

Lawndale Tribune

AND LAWNDALE NEWS

The Weekly Newspaper of Lawndale

Herald Publications - Inglewood, Hawthorne, Lawndale, El Segundo, Torrance & Manhattan Beach Community Newspapers Since 1911 - Circulation 30,000 - Readership 60,000 (310) 322-1830 - November 19, 2015

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Children's Bureau Wine Tasting Raises \$340,000 for Child Abuse



Pastry chef Stephanie Franz and executive chef Greg Hozinsky of the Strand House at the 6th Annual Celebrity Chefs & Wine Tasting Event at Casa Vertigo in downtown Los Angeles. The event, hosted by the Children's Bureau on October 22nd, raised more than \$340,000 for child abuse prevention and brought out more than 400 guests, 15 of Los Angeles' top chefs, and 18 renowned wineries from around the world. Photo by Danielle Klebanow Photography.

City Council Passes Urgency Ordinance for Synthetic Turf

By Nancy Peters

In order to comply with the California Governor's mandate in October for all cities in the state to allow synthetic turf and drought-tolerant plants in residential yards and city parkways and medians, Lawndale's Planning Department, Planning Commission and the City Council explored the necessary amendments to Municipal Code. The result is an Urgency Ordinance, passed by a unanimous vote on Monday, November 16 at the City Council meeting, following a public hearing.

The word "urgency" attached to the ordinance means that it is effective immediately. Thus, residents can begin exploring the possibilities for their properties to change the landscape, continuing to conserve water that has not been allowed to keep their live grass in acceptable patterns. With the new ordinance, there are requirements in order to install synthetic turf. Any plans to change landscaping must be presented to and approved by the Community Development Department.

Requirements include that the artificial portion of the landscaping can only account for 50 percent of the overall front and/or side setback and/or corner properties; 50 percent can be drought-tolerant plants, trees, a rock garden, live bark covering, designer gravel, shrubbery, etc.; the color must be an approved green color, i.e., not light green, not blue-green, not dark green, or mixed shades of greens; the material must be polypropylene; blade length must be one and one-quarter (1¼) inches. The minimum warranty accepted for all synthetic material is eight years. Installation of any artificial grass or synthetic turf must be completed by a licensed contractor and must include proper removal of any existing irrigation, with a base installation and weed barrier and then securely fastened to give the appearance of a continuous landscaped lawn. The appearance must be continually maintained and will be subject to Code Enforcement inspection. No parking can be permitted on any synthetic turf

landscape. This ordinance is exempt from any CEQA guidelines.

The Public Works Department submitted a presentation of the status of the Inglewood Avenue Widening Project. After the presentation, which included the refusal and/or denial by certain property owners to the required right-of-way easements at the intersections, north and southbound, east and west, at Manhattan Beach Boulevard and Marine Avenue, and considering the expense of nearly eight million dollars from grants, bonds, and budgeted amounts, the Public Works Director recommended that the project be reconsidered as a striping correction of lanes, with creation of right-turn-only lanes and adjustments to signals and timing of red to green and vice versa. The City Council agreed by consensus that a redesign of the project as recommended will return to their agenda in the future with striping and other mechanical and cosmetic street changes to accommodate a similar result to improve traffic flow on Inglewood Avenue between Rosecrans Avenue, Marine Avenue, Manhattan Beach Boulevard, and the 405 Freeway entrance.

As part of the consent agenda, the ordinance first read at the last meeting was approved to prohibit gas-powered weed and debris blowers and vacuums from use in the city and designating only the use of mechanical blowers or vacuums that are portable and powered by electrical or mechanical means. The ordinance also prohibits any debris from being left after being deposited on any adjacent parcel of land, lot, or public right-of-way and should not be left by blower or vacuum operators to blow onto parcels, lots, or public rights-of-way. Additionally, any non-gasoline-powered blowers or vacuums may not be operated in close proximity to any window, door or intake duct of any building.

A presentation by the three finalists who submitted proposals for development of the property at the southwest corner of Manhattan Beach Boulevard and Hawthorne Boulevard is scheduled to take place on Wednesday, December

2 at 6:30 p.m. in the City Council Chambers for the City Council to hear the proposals firsthand from the developers. It is an open public meeting and all residents are invited to attend.

Also approved is a resolution adopting an improved energy efficiency in all city operations and in the community, with a reduction in greenhouse gas emissions as part of the Climate Action Plan.

The city accepted a \$2,500 stipend from the County-wide Park Assessment for completion of the Lawndale Community Engagement Workshop.

It was announced by Mayor Robert Pullen-Miles that the city of Lawndale is a recipient of the 2015 Project of the Year Award for the design of Hogan Park. The award will be presented at a dinner on December 9, 2015.

The Angel Tree Ceremony will take place at the Civic Center Plaza on Monday, November 30 at 4 p.m. The public is invited to attend the tree lighting ceremony and participate in the festivities planned for children and adults.

A free flu shot clinic will be held at Lawndale Public Library on Thursday, December 13 from 1 p.m. to 3 p.m. The Lawndale Library will be closed on Thursday and Friday, November 27 and 28.

In the Public Safety report the Sheriff's Captain noted that the suspected vandal who spray painted his nickname on the window of City Hall on November 8/9 was apprehended and arrested on November 13 and it was discovered that several other warrants are outstanding for this individual. A Facebook threat against a Sheriff's Deputy Patrol Car was investigated and the suspect discovered. A high-risk search warrant was issued for his residence in Hermosa Beach and he was arrested after being seen on the street, with a court date pending. The Sheriff's Department reminds citizens "If you see something, say something" by calling the Sheriff's Department.

The next City Council meeting is Monday, December 7 at 6:30 p.m. •

Weekend Forecast

Friday
Sunny
79°/57°



Saturday
Partly Cloudy
77°/55°



Sunday
Partly Cloudy
73°/57°



PUBLIC NOTICES

CITY OF INGLEWOOD INVITATION TO SUBMIT BID (Specifications and Conditions Governing Bid Award) Project Subject to Bid: Center Park Improvement Project: CB-15-52 The City of Inglewood, California hereby extends an invitation to submit a proposal in accordance with this bid, to provide labor and materials and/or completing the above designated project.

NOTICE OF PETITION TO ADMINISTER ESTATE OF JULIA SANDOVAL ESQUEDA aka JULIA SANDOVAL JOAQUINERO Case No. BP167834

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of JULIA SANDOVAL ESQUEDA aka JULIA SANDOVAL JOAQUINERO APETITION FOR PROBATE has been filed by Antonio Esqueda in the Superior Court of California, County of LOS ANGELES.

persons present. Specifications and other bid documents for the project are on file in the Public Works Department, and may be obtained upon request. Each bid must be accompanied by a deposit in the form of cash, a cashier's or certified check made payable to the City of Inglewood, or a bid bond, for an amount of not less than ten percent (10%) of the aggregate of the bid.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Sacramento) or that is covered by a qualified project labor agreement. This project is subject to compliance monitoring and enforcement by the Department of Industrial Relations. Attention is directed to the provisions of Sections 1777.5 and 1777.6 of the Labor Code concerning the employment of apprentices by the Contractor or any subcontractor under them.

NOTICE OF PETITION TO ADMINISTER ESTATE OF: WILLA E. BENNETT CASE NO. BP168020

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of WILLA E. BENNETT. A PETITION FOR PROBATE has been filed by FLOYD B. SMITH in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that FLOYD B. SMITH be appointed as personal representative to administer the estate of the decedent.

NOTICE OF PUBLIC HEARING ZONE TEXT AMENDMENT 2015ZA08 REVISIONS TO PARKING REGULATIONS ON RESIDENTIAL PROPERTIES PUBLIC NOTICE is hereby given that the Planning Commission of the City of Hawthorne will hold a public hearing on Zone Text Amendment 2015ZA08 as follows: Day: Wednesday Date: December 2, 2015 Time: 6:00 p.m. Place: City Council Chambers 4455 West 126th Street Hawthorne, CA 90250 Project: Zone Text Amendment 2015ZA08 Location: Citywide Project Description: Amending Title 17 of the Hawthorne Municipal Code related to the regulation of parking on residential properties.

NOTICE OF SERVICE OF PROCESS BY PUBLICATION DISTRICT COURT DIVISION STATE OF NORTH CAROLINA CUMBERLAND COUNTY FILE NUMBER 15 CVD 6979

SAMANTHA ELLIOTT JOHNSON, Plaintiff vs- SAMANTHA ELLIOTT JOHNSON, Defendant Take notice that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief being sought is as follows: ABSOLUTE DIVORCE You are required to make defense to such pleading no later than 40 days from November 11, 2015 and upon your failure to do so the party seeking service against you will apply to the court for the relief sought. This the 11th day of November, 2015 Zshakira J. Carthers Attorney for the Plaintiff The Carthers Law Firm, PLLC PO Box 35416 Fayetteville, North Carolina 28303 Publication Dates: 11/19/2015, 11/26/2015, 12/3/2015, 12/10/2015 Inglewood News Pub. 11/19, 11/26, 12/3, 12/10/15 HL-24923

NOTICE TO CREDITORS OF BULK SALE (Division 6 of the Commercial Code) Escrow No. 35181-LS (1) Notice is hereby given to creditors of the within named Seller(s) that a bulk sale is about to be made on personal property hereinafter described (2) The name and business addresses of the seller are: JOSANG, INC, 1275 S. LA BREA AVE #112, INGLEWOOD, CA 90301 (3) The location in California of the chief executive office of the Seller is: 14022 LEMOLI AVE, UNIT B, HAWTHORNE, CA 90250 (4) The names and business address of the Buyer(s) are: CHICHEMEKS, LLC, 6002 EILEEN AVE, LOS ANGELES, CA 90043 (5) The location and general description of the assets to be sold are: FURNITURE, FIXTURES AND EQUIPMENT of that certain business located at: 1275 S. LA BREA AVE #112, INGLEWOOD, CA 90301 (6) The business name used by the seller(s) at said location is: SUBWAY #685 (7) The anticipated date of the bulk sale is DECEMBER 9, 2015 at the office of: ADVANTAGE ONE ESCROW, 7777 CENTER AVE #350 HUNTINGTON BEACH, CA 92647, Escrow No. 35181-LS, Escrow Officer: LAURIE J. SHORB (8) Claims may be filed with: ADVANTAGE ONE ESCROW, 7777 CENTER AVE #350 HUNTINGTON BEACH, CA 92647, Escrow No. 35181-LS, Escrow Officer: LAURIE J. SHORB (9) The last day for filing claims is: DECEMBER 8, 2015. (10) This Bulk Sale is subject to California Uniform Commercial Code Section 6106.2. (11) As listed by the Seller, all other business names and addresses used by the Seller within three years before the date such list was sent or delivered to the Buyer are: NONE. Dated: NOVEMBER 2, 2015 SELLER: JOSANG, INC, A CALIFORNIA CORPORATION BUYER: CHICHEMEKS, LLC, A CALIFORNIA LIMITED LIABILITY COMPANY LA1601146 INGLEWOOD NEWS 11/19/15 Inglewood News Pub. 11/19/15 HI-24925

PUBLISH YOUR PUBLIC NOTICES HERE

ABANDONMENTS: \$125.00 ABC NOTICES: \$125.00 DBA (Fictitious Business Name): \$75.00 NAME CHANGE: \$125.00 Other type of notice? Contact us and we can give you a price. For DBA's email us at: dba@heraldpublications.com All other legal notices email us at: legalnotices@heraldpublications.com

Looking Up

New Venus-Like Exoplanet in Our Neighborhood

Based on press release from The Massachusetts Institute of Technology, provided by Bob Eklund

Scientists have discovered a new exoplanet that, in the language of "Star Wars," would be the polar opposite of frigid Hoth, and even more inhospitable than the deserts of Tatooine. But instead of residing in a galaxy far, far away, this new world is, galactically speaking, practically next door. The new planet, named GJ 1132b, is Earth-sized and rocky, orbiting a small star located a mere 39 light-years from Earth, making it the closest Earth-sized exoplanet yet discovered.

Scientists from The Massachusetts Institute of Technology (MIT) have determined that the planet is a roasting 440 degrees Fahrenheit, and is likely tidally locked, meaning that it has a permanent day and night side, presenting the same face to its star, much like our Moon is locked to the Earth.

Because of its scorching temperatures, GJ 1132b most likely cannot retain liquid water on its surface, making it uninhabitable for life as we know it. However, scientists say it is cool enough to host a substantial atmosphere. It is also close enough to Earth that scientists may soon be able to find out much more about



The M-Earth-South telescope array, located in the mountains of Chile. Photo courtesy of Harvard M-Earth Project.

its characteristics, from the composition of its atmosphere to the pattern of its winds—and even the color of its sunsets.

"If we find this pretty hot planet has managed to hang onto its atmosphere over the billions of years it's been around, that bodes well for the long-term goal of studying cooler planets that could have life," says Zachory Berta-Thompson, a postdoc in MIT's Kavli Institute for Astrophysics and Space Research. "We finally have a target to point our telescopes at, and [can] dig much deeper into the workings of a rocky exoplanet, and what makes it tick."

Berta-Thompson and his colleagues discovered the planet using the M-Earth-South Observatory, a Harvard University-led array of eight 40-centimeter-wide robotic telescopes located in the mountains of Chile. The array monitors small, nearby stars called M dwarfs, which are scattered all over the night sky. Scientists have determined that these kinds of stars are frequently orbited by planets, but haven't yet found Earth-sized exoplanets that are close enough to study in depth.

Since early 2014, the telescope array has been gathering data almost every night, taking

measurements of starlight every 25 minutes in search of telltale dips in brightness that may indicate a planet passing in front of a star.

On May 10, one telescope picked up a faint dip from GJ 1132, a star located 12 parsecs, or 39 light-years, from Earth. The robotic telescope immediately started observing GJ 1132 at much faster 45-second intervals to confirm the measurement—a very slight dip of about 0.3 percent of the starlight. The researchers later pointed other telescopes in Chile at the star, and found that indeed, GJ 1132's brightness dimmed by 0.3 percent every 1.6 days—a signal that a planet was regularly passing in front of the star.

"We didn't know the planet's period from one single event, but when we phased many of them together, this signal popped out," Berta-Thompson says.

Based on the amount of starlight the planet blocks, and the radius of the star, scientists calculated that planet GJ 1132b is about 1.2 times the size of Earth. From measuring the wobble of its host star, they estimate the planet's mass to be about 1.6 times that of Earth.

By calculating the size of and proximity to its star, the group came up with an estimate of the planet's average temperature: a scorching 440 degrees Fahrenheit. •

Health, Wellness Making Impact On Hawthorne School District

By Cristian Vasquez

Engaging school kids and families in healthy activities and eating habits has been a growing effort nationwide and the Hawthorne School District is no exception.

Through the wellness committee and the two-year, \$100,000 Thriving Schools Partnership Grant from Kaiser, the school district has been able to engage its student population in more physical activities while encouraging staff and students to eat healthier. The wellness committee was established a little more than a year ago but was not very well organized. Today the committee consists of 18 members with a representative from each school and includes some parents, a couple of principals and one of the district's board members.

"Having a wellness committee is not mandatory but it is something that we wanted to do," Director of Nutrition Services for the Hawthorne School District Anna Apoian

programs. Moving forward it is uncertain if the district will re-apply for the Kaiser grant; however, Apoian does plan to apply for mini-grants designed to obtain playground supplies for kids at Ramona Elementary.

"The grant helped us to organize a group of people that will sustain once the funding is gone," Apoian said. "To the wellness committee, it will be up to the sites to set up a little bit of money, maybe from the LCAP fund, in order to support their wellness representatives. I think that will make the committee more sustainable."

Other activities kicked off by the Kaiser Grant included a teacher survey, youth survey [regarding food and physical activity questions], kitchen changes, active recess implementation and teacher training for K-3 for COPA, as well as playground supervisory trainings.

Future plans include having parents from school site councils become members of the

"We actually started with a school-site assessment at each school to see exactly where we are at, what things we were doing well and where we need to go."

said. "We actually started with a school-site assessment at each school to see exactly where we are at, what things we were doing well and where we need to go."

Through a series of recess observations between December 2014 and January 2015 using SOPLAY, a tool designed for observing physical activity in free play settings such as recess and lunch at schools, students from K-5th grade were monitored during morning and afternoon recess. The findings revealed that: activity levels were consistently sedentary for a majority of students across all schools and grade levels; there were few structured activities offered across all schools and several schools had insufficient or no equipment available to students, among other findings.

Developing a culture of physical activity has not been an easy task but the response by staff and students in schools across the district has been positive. With the grant funds the district was able to provide missing schoolyard equipment, as well as training personnel that would help staff and committee members set up long-term activities.

"Most of it is paying for the training of playground supervisors and teacher training as well as some playground equipment," Apoian said. "The point of the grant is to find practices that are sustainable once the funds are gone."

So far the wellness committee has been able to update the district's wellness policy, has reviewed fundraisers for profitability, ease and health, and discussed employee wellness

wellness committee, have the committee meet more often and create a sense of empowerment among representatives in order to kick off healthy changes at all schools.

For instance, Eucalyptus Elementary has "Think Fit Thursdays" where parents, teachers and students walk outside for 25 minutes to the sound of music. At Jefferson, there has been a reduction in the presence of candy, spicy chips and soda on the campus, as well as in-class recess breaks, afterschool hockey for 4th and 5th grade students. Bud Carson is now offering afterschool activities such as cross country for boys and girls, flag football, boys and girls soccer and basketball, cheerleading and girls volleyball.

HMS has kicked off a running club and an organic garden has been set up to promote healthy eating, while Prairie Vista Middle Schools has established a checkout system of equipment which has caused an increase in more students playing basketball, football, handball, soccer, volleyball and Frisbee.

Part of the movement to promote health includes staff, as much as students, and the grown ups have done their part. There are currently 212 employees engaging in the fitness challenge, having logged in 700 hours of exercise in one week.

"The wellness committee wanted to do something for employee wellness and we started the team fitness challenge," Apoian said. "I was so surprised that I put this out there and got fast responses." •

Police Reports

Mon 11/2/15 to Sun 11/8/15

ROBBERY 13600 S DOTY AV Wed 11/04 17:09

Property Taken: Whi/Red, Grn/Red W/ School Books, Cell Phone Inactive

ROBBERY 3300-BLK W 135TH ST OTHER Thu 11/05/15 22:30

Property Taken: 10 Kt Yellow Gold Necklace
ROBBERY 2700 W 120TH ST SHOPPING CENTER Sun 11/08/15 13:49

BURGLARY - RESIDENTIAL 4200 W EL SEGUNDO BL APARTMENT/CONDO Mon 11/02/15 05:36

Property Taken: Keys On A Keychain
BURGLARY - RESIDENTIAL 5400 OCEAN HOUSE Mon 11/02/15 20:45

BURGLARY 4700 W EL SEGUNDO BL Tue 11/03 02:48

BURGLARY - RESIDENTIAL 4000 W 141ST ST APARTMENT COMMON AREAS (LNDY,CLB HSE,ETC) Mon 11/02/15 03:30

Property Taken: Mounted Surveillance Cameras

BURGLARY 12200 S GREVILLEA AV Wed 11/04 04:26

Property Taken: 1) Key Card For The Four Points Hotel

BURGLARY - RESIDENTIAL 3300 W 147TH ST HOUSE Wed 11/04/15 07:45

Property Taken: Ps4 Console W/Remotes & Power Cords, (3)Ps4 Games, Madden,Nba2k, And Gta 5

BURGLARY - RESIDENTIAL 4000 W 138TH ST APARTMENT/CONDO

Date/Time Reported Wed 11/4/15 22:40
Crime Occurred: Wed 11/04/15 07:30 To: Wed 11/04/15 22:20

Property Taken: Sony PS3 64GB Slim Model, Sony PS4 64GB, 3 Miscellaneous PS3 Video Games (Disks), 4 Miscellaneous Video Games (Disks)

BURGLARY 4800 W 118TH PL Thu 11/05 19:00

BURGLARY - COMMERCIAL 13300 S HAWTHORNE BL ELECTRIC SHOP Fri 11/06/15 21:46

Property Taken: Sanyo Dvd/Vhs Combo •

Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

Beware: Employment offers that suggest guaranteed out-of-state or overseas positions may be deceptive or unethical in nature. If you have any doubts about the nature of a company, contact the local office of the Better Business Bureau, (213) 251-9696. Herald Publications does not guarantee that the advertiser's claims are true nor does it take responsibility for those claims.

APARTMENT FOR RENT

1BD1BA apartment immaculate, appliances, stove and refrigerator. 707 East Grand for \$1,595 a month. Avail. now. (310)365-1481 or (310)641-2148.

EMPLOYMENT

Help Wanted: We are accepting applications for kitchen help and a cashier at Valentino's Pizza, Manhattan Beach and El Segundo locations. Some experience necessary. 310-318-5959.

EMPLOYMENT

SENIORS HELPING SENIORS® We are hiring caregivers who would love to help other seniors. Flexible hours! Ideal candidates are compassionate people who want to make a difference! Must be local and willing to drive. Call (310) 878-2045 today! Visit www.inhomecarela.com to learn more.

FOR SALE

For Sale - Sophisticated coffee table, 4' x 3', brown alligator like surface. Looks like a trunk. \$250, 310-872-8838

HOUSE FOR RENT

Large two or three bedroom house overlooking library park (large bonus room w bath, kitchen, fireplace) 2-car garage \$4200. No smoking. No pets. Avail now. Month to month rental. Copy of credit report. 310-322-8099.

LOST & FOUND

Found long board November 3rd 45th St on Ivy by the shower at El Porto, Manhattan Beach. Patricia 808-280-1999.

LOST & FOUND

Lost gray and white long hair cat. Fluffy tail. Maine Coon. Wary of strangers. \$1000 reward. 500 E. Oak Ave, El Segundo. Last seen 11/16/15. 310-529-7136.

MOVING SALE

Christmas Shopping 915 Cypress St Sat. 11/21 7a-5p. TV, baby clothes, toys, furniture, household MUST GO! Fill a tote bag \$25.

SEEKING ROOM FOR RENT

Wanted Room for Rent in El Segundo or near by South Bay city. Local E.S. Senior Woman, active, self-reliant, Drives Range \$600-\$700 per month.(negotiable) Please contact Lisa on behalf of Senior, 310-906-7576 cell

SEEKING ROOM FOR RENT

Able senior seeks shared housing. ES only 310-743-7943.

To appear in next week's paper, submit your Classified Ad by Noon on Tuesday.

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Herald Publications

Gold Line Extension Opening March 5, 2016



Metro Briefs

SOUTH BAY

Gold Line Extension Opening Date

Metro has set the Gold Line extension opening date for March 5, 2016. The 11.5-mile extension will connect Pasadena to Azusa and make stops in the cities of Arcadia, Monrovia, Duarte, and Irwindale along the way. It is expected to take about 50 minutes to travel between Los Angeles Union Station and Azusa Pacific University. For more information, please visit metro.net/foothill.

Take a Tour of the Expo Rail Line

It's easy to explore destinations all around town on Metro. Learn how to get started with a FREE guided rail tour of the Metro Expo Line. You'll get useful tips on how to plan your trip, buy a pass, and ride the Metro rail and bus system. To reserve your spot, visit metro.net/tours.

Metro Lost & Found Facility

Each month, Metro finds hundreds of items left behind by people traveling on its buses and trains. If you've lost something, it could be at our Lost & Found facility located adjacent to the Gold Line Heritage Square station. The facility is open Monday - Saturday, 9am - 5pm. Learn more at metro.net/lostandfound.

Metro Introduces New Safety and Security Technologies

As we continue to make safety our top priority, Metro has introduced three major safety technologies and patrol innovations. This includes deploying elevated security towers, installing security kiosks, and expanding use of the LexRay mobile application, which allows law enforcement to access real-time video from stations and rail platforms. To learn more, visit metro.net/safety.



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Sports

Lawndale Rolls into Quarterfinals

By Joe Snyder

Lawndale High's football team improved to 6-5 overall after rolling over host Buena High 40-7 in the first round of the CIF-Southern Section Western Division playoffs last Friday in Ventura.

Head Cardinal coach Travis Clark, though, wants to believe that Lawndale is 10-1 overall as he feels those forfeit losses are unfair. "They may say we're 6-5 but we are 10-1 and Ocean League champions," Clark said. "We don't care what anybody else says."

After the easy win over the Bulldogs, the Cardinals will face the task of hosting top seed Calabasas in the quarterfinals Friday at 7 p.m. The Coyotes, who have 14 transfers (many of those high quality players that are being heavily recruited by numerous Major NCAA Division I colleges), are also 10-1 overall after routing Rio Mesa from Oxnard 56-17 in the first round last Friday at Calabasas. Travis, though, feels confident that Lawndale has a strong shot at upsetting the Coyotes. "Right now, it's all about Calabasas," Clark said. "We don't care about seeds." Calabasas won the Canyon League.

Lawndale continued to have strong showings by quarterback Chris Murray, running back-defensive back Zach Cooper and wide receiver-defensive back Bryant Perkinson. Murray rushed for two touchdowns with runs of six and 20 yards; Cooper had an 85-yard TD run and a 45-yard interception return for a score,

and Perkinson added a 45-yard punt return for a touchdown. Perkinson also had a 75-yard kickoff return for a touchdown, following Buena's only TD that cut Lawndale's lead to 13-7 in the second quarter, but was called back due to a penalty. He added one interception.

"Buena is a tough team," Clark said. "They are well coached and disciplined. We are very disciplined, as well. We did not turn the ball over. I am proud of that. We controlled the ball well. We had one drive that took eight and a half minutes for us to score. It was a very well orchestrated drive."

With just eight teams left in the Western Division playoffs (The division includes six leagues totaling 32 teams.), Clark feels happy about that his squad is one of those eight squads, that also includes all three Bay League schools in champion Palos Verdes (45-7 win over Simi Valley), second place Redondo (defeated nearby rival West Torrance in a 35-28 thriller) and third place Mira Costa (rallied for a 34-24 win over host Ventura). Pioneer League champion North Torrance also advanced by routing Agoura 48-14 last Friday at North. Oxnard and its cross town rival Pacifica are the other schools in the quarterfinals.

If the Cardinals can upset Calabasas, they will face the winner of the Redondo-Oxnard quarterfinal contest in the semifinals on November 27 at a site to be determined.

Lawndale is looking to win its second ever

CIF-Southern Section title and its first since 1966, when the Cardinals defeated Victor Valley from Victorville for the Class 2A crown.

JONES HEADS LEUZINGER HOOPSTERS

For the past 10 prep boys' basketball seasons at Leuzinger, Playa del Rey St. Bernard and Redondo, Arturo Jones worked behind head coach Reggie Morris, Jr. and enjoyed successful seasons with those three schools.

Despite working with Morris at St. Bernard and Redondo, he remained at Leuzinger as a teacher.

After Ali Parvez left as the Olympians' head mentor following last season, Jones gets to bring back his coaching at Leuzinger as its head mentor.

Working with one of the most successful head coaches in Southern California, Jones plans to use the philosophy of Morris, that gave the Olympians a CIF-Southern Section Division IA title in 2010, the Vikings a VAA crown in 2012 and the Sea Hawks a California state Division II championship in 2013, to get big success for Leuzinger. Last season under Parvez, the Olympians captured the Pioneer League title and advanced to the Southern Section 3AA quarterfinals.

Jones and Morris were close friends since they met while playing under Reggie Morris, Sr. at Los Angeles Southwest College in the late 1990's.

Jones also played basketball at Centennial

High in Compton where he graduated in 1998.

After Southwest, Jones played the next two seasons at Southwestern Oklahoma State University, an NCAA Division II college. He was all-conference honorable mention in both seasons.

"This is a rebuilding year for us," Jones said. "We do have a chance to win league. We want to do that and go as deep as we can in CIF. Our next goal is to win CIF."

Leuzinger opens its season against Pasadena High in the Rose City Tournament on November 30 at Maranatha High.

WOLVES MAKE SECOND ROUND

The Wiseburn-Da Vinci High girls' volleyball team saw its season end with a 10-11 overall record after getting swept by host and top seed Tarbut V' Torah 25-12, 25-6, 25-16 on in the second round of the CIF-Southern Section Division VA playoffs last Thursday in Irvine.

In the first round on November 10 at the Del Aire Park Gymnasium, the host Wolves, who finished second behind Gardena Pacific Lutheran in the Mulholland League but were awarded the first place berth due to the Stingrays being ruled ineligible for the playoffs because of some CIF violations, swept Big Pine 25-16, 25-20, 25-18.

In the Southern Section Division IVAA first round on November 10 in Long Beach, Hawthorne Math and Science Academy found host St. Anthony too much to handle in a 25-2, 25-12, 25-3 loss. •

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Film Review

Beasts of No Nation- A Gripping, Provocative Look at War and Child Soldiers

By H. Nelson Tracey for CINEMACY

Because we don't see films in a vacuum, any story that carries social or political weight requires an extra step of scrutiny. This isn't to dampen the experience, but to verify the

isn't. He's charismatic, he expresses interest and care in his soldiers, and he gives them a reason to fight. It's even more terrifying that he is impressionable and even affable than if he were a terrorizing menace: in this



Abraham Attah and Idris Elba in *Beasts of No Nation*. Courtesy of Netflix.

authenticity of a cinematic experience. *Beasts of No Nation* is based on a novel carefully compiling numerous true accounts merged into the story of a child soldier. An element worth dissecting is that this story does not take place in a specific location, instead opting for an unnamed African country. This has two potential effects. On the positive side, it makes the story and experience universal, as similar situations have happened in numerous central and western African countries. On the contrary, by making the setting not a country in particular but a generic "Africa," it continues an unfortunate American way of painting a massive continent with a single brush stroke. For as unique a story as this is, it only furthers the trend in viewing Africa as a broad country instead of a massive continent with numerous truths and stories within. This is a debate I don't know the answer to, whether the universal nature of the story trumps its broad stroke of the continent.

What about the movie itself? The story structure in *Beasts* is that of Pinocchio or more recently, *12 Years a Slave* in terms of an innocuous individual getting swept into something horrific. In the beginning, our protagonist, Agu (Abraham Attah), is a boy living with a loving family. As civil war and unrest infiltrate their lives, it isn't long before Agu is separated from his family and driven into a journey of the horrific world of warfare where children fight alongside adults as soldiers. After all he's been through, it isn't hard for the rebel army to persuade him into actually wanting to be a soldier (even though he doesn't have another choice).

At the top of the army is the unnamed Commandant (Idris Elba). You'd expect this character to be a single stroke of evil, but he

world, he makes what they are doing seem okay, even though it is as nightmarish as you might anticipate.

In the middle of the film, we see this unsettling balance between the camaraderie and brotherhood of an army, in the backdrop of an absolutely sickeningly war. Much credit is given to the soundtrack, which is one of the best in recent memory. Because this is not a film with a plot or a driving story, but is more of a journey through the madness, it evokes you to think about the story in a larger context. This also makes it arduous to endure through (and its runtime is well over two hours), but that is undoubtedly the intention. It is not a film for the light-hearted, nor would it ever be. Alas, although this story is fiction, this has been crafted to highlight the many facets of the child soldier journey.

Director Cary Fukunaga is also the cinematographer: therefore the camera work here is always on display. Numerous tracking shots expose the grandiose artistry at work and adds to the hypnotic nature of this warfare. The static shots are equally well composed. A provocative opening shot challenges the viewer to think about what they are watching, and how they are watching it. Is this entertainment? As affluent viewers (especially those on Netflix), how is this to be viewed? In this case, it is as important as the film itself to think about the social impact of this film. How can this film benefit a tragic, ongoing situation in a continent many Americans know little about is a question worth a further discussion. I don't have the answer, but I urge anyone who sees this film to go into *Beasts of No Nation* looking for their answer to this question.

Beasts of No Nation is a Netflix Original film and is available for streaming on Netflix. •

Seniors

Educational Events Connect Local Parkinson's Communities With Resources And Support



(BPT) - More than one year ago, The Michael J. Fox Foundation for Parkinson's Research (MJFF) and AbbVie launched Partners in Parkinson's, a strategic health initiative to provide resources to help the nearly 1 million Americans living with Parkinson's disease (PD) optimize their care and live well with the disease. To date, nearly 8,500 people have attended Partners in Parkinson's events across the country, and the free, day-long program is coming to one more location in 2015, and six additional U.S. cities on Saturdays in 2016.

Parkinson's is a chronic, neurodegenerative disease with highly variable symptoms and progression. No two cases of PD are alike, making personalized care essential to better long-term outcomes. Yet, too few patients and their caregivers connect with resources that help them understand their care options and tailor a plan that evolves as the disease progresses. A 2014 Harris Poll survey found fewer than half of Parkinson's patients and caregivers feel informed about where to turn for support.

Partners in Parkinson's events take place on Saturdays and offer a comprehensive full-day program designed to help patients and families learn more about the disease, including what to expect as the disease progresses from a new diagnosis to more advanced stages. Event attendees have shared overwhelmingly positive experiences and report feeling more empowered after connecting with local Parkinson's specialists and learning how they can get involved in their own PD community.

Pennsylvania resident Kate Harmon's father, Bob Harmon, was diagnosed with PD in 2006 at age 58. Kate and Bob attended the Partners in Parkinson's event in Philadelphia last year and were amazed by the support and

resources available to benefit local patients.

"My dad is very active in his own disease care, but it hasn't always been easy to find the right resources, and not everyone managing Parkinson's disease has the support they need," Kate says. "These events offer patients from early to advanced stages of the disease the chance to connect with a community of support, which is crucial with a complex disease like Parkinson's."

The educational events are free of charge and feature panel discussions on the variability of PD, the latest updates in research toward improved treatments, and how to make the most of an appointment with a movement disorder specialist (a neurologist with specialized training in Parkinson's disease). Breakout sessions cover how to build a health care team that addresses the many aspects of life with Parkinson's and offer the opportunity for attendees to submit their own questions about the disease to a panel of experts. At the event's resource fair, patients and caregivers can connect with local support and exercise groups, health care providers and advocacy organizations, all based in their own local community.

Debi Brooks, co-founder and executive vice chairman of The Michael J. Fox Foundation, says the events have fostered new connections within Parkinson's communities.

"We're excited to be connecting with patients and caregivers around the country - many of whom are new to us and have never had a chance to be at an event like this," Brooks said. "Once folks come out, they're amazed at the information and support that's available to help them live well at every stage of Parkinson's."

To find an upcoming event near you, visit www.partnersinparkinsons.org. •

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El Segundo Herald: Pub. 10/29, 11/5, 11/12, 11/19/2015. H-1330

When everything seems to be going against you, remember that the airplane takes off against the wind, not with it.
- Henry Ford

Fictitious Business Name Statement
2015261922

The following person(s) is (are) doing business as TBT ADVANTAGE, 1) 4824 WEST 122ND STREET, HAWTHORNE, CA 90250; 2) P.O. BOX 912, HAWTHORNE, CA 90250, LOS ANGELES COUNTY. Registered Owner(s): TERESA TWEEDT, 4824 WEST 122ND STREET, HAWTHORNE, CA 90250. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: TERESA TWEEDT, Owner. This statement was filed with the County Recorder of Los Angeles County on October 14, 2015.

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Hawthorne Press Tribune: Pub. 10/29, 11/5, 11/12, 11/19/2015. HH-1335

Fictitious Business Name Statement
2015267566

The following person(s) is (are) doing business as WOOD TRENDS, 320 E WALNUT AVE, EL SEGUNDO, CA 90245, LOS ANGELES COUNTY. Registered Owner(s): JEFFREY L. COOK, 320 E WALNUT AVE, EL SEGUNDO, CA 90245. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: JEFFREY L. COOK, Owner. This statement was filed with the County Recorder of Los Angeles County on October 20, 2015.

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El Segundo Herald: Pub. 10/29, 11/5, 11/12, 11/19/2015. H-1336

Fictitious Business Name Statement
2015255409

The following person(s) is (are) doing business as GLEN-MAC SWISS CO, 12848 WEBER WAY, HAWTHORNE, CA 90250, LOS ANGELES COUNTY. Registered Owner(s): ARSENO INDUSTRIES, INC., 12848 WEBER WAY, HAWTHORNE, CA 90250. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 12/10/1996. Signed: ARSENO INDUSTRIES INC., TORCOM POSTAJIAN, President. This statement was filed with the County Recorder of Los Angeles County on October 5, 2015.

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Hawthorne Press Tribune: Pub. 10/29, 11/5, 11/12, 11/19/2015. HH-1337

Fictitious Business Name Statement
2015266806

The following person(s) is (are) doing business as VISTA DESIGN BUILD, 2225 CAMPUS DRIVE, EL SEGUNDO, CA 90245, LOS ANGELES COUNTY. Registered Owner(s): VISTA INVESTMENTS MGMT. CO., 2361 ROSECRANS AVENUE SUITE 150, EL SEGUNDO, CA 90245, California #C2224635. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 08/15/2015. Signed: VISTA INVESTMENTS MGMT. CO., JUAN LLACA, President. This statement was filed with the County Recorder of Los Angeles County on October 19, 2015.

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El Segundo Herald: Pub. 11/5, 11/12, 11/19, 11/26/2015. H-1338

Fictitious Business Name Statement
2015276537

The following person(s) is (are) doing business as Nuna Consulting Group, 3220 Sepulveda Blvd. Suite #204, Torrance, CA 90505, Los Angeles County. Registered Owner(s): Ricki L. McCarroll, 1900 W. 25th Street, San Pedro, CA 90732. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: Ricki L. McCarroll, Founder & Principal Consultant. This statement was filed with the County Recorder of Los Angeles County on October 29, 2015.

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Torrance Tribune: Pub. 11/5, 11/12, 11/19, 11/26/2015. HT-1339

Fictitious Business Name Statement
2015277449

The following person(s) is (are) doing business as 1) MN WATCH CO, 2) OMAX WATCH COMPANY, 1314 SOUTH HILL STREET, LOS ANGELES, CA 90015, LOS ANGELES COUNTY. AI #ON: C2194781. Registered Owner(s): LAKHANI ENTERPRISE INC, 1314 SOUTH HILL STREET, LOS ANGELES, CA 90015. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: LAKHANI ENTERPRISE, INC., GULREZ MERCHANT, President. This statement was filed with the County Recorder of Los Angeles County on October 30, 2015.

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El Segundo Herald: Pub. 11/5, 11/12, 11/19, 11/26/2015. H-1340

Fictitious Business Name Statement
2015262559

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Lawndale Tribune: Pub. 11/5, 11/12, 11/19, 11/26/2015. HL-1341

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2015264896

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El Segundo Herald: Pub. 11/12, 11/19, 11/26, 12/3/2015. H-1342

Fictitious Business Name Statement
2015281311

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Torrance Tribune: Pub. 11/12, 11/19, 11/26, 12/3/2015. HT-1343

Fictitious Business Name Statement
2015282009

The following person(s) is (are) doing business as ANDROGEN EXCESS SOCIETY, 12520 MAGNOLIA BLVD. SUITE 212, NORTH HOLLYWOOD, CA, 91607, LOS ANGELES COUNTY. AI #ON: C2472264. Registered Owner(s): THE ANDROGEN EXCESS AND PCOS SOCIETY (AE-PCOS), 12520 MAGNOLIA BLVD., SUITE 212, NORTH HOLLYWOOD, CA 91607, California. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: THE ANDROGEN EXCESS AND PCOS SOCIETY (AE-PCOS), JAMES MORROW, MANAGING DIRECTOR. This statement was filed with the County Recorder of Los Angeles County on November 4, 2015.

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El Segundo Herald: Pub. 11/12, 11/19, 11/26, 12/3/2015. H-1344

Fictitious Business Name Statement
2015281678

The following person(s) is (are) doing business as CURB PURCOLATION, 20430 WAYNE AVENUE, TORRANCE, CA 90503, LOS ANGELES COUNTY. Registered Owner(s): DAVID DANIAL JAMIESON, 20430 WAYNE AVENUE, TORRANCE, CA 90503. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: DAVID DANIAL JAMIESON, Owner. This statement was filed with the County Recorder of Los Angeles County on November 4, 2015.

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Torrance Tribune: Pub. 11/12, 11/19, 11/26, 12/3/2015. HT-1345

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El Segundo Herald: Pub. 11/19, 11/26, 12/3, 12/10/2015. H-1346

Fictitious Business Name Statement
2015277034

The following person(s) is (are) doing business as DON JULIO INSURANCE SERVICES, 10719 S. INGLEWOOD AVE. #B, INGLEWOOD, CA 90304, LOS ANGELES COUNTY. Registered Owner(s): JULIO WASHINGTON MORA, 31101 TECUMSEH CT., TEMECULA, CA 92592. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: JULIO W. MORA, OWNER. This statement was filed with the County Recorder of Los Angeles County on October 29, 2015.

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Inglewood News: Pub. 11/19, 11/26, 12/3, 12/10/2015. H-1347

Fictitious Business Name Statement
2015281334

The following person(s) is (are) doing business as FOR IT GIRLS, 16421 S. MANHATTAN PLACE UNIT C, GARDENA, CA 90247, LOS ANGELES COUNTY. Registered Owner(s): JEANNIE KIM CHUNG, 16421 S. MANHATTAN PLACE UNIT C, GARDENA, CA 90247. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: JEANNIE KIM CHUNG, Owner. This statement was filed with the County Recorder of Los Angeles County on November 4, 2015.

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El Segundo Herald: Pub. 11/19, 11/26, 12/3, 12/10/2015. H-1348

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ANY SMALL COLD 6" SUB
 made on our daily fresh homemade bread with bag of chips and small drink
\$6.95

Plus Tax. Extra toppings additional cost. No substitutions and coupon must be presented. Please mention coupon when ordering. One per customer. Expires 12/3/15.

Plus Tax. One per customer, must present coupon, not valid with any other offer, no substitutions please. Expires 12/3/15.

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Sausage, Tomato & Goat Cheese Tarts



Courtesy of Melissa Russo of TheFarmGirlGabs.com
 Servings: 6

Ingredients

- 1 sheet puff pastry dough, thawed
- 4 oz. Stella goat cheese
- 1 small tomato, sliced
- 3/4 cup cooked, ground Italian sausage
- 1/2 cup grated Stella parmesan cheese
- 1/4 cup fresh basil, chopped
- salt and pepper to taste

Preparation

1. Preheat oven to 400 F. Unwrap puff pastry sheet and roll out so it is smooth.
2. Using a knife, cut puff pastry into 6 equal size squares. Use a small glass to score a circle in the center of each square. This will cause the outside edges to puff up around the center filling.
3. Place one tomato slice, some crumbled goat cheese and sausage in the center of each square.
4. Sprinkle each square with parmesan cheese and top with chopped basil. Season with salt and pepper to taste.
5. Bake for 20 minutes or until golden brown.