

Lawndale Tribune

AND LAWNDALE NEWS

The Weekly Newspaper of Lawndale

Herald Publications - Inglewood, Hawthorne, Lawndale, El Segundo, Torrance & Manhattan Beach Community Newspapers Since 1911 - Circulation 30,000 - Readership 60,000 (310) 322-1830 - August 21, 2014

Inside This Issue

Business Briefs.....7

Classifieds3

Certified & Licensed Professionals5

Food8

Hawthorne Happenings ...3

Legals4, 6-7

Police Reports.....3

Sports4-5

Airport Cadets Assist At-Risk LA Youth with School Supplies



Los Angeles Airport Police Youth Cadets participated in the third annual Backpack School Supply Donation Drive hosted by the Youth Esteem Corporation (YEC). Together, the Youth Cadets, the Airport Police, and YEC provided school supplies for over 200 at-risk children in the Los Angeles area. Photo: Edwin Palacios.

Council Considers Front Yard Artificial Grass

By Nancy Peters

For more than one year the subject of landlords and homeowners taking care of the landscaping in their front yards has been a topic discussed in oral communications. The Lawndale City Council decided to consider alternatives for the front yard blight that is seen by anyone driving around the city, examining the possibility of allowing artificial grass to be installed in front yard setbacks. The artificial grass has been allowed in backyards and side yards, but no ordinance exists that will allow the same type of synthetic turf in the front of a building.

The Planning Commission was initially tasked with exploring this alternative and the Planning Commissioners approved a recommended ordinance with extremely strict standards to be followed by homeowners who may choose to install artificial turf. Only 75 percent of the yard could be artificial grass and 25 percent must include live plants and bushes. The recommendation was for non-toxic materials of high quality and a typical 20 feet by 25 feet front yard could cost between \$19 and \$23 per square foot, or as much as \$6,000 for all the preparation work, the linings, placements of the grass, and must be the type recommended in the ordinance. It was pointed out that the recommended material is not AstroTurf.

A public hearing was held to allow citizens to weigh in on the topic of artificial grass in front yard setbacks. With seven citizens speaking at the podium, only two expressed an interest in having the ordinance pass and one citizen objected to any ordinance dictating what homeowners can have in their front yard. One citizen even wore a sandwich-board style cardboard that read "NO NONOARTIFICIAL GRASS." Others commented that Lawndale would have to change its name.

When all was heard, including the fact that there are many alternatives in different

types of live sod that requires less watering and maintenance and is eco-friendly, the City Council made their comments, none in support of the recommendation from the Planning Commission. And with lack of a motion to approve a first reading of a new ordinance, the topic of artificial grass allowed in front yard setbacks was closed.

An additional public hearing and motion for a relocation plan for any residents who will be affected by the Larch Avenue Park Expansion Project resulted in the approval of a relocation package.

In other business, the evaluation of the Planning Commission performing the duties of the Traffic Commission for the last ten months was reviewed and the trial period scheduled to end on November 11, 2014, will be exercised as written into the original agreement. The Traffic Committee will therefore revert to a separate committee and not be the Planning Commission members, but the Planning Department, Municipal Services Department, Public Works Department Directors, a representative from the Los Angeles County Sheriffs Department and a meeting schedule will be announced shortly for this body.

The Consent Calendar approved an agreement with the SPCALA for animal shelter services and rescue animals found throughout the city of Lawndale. It was suggested that the SPCALA be approached to bring an animal to at least one City Council meeting each month that can be offered up for adoption by citizens.

The policies of painted blue curbs for on-street parking for persons with disabilities were updated and compliance with all regulations in the Americans with Disabilities Act was established and blue curb requests must be submitted and examined by the City Engineer who will seek approval by all residents on both sides of the street to assure that a blue curb will not be objected to by residents.

The attendance at the League of California Cities Annual Conference was approved at the cost of \$2,050 for three members of the City Council, and as decided at the August 4 City Council meeting, Council member Daniel Reid will represent the city of Lawndale as the delegate September 3-5 and Mayor Robert Pullen-Miles and Mayor Pro-Tem Jim Osborne will be alternates. Any voting at the conference will be at the discretion of Mr. Reid as the Lawndale delegate, including the only resolution announced so far to be considered, which will examine the feasibility of cultivation of growing marijuana throughout the state for medicinal purposes only.

Applications are being accepted in the City Clerk's Office for seven positions on the Youth Services Action Committee. Applicants must be Lawndale residents, in grades 6 through 12, from the ages of 12 through 18. In addition, the appointees will serve for a one-year period. Also, applications are still being taken in the City Clerk's Office for members to join the Beautification Committee.

The Lawndale Blues and Jazz Festival will take place on the Civic Plaza on Saturday, September 13 from 10 a.m. to 4 p.m. The Lawndale Library will continue the Latin Music Festival for two more Saturdays on the Library lawn at 147th Street and Burin Avenue from 12 Noon to 2 p.m.

The Clean-Up Week for Lawndale is September 13 to September 21 and Saturday, September 20 volunteers will meet at Der Wienerschnitzel on Hawthorne Boulevard at 10 a.m. for the street cleanup. Parents are encouraged to bring their children and educate them on the effects of keeping their city clean.

The next meeting of the City Council will be held on Tuesday, September 2 at 6:30 p.m. rather than Monday, September 1, which is the observance of Labor Day, a federal holiday when no city business is conducted. •

Weekend Forecast

Friday
Partly
Cloudy
77°/64°



Saturday
Partly
Cloudy
77°/64°



Sunday
Partly
Cloudy
77°/64°



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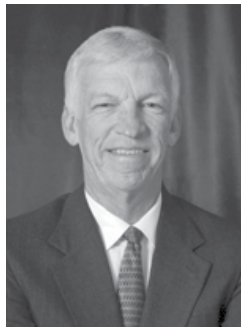
Or visit cedars-sinai.edu/medis for more information.



Hawthorne Happenings **Police Reports**

News for the 'City of Good Neighbors'

From City Clerk Norb Huber



Hawthorne Boulevard

Wow! That sure is a major road and parking renovation project going on right in the middle of Hawthorne. Work is progressing at a quick pace. Some of the median parking is complete. It looks like the entire project is ahead of schedule and may be completed earlier than the February 2015 projected completion date. More convenient parking and a bike lane are included in the plans. We look forward to a "new look" in down town Hawthorne.

Kiwanis Fair

For the past 63 years the Kiwanis Club of Hawthorne has been sponsoring a summer carnival, parade or fair for the kids of Hawthorne. This year the carnival will be held starting this Thursday, August 21 and running through Sunday, August 24th at the Betty Ainsworth Sports Center parking lot located at El Segundo Blvd and Doty Avenue. All rides are only one dollar on Thursday from 5 to 11 p.m. The carnival is open on Friday from 5-11 p.m. and on Saturday and Sunday from 1-11 p.m. Come out to the carnival and enjoy a few thrills with the kids. All of the funds raised go to support the ongoing community service work of the Hawthorne Kiwanis Club.

Family Roots

Where did you come from? Where were your parents from? All of us wonder some time in our lives how we got to be who we are. We are some what curious to hear of our ancestry. That was part of my motivation to venture up to Montana last week to visit my aunt and uncle who have lived in Great Falls for over 80 years. My father's sister, aunt Ruth, is the last of that generation to still be living. I wanted to listen to her tell of her childhood and how my father and her had grown up in Montana. With a Huber family tree as a reference, we tried to piece together who was who and the when and where they all had lived. It's always interesting to hear of turning points in a family that have had a last effect on the ensuing generations. One such decision was for my father to attend prep school, college and seminary in St. Louis, Mis-

souri and leave Montana on a train at the age of 13. One of his classmates during his schooling had the first name of Norbert, hence I was named for my father's close friend. Basically, we have no control of where our ancestors came from, but we can learn how we got to be who we are today. Look for your roots, you may find your identity.

A Favorite National Park

Spending three days in Glacier National Park in Northwest Montana reminded me that there is still a lot of wide open land in America. Here in the big city we are living very close to one another. If you get out to the Wild West you realize how close we live to each other here in Hawthorne. Driving for miles and miles on open stretches of two lane highways without seeing any cars is quite different than our congested streets. Those were the roads we took to enter Glacier Park. The glaciers of Glacier are slowly melting away. Authorities say that by the year 2020 all of the glaciers will have disappeared. It was quite a site to hike up the mountain side and end up at a lake full of ice bergs. One brave young man dove in, climbed up on top of an ice berg and dove back into the frigid cold water. He didn't stay in the water long. Glacier has to rank right up there as one of my favorite national parks. Each of our parks have their own great characteristics. Yosemite has its granite valley walls, Yellowstone has its geysers, and Glacier has beautiful broad vistas of deep canyons and white glacier filled lakes. The Road-to-the-Sun highway is only open six month out of the year due to the heavy snow it receives. The snow and cold temperatures during the winter would keep my wife from ever considering a move to the Big Sky country. Obviously, every husband knows that a happy wife make life a lot better. I guess I'll be staying in Hawthorne for the foreseeable future.

Upcoming Events

- Next City Council Meeting: Tuesday, August 26 – 6 p.m. at City Hall.

Contact Info

norhuber@gmail.com. (Thanks for reading my column.) •

ROBBERY 12800 BLK S. PRAIRIE AVE STREET, HIGHWAY, ALLEY Thu 08/07/14 13:37
Property Taken: (1) Black Older Model Cell Phone

ROBBERY W EL SEGUNDO BL/S PRAIRIE AV STREET, HIGHWAY, ALLEY Sat 08/09/14 22:28
Property Taken: (90) 60 Mg Oxycontin Pills

ROBBERY 4500 W IMPERIAL HY STREET, HIGHWAY, ALLEY Sun 08/10/14 23:48
Property Taken: Victims California Drivers License

ROBBERY 14600 S AVIATION BL MOTEL & HOTEL ROOM Fri 08/01/14 03:00
Property Taken: \$40 Us Currency, 1 Brown Prescription Bottle Of Adderall 10-12 Pil

ROBBERY W 120TH ST/S TRURO AV STREET, HIGHWAY, ALLEY Wed 08/06/14 15:02
Property Taken: (1) Gold Chain Necklace

BURGLARY – RESIDENTIAL 11800 S RAMONA AV HOUSE Thu 08/07/14 10:00

BURGLARY – RESIDENTIAL 3600 W 132ND ST HOUSE Thu 08/07/14 12:58
Property Taken: Household Appliances

BURGLARY 13300 S DOTY AV Fri 08/08 12:19

BURGLARY – RESIDENTIAL 13200 S

ROSELLE AV HOUSE Fri 08/08/14 18:00
Property Taken: Cash In An Envelope, Cash In An Envelope

BURGLARY 4400 W 115TH ST Sat 08/09 20:46
Property Taken: Sony Ps3, Sony Laptop, Miscellaneous Cologne, Silver Bulova Watch, Black And Silver Seiko Watch, Silver Guess Watch, Two Miscellaneous Watches, Diamond Ring, Pair Of Gray Nike Air Jordans, \$500 In Cash

BURGLARY – COMMERCIAL 2800 W 120TH ST DANCE STUDIOS, EXERCISE CENTER Mon 08/04/14 23:30
Property Taken: Motorola Droid Phone Red W/Black Case, Grey Ear Cups With A Black Strap Beats H/Phones, Ipod Touch 4th Generation White, Pair Of Nike Kobes Xmas Edition Grn/Gry/Blk, Black Leather Tri-Fold Docker's Wallet, Nike Elite Backpack Light Grey W/White Stripe

BURGLARY 12500 S INGLEWOOD AV PARKING LOT, GARAGE, PAID Tue 08/05/14 10:35
Method of Entry: OPENED PRIED

BURGLARY – COMMERCIAL 11800 S HAWTHORNE BL DRUG STORE – PHARMACY Thu 07/31/14 21:06
Property Taken: Drugs, Narcotics, Unknown Amount Of Prilosec Boxes, Unknown Amount Of Shaving Razors •

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Effective September 15, 2014

Metro Briefs

SOUTH BAY

New Fare Structure Begins September 15

Metro is adjusting fares for bus and rail service, effective September 15, 2014. The new structure allows customers to transfer to connecting lines to complete their one-way trip on a single fare when paid with a TAP card. For more complete details, visit metro.net/fares.

Save Up to \$10 On Your Transit Pass

Eligible customers can receive discount coupons to use on the purchase of Metro or EZ transit passes through the Rider Relief Program for low income residents. Coupons can save \$10 for regular riders who purchase monthly or weekly passes, and \$6 for Seniors/Disabled/Medicare or students. Find out more at metro.net/riderrelief.

"Metro Motion" Wins Emmy

Metro's cable TV show Metro Motion won an Emmy award for its Union Station 75th Anniversary episode. The award in the public programming category for news was presented at the 66th Los Angeles Area Emmy Awards. Metro Motion runs quarterly on 80 cable stations in LA County and on metro.net.

Free AltCar Expo Sept. 19–20 in Santa Monica

Test drive alternative fuel vehicles and learn about advancements in clean energy technology at the free AltCar Expo, September 19–20 at the Santa Monica Civic Auditorium. Now in its ninth year, AltCar Expo is the nation's leading forum for public education on green technology. Find out more at altcarexpo.com.

Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

Beware: Employment offers that suggest guaranteed out-of-state or overseas positions may be deceptive or unethical in nature. If you have any doubts about the nature of a company, contact the local office of the Better Business Bureau, (213) 251-9696. Herald Publications does not guarantee that the advertiser's claims are true nor does it take responsibility for those claims.

APARTMENT FOR RENT

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EMPLOYMENT

Counter Help Wanted at Valentino's Pizza in El Segundo and Manhattan Beach. Experience needed. Apply in person at 150 South Sepulveda, ES and 975 Aviation Blvd, MB.

EMPLOYMENT

Display Ad Sales Position. We need an experienced Display Ad Salesperson for Herald Publications. Territories include Torrance, El Segundo and Hawthorne. Full or part-time positions are available. 20% commission on all sales. If interested please email your resume to management@heraldpublications.com. No phone calls please.

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SEEKING TALENT

GOT A KID WITH TALENT? An established South Bay production company is looking for local amateur talent for possible Internet Based Talent Show. Ages 6-13. Tentative start date is mid August 2014. Please email video samples to jakep@fmht.net

To appear in next week's paper, submit your Classified Ad by Noon on Tuesday.

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Sports

from page 4

Alvarez finished the game with 10 points. Marquese Cook led Been Winning with a game-high 19 points. Amon Washington and De Juanye Wingfield each added five points.

Kemp led the Ballers with 18 points. Raymond Meza chipped in seven points and Brian Gonzalez contributed four. Spartans Top Hard Work: The Spartans defeated Hard Work 46-39 in Hawthorne Parks and Recreation Division IV play last Saturday at the Ainsworth Gym.

Jordan Caldwell led the Spartans with a game-high 12 points. Antonia Valle finished with nine points and Nile Alredge had six. Hard Work was led by Amir Majied with 11 points. Yvon Sison and Anthony Williams put in eight and seven points, in order.

DIVISION III

The Generals stayed in the lead for Division III (ages 10-12) by edging Prime time 21-20 on Saturday. Joshua Alvarez led the Generals with nine points, followed by Tyler Murray with four.

Brandon Clay and Russell Aquinide shared Prime Time's balanced scoring effort with

four points apiece. In another Division III game, the Hawkeyes rolled over the Lakers 34-7. Imari Moseley proved dominant for the Hawkeyes with a game-high 18 points. Sessa Eshete led the Lakers with four points. Game Tyme defeated Ball Out 27-20 in a Division III contest. Khalid Jalloh led Game Tyme with 11 points, followed by Trey Erickson with eight. Allen Murray led Ball Out with 11 points.

DIVISION II & DIVISION I

The Lakers topped Ball Out 17-10 and Dream Team rolled over the Runners 24-13 in Division II (ages 8-9) basketball action on Saturday.

The Gold Rush won a Division I (ages 6-7) game over the Thundercats 17-8 last Saturday at the Ainsworth Gym. Darrian Henry led all scorers with nine points for Gold Rush. Chris Davis sparked the Thundercats with four points. In another Division I game the Blue Jays edged the Skylanders 10-8.

Youth basketball games continue on Saturday at the Ainsworth Gym starting at 9 a.m. and finishing at about 4 p.m. •

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- GOLDA MEIR

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Business Briefs

Free Workshop – Marketing Toolkit

A free Building Your Marketing ToolKit workshop focused on small businesses and nonprofits will be held at the Small Business Development Center, 13430 Hawthorne Blvd., Hawthorne 90250 on September 17, 2014. Registration/networking will be from 9:30

-10 am and the workshop will be from 10 am - Noon. Attendees should bring a business card for admission. Contact is Liz Harsch, Tailor-Made Advertising, liz@adteamla.com or (310) 791-6300. •

South Bay’s Got Talent

South Bay’s Got Talent, the first - ever talent competition where talented actors, musicians, jugglers, dancers and any other form of talent imaginable have the opportunity to compete, arrives in the South Bay. The competition is open to all residents and ages of the Beach Cities (Manhattan Beach, Hermosa Beach, Redondo Beach), the Palos Verdes Peninsula, neighborhoods of the City of Los Angeles (Harbor City, Harbor Gateway, San Pedro and Wilmington), El Segundo, inland cities of the South Bay (Hawthorne, Inglewood, Gardena, Carson, Lawndale, Torrance, and Lomita).

Applications are available at torrancearts.org and must be submitted no later than Wednesday, August 27, at 5pm, with auditions scheduled for Monday and Tuesday September 8 & 9, 2014. Performance will be Saturday September 27, 2014, and prizes will be given to 1st, 2nd & 3rd place winners. Please contact the Torrance Cultural Arts Foundation office at (310) 378-8100 or by email at contest@torrancearts.org

Please contact the Torrance Cultural Arts Foundation office at (310) 378-8100 or by email at contest@torrancearts.org. •

“You didn't quit skateboarding because you got old, you got old because you quit skateboarding.”

- JAY ADAMS



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Fictitious Business Name Statement

2014190859
The following person(s) is (are) doing business as EXPRESS EMPLOYMENT PROFESSIONALS, 130 E. GRAND AVE., STE. F, EL SEGUNDO, CA, 90245, LOS ANGELES COUNTY. Registered Owner(s): MORNING STAR ASSOCIATES CORP., 11914 DORAL AVE., PORTER RANCH, CA 91326. This business is being conducted by a corporation. The registrant commenced to transact business under the fictitious business name listed: n/a. Signed: Anarissa Cachia. This statement was filed with the County Recorder of Los Angeles County on July 15, 2014. NOTICE: This Fictitious Name Statement expires on July 15, 2019. A new Fictitious Business Name Statement must be filed prior to July 15, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: July 31, August 7, 14, 21, 2014 H-1136

Fictitious Business Name Statement

2014201733
The following person(s) is (are) doing business as PIA BOOSTER CLUB, 300 NORTH CONTINENTAL BLVD., STE 315, EL SEGUNDO, CA 90245, LOS ANGELES COUNTY. Registered Owner(s): 1) CLAYTON W. WATSON, JR., 21 ORIBT LANE, SAN PEDRO, CA 90731; 2) TROY R. THROWER, 300 NORTH CONTINENTAL BLVD., STE. 315, EL SEGUNDO, CA 90245. This business is being conducted by an Unincorporated Association other than a Partnership. The registrant commenced to transact business under the fictitious business name listed: n/a. Signed: Clayton W. Watson, Jr., Principal. This statement was filed with the County Recorder of Los Angeles County on July 25, 2014. NOTICE: This Fictitious Name Statement expires on July 25 2019. A new Fictitious Business Name Statement must be filed prior to July 25 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: July 31, August 7, 14, 21, 2014. H-1137

Fictitious Business Name Statement

2014186202
The following person(s) is (are) doing business as 1) KEN JOSEPH MUSIC 2) KENNY J MUSIC PUBLISHING, 324 MARYLAND ST. #2, EL SEGUNDO, CA 90245, LOS ANGELES COUNTY. Registered Owner(s): KENNETH J. WLOSINSKI, 324 MARYLAND ST., #2, EL SEGUNDO, CA 90245. This business is being conducted by an individual. The registrant commenced to transact business under the fictitious business name listed: July 11, 2014. Signed: Kenneth J. WLOSINSKI. This statement was filed with the County Recorder of Los Angeles County on July 10, 2014. NOTICE: This Fictitious Name Statement expires on July 10, 2019. A new Fictitious Business Name Statement must be filed prior to July 10, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: July 31, August 7, 14, 21, 2014. H-1138

Fictitious Business Name Statement

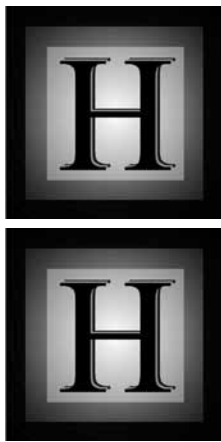
2014203176
The following person(s) is (are) doing business as ORDERED STEPS MINISTRIES, INC., 637 E. ALBERTONI ST. #209, CARSON, CA 90746, LOS ANGELES COUNTY. Registered Owner(s): ORDERED STEPS MINISTRIES, INC., 637 E ALBERTONI ST., #209, CARSON, CA 90746. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name listed: N/A. Signed: Dr. Michael N. Henderson Sr, President/Pastor. This statement was filed with the County Recorder of Los Angeles County on July 28, 2014. NOTICE: This Fictitious Name Statement expires on July 28, 2019. A new Fictitious Business Name Statement must be filed prior to July 28, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. July 31, August 7, 14, 21, 2014 H-1139

ABANDONMENTS: \$125.00
ABC NOTICES: \$125.00
DBA (Fictitious Business Name) \$75.00
NAME CHANGE: \$125.00

Other type of notice? Contact us and we can give you a price.

Fictitious Business Name Statement

2014204643
The following person(s) is (are) doing business as CALCRO CONSTRUCTION COMPANY, 732 CENTER PL, UNIT B, MANHATTAN BEACH, CA 90266, LOS ANGELES COUNTY. Registered Owner(s): JOSIP TESKAC, 732 CENTER PL., UNIT B, MANHATTAN BEACH, CA 90266. This business is being conducted by an individual. The registrant commenced to transact business under the fictitious business name listed above on: n/a. Signed: JOSIP TESKAC, OWNER. This statement was filed with the County Recorder of Los Angeles County on July 29, 2014. NOTICE: This Fictitious Name Statement expires on July 29, 2019. A new Fictitious Business Name Statement must be filed prior to July 29, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: August 7, 14, 21, 28, 2014 H-1140



Fictitious Business Name Statement

2014218988
The following person(s) is (are) doing business as 1) 2520 ALSACE AVENUE; 2) 2231 HAUSER BLVD, 1842 WASHINGTON WAY, VENICE, CA 90291, LOS ANGELES COUNTY. Registered Owner(s): WILLIAM GARRETT O'NEIL, 1842 WASHINGTON WAY, VENICE, CA 90291. This business is being conducted by an individual. The registrant commenced to transact business under the fictitious business name listed above on: n/a. Signed: WILLIAM GARRETT O'NEIL, INDIVIDUAL. This statement was filed with the County Recorder of Los Angeles County on August 8, 2014. NOTICE: This Fictitious Name Statement expires on August 8, 2019. A new Fictitious Business Name Statement must be filed prior to August 8, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald Pub. August 14, 21, 28, Sept. 4, 2014 H-1142

Fictitious Business Name Statement

2014221258
The following person(s) is (are) doing business as 1) NICOL REAL ESTATE; 2) NICOL DEVELOPMENTS; 3) NICOL ARTISTRY 905 LOMA VISTA, EL SEGUNDO, CA, 90245, LOS ANGELES COUNTY. Registered Owner(s): 1) SCOT F. NICOL, 905 LOMA VISTA, EL SEGUNDO, CA, 90245; 2) KIMBERLY NICOL, 905 LOMA VISTA, EL SEGUNDO, CA, 90245. This business is being conducted by a Married Couple. The registrant commenced to transact business under the fictitious business name listed above on: 01/01/2014. Signed: SCOT F. NICOL, OWNER. This statement was filed with the County Recorder of Los Angeles County on August 11, 2014. NOTICE: This Fictitious Name Statement expires on August 11, 2019. A new Fictitious Business Name Statement must be filed prior to August 11, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald Pub. August 14, 21, 28, Sept. 4, 2014 H-1143

Fictitious Business Name Statement

20144221381
The following person(s) is (are) doing business as AYSAUCE! MARYOSEP, 4761 W. 141ST. STREET, HAWTHORNE, CA 90250, COUNTY OF LOS ANGELES. Owner(s): DON S. BRITO, 4761 W. 141ST STREET, HAWTHORNE, CA 90250. This business is being conducted by an individual. The registrant commenced to transact business under the fictitious business name listed above on: August 11, 2014. Signed DON S. BRITO, OWNER. This statement was filed with the County Recorder of Los Angeles County on August 11, 2014. NOTICE: This Fictitious Name Statement expires on August 11, 2019. A new Fictitious Business Name Statement must be filed prior to August 11, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). HAWTHORNE PRESS TRIBUNE: 8/21, 8/28, 9/4, 9/11/2014 HH-1144

Fictitious Business Name Statement

2014223139
The following person(s) is (are) doing business as 1) CBR PRODUCTIONS; 2) CALVIN RHONE PUBLISHING; 3) WORD/SONG, 1939 W. 76TH ST., LOS ANGELES, CA, 90047, LOS ANGELES COUNTY. Registered Owner(s): CALVIN B. RHONE, 1939 W. 76TH ST., LOS ANGELES, CA, 90047. This business is being conducted by an individual. The registrant commenced to transact business under the fictitious business name listed above on: 1990. Signed: Name. This statement was filed with the County Recorder of Los Angeles County on August 12, 2014. NOTICE: This Fictitious Name Statement expires on August 12, 2019. A new Fictitious Business Name Statement must be filed prior to August 12, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald Pub. 8/21, 8/28, 9/4, 9/11/14. H-1145

Fictitious Business Name Statement

2014222847
The following person(s) is (are) doing business as 1) CARPOOL CREATIVE; 2) CARPOOL MEDIA; 3) CARPOOL PRODUCTIONS; 4) CARPOOL STUDIOS, 4232 LINDBLADE DR. APT. 6, LOS ANGELES, CA 90066, LOS ANGELES COUNTY. Registered Owner(s): CARPOOL LLC, 4232 LINDBLADE DR. APT. 6, LOS ANGELES, CA 90066. This business is being conducted by an Limited Liability Company. The registrant commenced to transact business under the fictitious business name listed above on: July 18, 2014. Signed: Carpool LLC, CFO. This statement was filed with the County Recorder of Los Angeles County on August 12, 2014. NOTICE: This Fictitious Name Statement expires on August 12, 2019. A new Fictitious Business Name Statement must be filed prior to August 12, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 8/21, 8/28, 9/4, 9/11/14. H-1146

Fictitious Business Name Statement

2014227267
The following person(s) is (are) doing business as WILD TURKEY TOWING, 2401 W. CALDWELL ST., COMPTON, CA 90220, LOS ANGELES COUNTY. Registered Owner(s): KIMATHI SWEENEY, 2401 W. CALDWELL ST., COMPTON, CA 90220. This business is being conducted by an individual. The registrant commenced to transact business under the fictitious business name listed above on: n/a. Signed: KIMATHI SWEENEY, MANAGER/OWNER. This statement was filed with the County Recorder of Los Angeles County on August 14, 2014. NOTICE: This Fictitious Name Statement expires on August 14, 2019. A new Fictitious Business Name Statement must be filed prior to August 14, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald Pub. August 21, 28, Sept. 4, 11 2014 H-1147

YOU SHOULDN'T FOCUS ON WHY YOU CAN'T DO SOMETHING, WHICH IS WHAT MOST PEOPLE DO. YOU SHOULD FOCUS ON WHY PERHAPS YOU CAN, AND BE ONE OF THE EXCEPTIONS.

-
STEVE CASE

Fictitious Business Name Statement

2014225582
The following person(s) is (are) doing business as TACTICAL COMMAND CABINETS, 5528 W. 124TH ST., HAWTHORNE, CA 90250 LOS ANGELES COUNTY. Registered Owner(s): NIALL MC KEOWN, 5528 W. 124TH ST., HAWTHORNE, CA 90250. This business is being conducted by an individual. The registrant commenced to transact business under the fictitious business name listed above on: 08/13/2014. Signed: NIALL MC KEOWN, OWNER. This statement was filed with the County Recorder of Los Angeles County on August 13, 2014. NOTICE: This Fictitious Name Statement expires on August 13, 2019. A new Fictitious Business Name Statement must be filed prior to August 13, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Hawthorne Press Tribune. Pub. August 21, 28, Sept. 4, 11 2014 HH-1148

Back-to-School Snacking Done Right

(BPT) - As the school year begins, some parents may find that the most chaotic time of the day is around 3 p.m. when class is dismissed and the juggling act of homework, soccer practice and piano lessons begins. With so much going on, it's important to keep kids energized and focused by providing them with healthy snacks packed with key nutrients such as vitamins E, D, B12 and omega-3s.

"The key to making the most of snack time is having an arsenal of healthy foods in your house, which you can mix and match to create a variety of nutritious snacks," says Registered Dietitian Tammy Lakatos Shames. "For instance, I always stock my refrigerator with Eggland's Best eggs because they are a versatile ingredient and contain more nutrients than ordinary eggs, such as three times the amount of vitamin B12. Many picky eaters fall short of this important nutrient since it is only found in animal products."

Tammy recommends the following tips for snacking success during the school year:

* **Wholesome baked goods:** If your kids have a sweet tooth, try serving them a baked good that includes wholesome veggies. Muffins are a portable snack that can be nutritionally enhanced with healthy, unexpected ingredients like carrots and zucchini. Carrots are a good

source of vitamin C and zucchini is a good source of vitamin A, both will help build your child's immune system.

* **Protein power:** Protein can prevent peaks and valleys in your child's energy levels and is a great way to curb your child's hunger. The Centers for Disease Control and Prevention recommend children consume 13-34 grams of protein per day, depending on their age. Some great sources of lean protein include nuts, low sodium deli meats and eggs. Spread almond butter on apple slices to give your child an extra source of protein before soccer practice.

* **Portion control:** Today, kids are trending toward three snacks a day so it's important to keep snacks between 50 and 100 calories each. Egg Salad Stuffed Tomato Cradles are a great snack to serve before dinner and will help keep your kids focused during homework. Tammy recommends using fortified eggs like Eggland's Best because one large EB egg is just 60 calories. Plus, EB eggs contain double the omega-3s, which is a nutrient that has been linked to fighting everything from ADHD to asthma in kids.

You can find more snack options like this Egg Salad Stuffed Tomato Cradles at www.egglandsbest.com or www.pinterest.com/egglandsbest.

Egg Salad Stuffed Tomato Cradles



Ingredients

- 4 eggs, hard-cooked
- 1 1/2 tablespoons avocado
- 2 tablespoons plain nonfat yogurt, ideally organic
- 2 teaspoons dijonaise
- 1/4 teaspoon lemon juice
- Freshly ground pepper, to taste
- Salt to taste, optional
- 4 tomatoes on the vine

Directions

Place avocado in a medium bowl with yogurt, dijonaise and lemon juice and mash together with a fork. Mash until creamy throughout. Chop eggs and stir them gently in the yogurt mixture. Season with salt and fresh cracked pepper to taste. Set aside in refrigerator. Cut a thin slice off the top of each tomato. Leaving a 1/2-inch shell, scoop out the pulp. (Reserve the pulp for adding to salads, topping sandwiches or adding to omelets.)•

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