get a Schnauzer cut or you can just let me go au nature!! If you are interested in Linus, please email info@msfr.org for more information.

Hello – my name is **Stuart Little**. I am a two-year old male terrier mix who will steal your heart. I was rescued from a high-kill shelter in San Bernardino after what is considered a lengthy stay of three weeks. My personality and temperament made me stand out and I became a shelter favorite in no time. I really am a joyful,

sweet, fun-loving, guy. Everyone loves me and I love everyone. I'm very friendly with people and I get along great with other dogs - both large and small. I've got lots of energy and like to play but I also love to lie quietly in a lap to be petted. I'm only 14 pounds and full grown so I won't outgrow your lap and I'm a great cuddle bug! I travel well in the car and I'm crate trained so what more can you ask for? Stuart Little can be seen anytime at Yellow Brick Road Doggie Playcare in El Segundo Call 310-606-5507 or email southbaydoggie@hotmail.com for appointment. •



Stuart Little is very loving and wants to play.



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