

El Segundo Herald

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Officer Drohan Receives MADD Award for Top Arresting Officer



Officer Michael Drohan was recognized by Mothers Against Drunk Driving (MADD) as the top arresting officer in El Segundo. In the past year, Officer Drohan made 16 arrests for driving under the influence. Each DUI arrest is a possible life saved. Congratulations and thank you Officer Drohan for keeping our roads safe from drunk drivers. Photo courtesy El Segundo Police Department.

Bryan Grijalva Heals the Spirit

By Kiersten Vannest

“We have three bodies,” says Bryan Grijalva, a healer located in El Segundo. The bodies he describes are the physical, the emotional, and the spiritual. Bryan, in particular, works to heal and strengthen the spiritual body.

“Think of an apple. When you see an apple, the skin is the physical body. You can see bruises, abrasions, broken arms, bleeding,” he says. The physical body is most often attributed to western medicine, able to be treated in hospitals by medical doctors. “When we look a little bit deeper into the apple, the meat of it, that’s the emotional body.” This body is best served by psychologists, psychiatrists, and therapists. Emotional trauma may be healed through these methods or fortified. “But then, there’s the issue of the spiritual body, which would be like the seeds of the apple... that’s where I specialize,” says Grijalva. Your spiritual body, as he describes it, can have blockages that can manifest in mental or physical health issues. His job is to find those blockages and help facilitate healing from the innermost body.

How can these three bodies coexist, or can they? Grijalva says absolutely. “It’s never ‘in lieu of,’ it’s always ‘in conjunction with,’” he says, positing that spiritual healing is just the third piece of effective healing. According to him, the connection between the three (physical health, mental health, and spiritual health) is important and can produce some amazing changes.

Grijalva himself is certified and practices over two dozen healing modalities. This ranges from simply talking to a client, to analyzing chakra charts, to exercising reiki to free up blockages and increase chi flow.

Grijalva explains that we all have an essence of energy and life that flows through all of our bodies for those who don’t know

what any of that means. This is the chi flow. Sometimes we have traumas, physical, emotional, or spiritual, resulting in illnesses, struggles, or just generally feeling “off.” Chakras, he explains, are essentially different energy centers in your body that correlate to certain nerve bundles and organs. Healthy chakras are open and balanced. Reiki is a type of massage in which the massage therapist doesn’t actually touch the client, but channels energy through themselves and into the client. Clients report feeling warm or sometimes slight pressure when undergoing energy healing.

Despite his passion and experience, Grijalva was not always a spiritual healer. “I actually used to own an auto shop, and I was quite

See Bryan Grijalva, page 4



Bryan Grijalva, owner and operator of Sacred Circle.

Weekend Forecast

Friday
Mostly Sunny
71°/62°



Saturday
Mostly Sunny
71°/63°



Sunday
Sunny
71°/62°



First-Year El Segundo-Based Pro Rugby Team Takes the League by Storm

By Duane Plank

I was fortunate to receive a tip from a gentleman I had profiled recently in the *Herald*, who brought to my attention that a new professional sports team, launching their inaugural season, was headquartered in and practiced in our fine city. Who knew?

Well, here is your introduction to the Los Angeles Giltinis (anyone knows what a Giltini is?), first-year members of the growing Major League Rugby enterprise, who are taking the league by storm, sitting, at the time of this submission, at the top of the league “table,” and likely heading to the upcoming playoffs. Which for Americans means that they are in first place in the standings.

Full disclosure: I am a total rugby novice, trying to learn as much as possible about this great sport. So, if I bollocks up some of the nomenclature, positions, or terms, please accept, in advance, my apologies. The Giltini’s players who I interviewed said, “no worry, mate!”

Longtime *Herald* readers may remember the wildly popular *Frankly Plank* column that debuted more than a decade ago, and dabbled in sports “hot-takes,” and occasionally veered into other subjects. But I will admit, I never wrote about the great sport of rugby, which has been around the planet for, it seems, nearly 200 years. I believe I have a couple of somewhat distant relatives who matriculated

See Pro Rugby, page 13

Happy



Independence Day

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Business Briefs

Holiday Spirit on Main Street



455 Main is looking extremely patriotic! Photo courtesy Bill Ruane Remax Estate Property.



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PV News Alzheimer's Contributor and Columnist

LAUREN MAHAKIAN

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Letters

America's Founding Principles:

(1) Equality in liberty and law, not equality in outcomes through inequality in liberty and law.

(2) Unalienable God-given individual Natural Rights that no people or government can take away.

(3) No government without consent of the governed.

(4) No taxation without representation.

(5) All power inherently belongs to the people except limited enumerated powers the people voluntarily and revocably delegate to government through a written constitution the people can unilaterally change but government cannot.

(6) The people cannot have all the power and prevent tyranny if government has all the guns. Therefore, the people have the right to keep and bear dual-use arms.

(7) The purpose of government is to protect

the people's liberty. When it fails to do so or violates liberty, the people have the right and duty to alter or abolish and replace their government.

(8) America is not a democracy. America was founded as a constitutional representative republic that protects minorities, to prevent tyranny of the majority in democracies, and tyranny of the minority in monarchies and dictatorships. Article IV Section 4: "The United States shall guarantee to every State in this Union a Republican Form of Government".

(9) The Constitution requires very many features to constrain, limit, separate, and balance powers to limit concentrations and abuse of power and conflicts of interest.

(10) Liberty is more easily lost than regained. Every generation must learn, teach, and vigorously protect America's Founding Principles established in the Declaration of Independence, Constitution, and Federalist Papers.

— Michael D. Robbins

Police Reports

Monday, June 21st

A found property report was taken at 0741 hours from the 300 block of Richmond.

Traffic accident (no injuries) occurred at 1439 hours from El Segundo Boulevard and Nash Street, vehicle versus vehicle.

A burglary (commercial) report was taken at 1601 hours from the 200 block of North Pacific Coast Highway. The suspect entered the building and stole property from the victim.

A grand theft report was taken at 1745 hours from the 1300 block of East El Segundo Boulevard. Unknown suspect(s) stole the victim's bicycle.

Tuesday, June 22nd

A found property report was taken at 1041 hours from the 100 block of Main Street. Found was luggage.

A female male adult was detained at 1259 hours from Mariposa Avenue and Pacific Coast Highway and transported to Harbor Exodus Medical Center for a psychiatric evaluation.

A burglary (vehicle) report was taken at 1247 hours from the 800 block of North Pacific Coast Highway.

A traffic accident (with injuries) report was taken at 1419 hours from Main Street and Mariposa Avenue, vehicle versus vehicle.

A missing person report was taken at 1510 hours from the 100 block of West Imperial Avenue. A male adult was reported missing.

A dog bite report was taken at 1621 hours from the 600 block of West Imperial Avenue.

A found property report was taken at 2045 hours from the 500 block of East Imperial Avenue. A cellular phone was found.

A criminal threats report was taken at 2209 hours from the 400 block of North Continental Boulevard. The suspect threatened the victim.

An online grand theft report was taken at 2320 hours from the 2100 block of East Maple Avenue. Unknown suspect(s) stole the victim's property.

One male adult was arrested at 0111 hours from the 100 block of Whiting Street for conspiracy to commit burglary, receiving stolen property, possession of burglary tools, misappropriation of lost property and bringing drugs into a jail.

One female adult was arrested at 0111 hours from the 100 block of Whiting Street for conspiracy to commit burglary, receiving stolen property, possession of burglary tools, and misappropriation of lost.

One male adult was arrested at 0134 hours

from the 2100 block of East Mariposa Avenue for drunk in public.

Wednesday, June 23rd

A burglary (vehicle) report was taken at 0734 hours from the 700 block of South Pacific Coast Highway.

A shoplifting report was taken at 1213 hours from the 700 block of South Pacific Coast Highway. The suspect stole several items from the store.

A female adult was arrested at 1401 hours from the 2000 block of East of Mariposa Avenue for assault with a deadly weapon.

A traffic accident (no injuries) was taken at 1449 hours from Mariposa Avenue and Pacific Coast Highway, vehicle versus vehicle.

A dog bite report was taken at 1632 hours from the 800 block of Washington Street.

One male adult was arrested at 1758 hours from the 700 block of South Pacific Coast Highway for petty theft and one RBPD felony warrant.

One male adult was arrested at 1853 hours from 135th Street and Glasglow Place for shoplifting and bringing contraband into a jail.

One male adult was arrested at 1853 hours from 135th Street and Glasglow Place for shoplifting.

A grand theft report was taken at 1759 hours from the 2200 block of East Park Place. Unknown suspect(s) stole the victim's electric bicycle.

An online lost property report was taken at 0127 hours from the 700 block of Indiana Court. Lost was prescription medication.

Thursday, June 24th

A dead body report 0918 hours from the 700 block of West Imperial Avenue.

A vandalism report was taken at 0924 hours from the 1200 block of East Grand Avenue.

A vandalism report was taken at 1052 hours from the 800 block of East Pine Avenue.

A stolen vehicle report was taken at 1059 hours from the 500 block of Loma Vista Street. Taken was a 2020 Chevy Equinox.

A lost property report was taken at 1226 hours from the 2000 block of East Park Place. Lost was a black wallet with miscellaneous debit/credit cards and driver license.

An injury report was taken at 1326 hours from the 400 block of Sheldon Street. A skateboarder injured his elbow and knee.

A misdemeanor hit and run report was taken at 1656 hours from Rosecrans Avenue

See Police Reports, page 6

Sports

Babe Ruth League Icons Honored

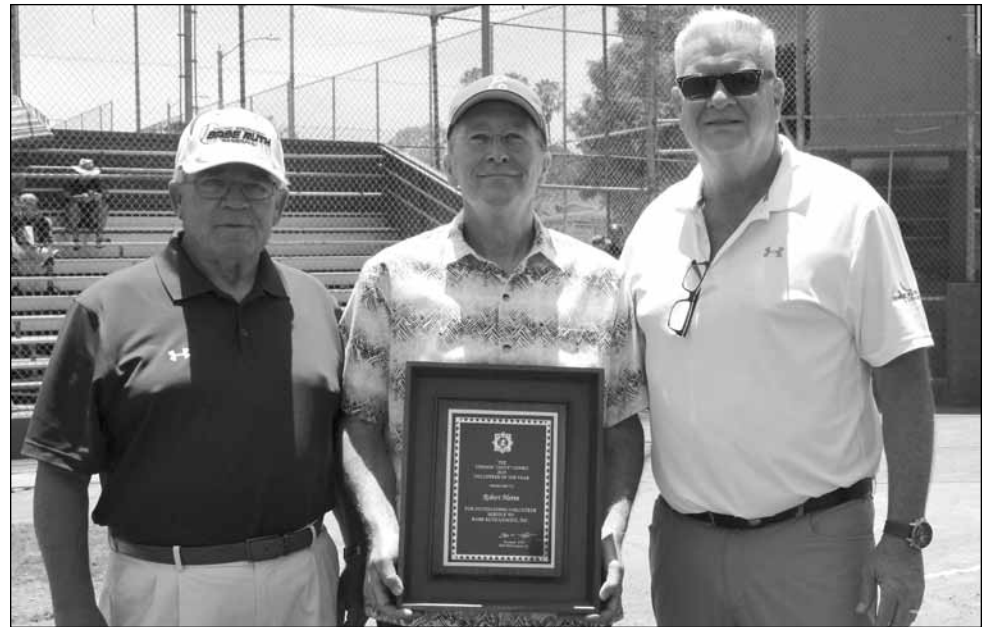
By Gregg McMullin

The El Segundo Babe Ruth League has just completed its 66th season. In that time, the league has won five World Series championships and finished second or third two other times. The league, which is strictly filled with volunteers, has had several league presidents and coaches in those 66 years. Two volunteers have stood the test of time which started in 1979. Bob Motta and his late wife Kathy were honored in a dedication ceremony to name the score booth above the snack bar at Stevenson Field, the Bob and Kathy Motta Score Booth. Bob has been the league president 13 times and has served on the board in some capacity 14 other times. Bob was also honored with the Lefty Gomez Babe Ruth League Volunteer of the Year.

a feeder league to the high school and his selfless dedication to maintaining the infield at the high school. "I would ask Bob what was needed to maintain the infield." On any given weekend, you'd find Bob cutting the grass or watering the infield, and he did it because of his passion for giving back.

Bob's first love affair was with his wife, Kathy. "She had me at hello when we met in 1973 at her brother's birthday." They would be married over forty years and raise two children Rebecca and Ray.

Bob's second love affair was his passion for coaching baseball and to the youth of our community. As the story goes, Bob's brother Mark wasn't selected as a 13-year-old for one of the Babe Ruth League teams in 1979. At the time, there were no prep



Bob Motta was honored with the Vernon 'Lefty' Gomez Volunteer of the Year Award. Bob is flanked by Babe Ruth League Inc. representatives Senior Vice President Robert Faherty and Pacific Southwest Regional Commissioner Leonard Hammer.

Those in attendance to honor Bob included Mayor Drew Boyles and former Mayor Bill Fisher. Bob's family and Senior VP/National Commissioner of Babe Ruth League, Robert Faherty Jr. Players from the five World Series championship teams and the six teams from this season were all on the infield as Bob, his family, speakers and dignitaries sat in front of the pitcher's mound.

Lee Davis introduced Bob to the audience and what he's meant to the Recreation and Park's Commission. Bob is going into his fifth term on the commission. Mr. Faherty told the audience of Bob's selfless dedication to Babe Ruth League baseball and why he was honored with a national award from Babe Ruth League Inc. Dave Lubs had the honor of emotionally telling the community about Bob and Kathy's life story. El Segundo High School's athletic director Steve Shevlin praised Bob for his work with youth baseball and what it has meant to the continued success of all high school sports.

Craig Cousins, a member of the 1964 World Series championship team, introduced other players from the other four championship teams including from the 1969 team Ed Glotz and Stu Swiggum; from the 1974 team, Bob Gilbert, Bill Nusbaum, and Joe Dornblaser; from the 2002 team Tom Cook and Austin Meick and representing the 2013 team were Spencer Song, Joey Acosta, and Sean Emery. El Segundo high school baseball coach, Billy Traber, spoke on what Bob has meant to the continued development of baseball as

teams for those wishing to play but were not selected. The Babe Ruth League board would support and create a prep league if coaches were found. Bob, who did not play baseball in high school but was a student of the game, volunteered to be the coach, and thus Bob's 42-year journey began.

In time, Bob joined one of the league's teams (Seals) as an assistant coach. It was during this time Bob and his girlfriend Kathy became engaged. Their wedding date conflicted with one of the Seal's games that were scheduled. Bob asked his best friend, Kathy, if it was possible to change their wedding date. Kathy's love for Bob and knowing his passion for youth baseball won out, and she agreed. Thus, Bob's two love affairs became a lifetime of passion, one for Kathy and his connection with youth sports being the other.

When Bob's son Ray entered Little League, he decided to coach at that level, and for the next eight years, Bob coached Little League teams and served in some capacity on the Little League board. In 1995 Bob returned to the Babe Ruth League, where he joined the Stars coaching staff until 2017.

For the past 27 seasons, Bob and Kathy have devoted their lives to the El Segundo Babe Ruth League. Bob as a coach or on the league board and Kathy at his side as the official scorekeeper. Mr. Faherty represented Babe Ruth League, Inc. to present Bob the Lefty Gomez Volunteer of the Year award. The fact that Babe Ruth League, Inc. has

See Sports, page 15



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Bryan Grijalva

from front page

happy,” he laughs. During this time, his sister began to develop debilitating migraines. When medicine wasn’t working, and she felt at a loss, he felt helpless. So he signed himself up for massage school to see if he could alleviate any of her pain. Massage school led deeper into energy studies and eventually holistic healing. Fifteen years later, he teaches classes out of El Segundo and sees clients regularly.

Grijalva is also what he calls a medical intuitive. This essentially means that with meditation, through a process called synchronization,



Many different instruments like this gong are used to create vibrations in a sound bath.

he can feel a client’s pain in his own body. This helps him to empathize with his client and better understand where blockages may be occurring. Thankfully, he says, this is something he has largely learned to manage so that he isn’t walking around feeling the pains of everyone around him in Los Angeles.

How does one know if this is a field they could enter? Grijalva says he believes these abilities are implicit in everyone, though some have to work harder at it than others. As for him, he describes feeling this from the time of childhood. “As a child, I was very sick all the time, but realizing it wasn’t mine. It took a while to get a hold of it, and I do see a lot of sensitive children experience it quite a bit,” he says. Part of his work is helping to teach children about empathy and helping adults sort out what pain is theirs and what is external. By realizing what is yours and what is not, he says, you can begin to open your mind and help others.

In the past year, a common issue he’s dealt with during his consultations has been everything related to the pandemic and the lockdown. From loneliness to loss, his spiritual healing has been focused often on anxiety and depression lately, though he says every client is completely different and is treated individually.

With his studio, Sacred Circle, opening up again soon, he hopes to resume a practice of a monthly sound bath, which works to bring vibrations into the body, and can quiet

the mind or bring emotions to the forefront, depending on the kind of sound bath and individual reaction to different vibrations. He says that taking in other people’s pain and constantly working through roadblocks and struggles can be very physically and emotionally exhausting. But on days he feels burned out and is ready to throw in the towel, he’ll hear from a client who says that a huge problem they never thought they’d ever been able to deal with or cure is completely gone, and his dedication to the craft is renewed.

“That to me,” he says, “that’s worth more

than all the money in the world: to hear how someone has healed themselves or to have helped facilitate their healing.” Grijalva’s hopes that holistic healing will be more generally accepted in the future. “I’m not a doctor. I don’t pretend to be. But there are so many things that are not medical or physical in nature; they’re spiritual. That is what I’m trying to do: help people understand that we are spiritual creatures, and we can address our spiritual concerns in a safe and healthy way. Then we can really facilitate true healing.” •



Grijalva's studio, where he offers classes, reiki sessions, and intuitive consultations.

“Happiness cannot be traveled to, owned, earned, worn or consumed. Happiness is the spiritual experience of living every minute with love, grace and gratitude.”
 — DENIS WAITLEY

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 The following person(s) is (are) doing business as SXM MEDIA, 1) 953 N. SYCAMORE AVE, LOS ANGELES, CA 90038, 2) 1221 AVENUE OF THE AMERICAS 35TH FLOOR, NEW YORK, NY 10020, LOS ANGELES COUNTY. Registered Owner(s): SIRIUS XM RADIO INC., 1221 AVENUE OF THE AMERICAS 35TH FLOOR, NEW YORK, NY 10020, DE. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 04/2021. Signed: SIRIUS XM RADIO INC., PATRICK DONNELLY, Vice President. This statement was filed with the County Recorder of Los Angeles County on June 11, 2021.
 NOTICE: This Fictitious Name Statement expires on June 11, 2026. A new Fictitious Business Name Statement must be filed prior to June 11, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).
 El Segundo Herald: Pub. 6/24, 7/1, 7/8, 7/15/21 **H-2243**

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 The following person(s) is (are) doing business as SNAP-ON-TOOLS, 1112 BARBARA ST APT C, REDONDO BEACH, CA 90277, LOS ANGELES COUNTY. Registered Owner(s): CLEVELAND TOOLS LLC, 1112 BARBARA ST APT C, REDONDO BEACH, CA 90277. CA. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 04/2021. Signed: CLEVELAND TOOLS LLC, THOMAS CLEVELAND, CEO. This statement was filed with the County Recorder of Los Angeles County on June 16, 2021.
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Fictitious Business Name Statement 2021137085
 The following person(s) is (are) doing business as PLNTD, 12838 MARLBORO ST, LOS ANGELES, CA 90049, LOS ANGELES COUNTY. AI #ON: 4269778. Registered Owner(s): EXTRACT CORP., 12838 MARLBORO ST, LOS ANGELES, CA 90049. CA. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: EXTRACT CORP., NATHAN AFRAMIAN, CEO. This statement was filed with the County Recorder of Los Angeles County on June 18, 2021.
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Fictitious Business Name Statement 2021138522
 The following person(s) is (are) doing business as 1) DIVORCE SOURCE, 2) 3STEPDIVORCE, 3) 123DIVORCEME, 909 N. PACIFIC COAST HWY, 11TH FL, EL SEGUNDO, CA 90245, LOS ANGELES COUNTY. Registered Owner(s): MH SUB I, LLC, 909 N. PACIFIC COAST HWY, 11TH FL, EL SEGUNDO, CA 90245. DE. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 04/2021. Signed: MH SUB I, LLC, B. LYNN WALSH, Secretary. This statement was filed with the County Recorder of Los Angeles County on June 21, 2021.
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 El Segundo Herald: Pub. 7/1, 7/8, 7/15, 7/22/21 **H-2248**

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 The following person(s) is (are) doing business as MY CRYSTAL COVEN, 4315 W 182ND ST APT. 301, TORRANCE, CA 90504, LOS ANGELES COUNTY. Registered Owner(s): SOPHIA TOGLE, 4315 W 182ND ST APT. 301, TORRANCE, CA 90504. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: SOPHIA TOGLE, Owner. This statement was filed with the County Recorder of Los Angeles County on June 22, 2021.
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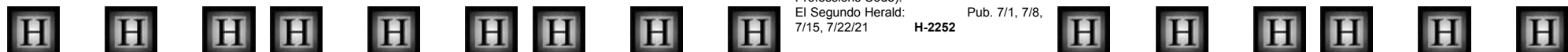
Fictitious Business Name Statement 2021131744
 The following person(s) is (are) doing business as TEC-PRO, 1) 20460 GRAMERCY PLACE, TORRANCE, CA 90501, 2) 20460 GRAMERCY PLACE, TORRANCE, CA 90501, LOS ANGELES COUNTY. AI #ON: 1386665. Registered Owner(s): MEDICOOL, INC., 20460 GRAMERCY PLACE, TORRANCE, CA 90501. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 04/2021. Signed: MEDICOOL, INC., STEPHEN WALLACE, Vice President. This statement was filed with the County Recorder of Los Angeles County on June 11, 2021.
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 El Segundo Herald: Pub. 7/1, 7/8, 7/15, 7/22/21 **H-2250**

Fictitious Business Name Statement 2021128562
 The following person(s) is (are) doing business as 1) TORRANCE LOCK AND KEY, 2) TORRANCE LOCK & SAFE, 3) TORRANCE LOCK & SECURITY, 4) TORRANCE SECURITY, 2421 TORRANCE BLVD., TORRANCE, CA 90501, LOS ANGELES COUNTY. Registered Owner(s): TORRANCE LOCK & KEY, INC., 2421 TORRANCE BLVD., TORRANCE, CA 90501. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 03/2011. Signed: TORRANCE LOCK & KEY, KEVIN R. MORRIS, President. This statement was filed with the County Recorder of Los Angeles County on June 8, 2021.
 NOTICE: This Fictitious Name Statement expires on June 8, 2026. A new Fictitious Business Name Statement must be filed prior to June 8, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).
 El Segundo Herald: Pub. 7/1, 7/8, 7/15, 7/22/21 **H-2251**

Fictitious Business Name Statement 2021135697
 The following person(s) is (are) doing business as 1) MANCHESTER LOCK & KEY, 2) MANCHESTER LOCK & SAFE, 3) CENTRAL SAFE & VAULT, 4) MANCHESTER LOCK & SECURITY, 5) REDONDO LOCK COMPANY, 6) WESTCHESTER LOCKSMITH, 7) WESTCHESTER LOCKSMITHS, 1043 W. MANCHESTER BLVD., INGLEWOOD, CA 90301, LOS ANGELES COUNTY. AI #ON: 2779383. Registered Owner(s): TORRANCE LOCK & KEY, INC., 2421 TORRANCE BLVD., TORRANCE, CA 90501. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 03/2013. Signed: TORRANCE LOCK & KEY, INC., DANIELLE MORRIS, Secretary. This statement was filed with the County Recorder of Los Angeles County on June 17, 2021.
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 El Segundo Herald: Pub. 7/1, 7/8, 7/15, 7/22/21 **H-2252**

Fictitious Business Name Statement 2021139896
 The following person(s) is (are) doing business as PROLUX CONSTRUCTION AND DESIGN, 2015 WEST 238TH STREET, TORRANCE, CA 90501, LOS ANGELES COUNTY. Registered Owner(s): NICHOLAS PAUL PAUSTIAN, 2015 WEST 238TH STREET, TORRANCE, CA 90501. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: NICHOLAS PAUL PAUSTIAN, Owner. This statement was filed with the County Recorder of Los Angeles County on June 22, 2021.
 NOTICE: This Fictitious Name Statement expires on June 22, 2026. A new Fictitious Business Name Statement must be filed prior to June 22, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).
 El Segundo Herald: Pub. 7/1, 7/8, 7/15, 7/22/21 **H-2253**

Fictitious Business Name Statement 2021136477
 The following person(s) is (are) doing business as CITI CLAIMS, 411 E SYCAMORE AVENUE, EL SEGUNDO, CA 90245, LOS ANGELES COUNTY. Registered Owner(s): ALL CITY INSURANCE ADJUSTERS, 411 E SYCAMORE AVENUE, EL SEGUNDO, CA 90245. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 05/2021. Signed: ALL CITY INSURANCE ADJUSTERS, CHRIS WROE, President. This statement was filed with the County Recorder of Los Angeles County on June 18, 2021.
 NOTICE: This Fictitious Name Statement expires on June 18, 2026. A new Fictitious Business Name Statement must be filed prior to June 18, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).
 El Segundo Herald: Pub. 7/1, 7/8, 7/15, 7/22/21 **H-2254**



Your Neighborhood Therapist

Dear Neighborhood Therapist,

I have a twin sister and we've always been best friends. We live near each other and share everything in our lives. We are both married and have children. A month ago at a party my sister's husband made a pass at me when we were alone. I was shocked and confused, and I made it clear how upset I was. When we next spoke he said he had been drunk, he apologized profusely, and said it would never happen again. I don't know what to do. I've never kept a secret from my sister before. I do believe that telling my sister might lead to them getting divorced. I haven't told anyone and truly don't know what to do. What do you think?

— Agonizing, Santa Monica

Dear Agonizing,

I think it really stinks that this happened, to put it mildly, and I'm very sorry to hear it. It stinks that you need to do anything at all. Sadly, life throws stuff at us and sometimes we have to respond (in this case, doing nothing

is also a response). You seem more concerned about your relationship with your sister than you do with the incident's immediate effects on you, so I will address that part.

I suspect you may feel like you have been forced into a situation where in order to preserve your sister's marriage you must lie to her and cover up her husband's act of aggression.

But of course for that to be true, then it also has to be true that because of something your brother-in-law did, the possible continued existence of a marriage that you are not a part of is suddenly entirely in your hands. Does that sound logical or reasonable to you? I didn't think so. It's a tense moment and it makes sense that you would feel a huge weight on your shoulders, but if the marriage ends, that's not on you.

I cannot tell you what to do, but I am confident you can reach a good sense of how to proceed according to your own values. My suggestion is to write down the answers to the following questions. Writing

See *Therapist*, page 6

Seniors

Top Travel Trends For U.S. Travelers This Season

(BPT) - After a devastating pandemic kept us in our homes for over a year, wanderlust is at an all-time high and more Americans are starting to get back out there. In fact, one-third of us plan to travel out of town this spring, while a little over another third plan to do so this summer.1 With that in mind, Priceline looked at how travel has changed and what trends are emerging as we enter the spring and summer peak travel season.

1. Escapism is Top of Mind

When it comes to air travel, hotel stays and car rentals, Americans are prioritizing warm, tropical and entertainment-focused destinations, such as Hawaii, Las Vegas, Mexico and Orlando. Florida, in particular, is a traveler favorite right now. The Sunshine State dominates the top 10 destinations across all three categories with at least four cities on each list.2

2. Local Exploration Matters More than Ever

When the pandemic took hold, flights came to an almost screeching halt. According to round-trip

flight bookings on Priceline, travelers flew four billion miles fewer in 2020 than they did in 2019. Not only did people fly less often, but they also did not travel as far: The average distance dropped by 20% in 2020 (1,307 miles), compared to the same period in 2019 (1,654 miles).3 Instead, Americans are opting to explore locally, with 70% of car rentals used for road trips within their own state, and driving an average of 184 miles.4 Likewise, today's travelers are booking hotel stays within their own states 10% more than prior years.5

3. Wallet-friendly Stays Abound in the South and West

Travel deals are more important than ever. This year, the average hotel stay costs under \$125 a night in Las Vegas, The Black Hills, South Dakota, Denver and Orlando, which means you can enjoy a great getaway without blowing your budget.6 Explore the outdoors at South Dakota's majestic Black Hills, home to Mount Rushmore, and Pigeon Forge, only a

See *Seniors*, page 12

Finance

5 Ways Small Businesses Can Thrive Into The Future

(BPT) - For the past year, the pandemic has disrupted the world - and small businesses are no exception. While navigating challenges, many small to medium-sized businesses (SMBs) discovered keys not only to survival, but to adapting and thriving. New research reveals what SMBs need to weather today's hardships - and future challenges.

Here are the top areas SMBs need to focus on.

1. Boost Cybersecurity with Smarter Technology

Technology company Lenovo's "Future of Work and Transformation Study" shows that while companies experienced a learning curve moving employees to remote work, businesses are leveraging smarter technology to increase IT security and empower employee productivity.

All companies have had to respond to the need for increased IT security and support for employees relying on home Wi-Fi networks. Employees using remotely-connected cloud and collaboration tools from their laptops or other devices on home Wi-Fi networks may increase the risk to data security, putting increased strain on IT department resources.

Lenovo's study found that although most SMBs subscribe to an IT security service, data security and compliance management remains a burden. Fortunately, most businesses

recognized the need early, and 80% of them built strategies to keep things running, including plans for data security and redundancy. About 45% of businesses reported having cloud-based data backup, 39% had physical data backup and 39% provided data security training.

2. Ensure Employees Have the Necessary Tools

While many businesses played catch-up to ensure employees had the right tools to successfully work from home, others still don't have the right infrastructure for remote staff - which will likely continue to be essential to businesses.

The study found that cloud collaboration and software tools for videocalls and simultaneous document collaboration are essential for 97% of employees. Almost two-thirds of survey respondents also said these tools improved their productivity and efficiency.

3. Meet Consumer Demand for Omnichannel Ordering

Since lockdowns began, eCommerce and online ordering has increased dramatically - for everything from sporting goods and retail apparel to housewares and takeout meals. While some businesses - whether independent retailers or restaurants - have gone online for the first time, others worked to optimize their existing online ordering systems, taking into

See *Finance*, page 12



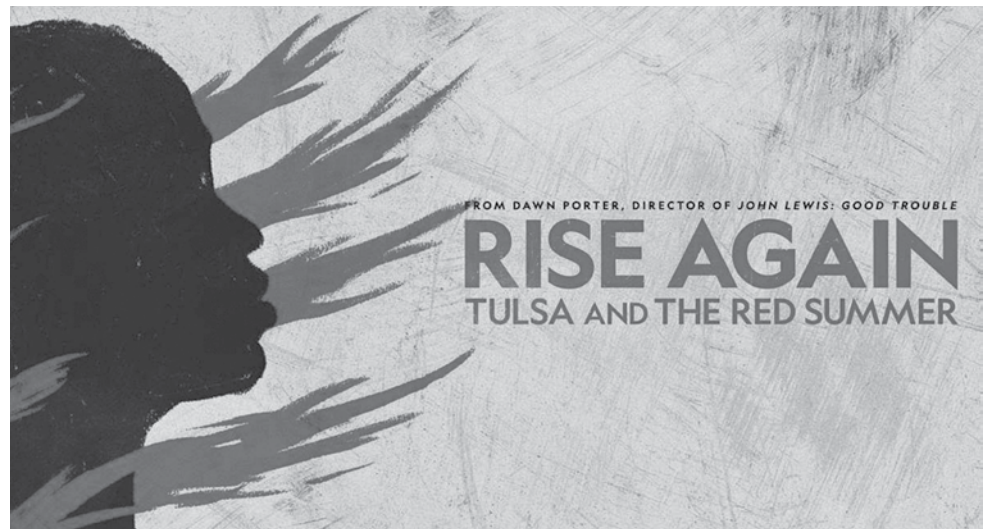
Rise Again: Tulsa and the Red Summer Review: Bodies And Stories Were Buried—Until Now

By Morgan Rojas for Cinemacy

Throughout history, the United States has been the home of dozens of racially-fueled massacres that were never brought to light. One of the most egregious atrocities is the 1921 Tulsa, Oklahoma race massacre which saw an entire community burned down by white mobs. Over 300 black men, women, and children were killed and dumped in unmarked mass graves, their possessions stolen and dignity affected for generations. In the documentary *Rise Again: Tulsa and the Red Summer*, now streaming on Hulu, documentarian Dawn Porter sheds light on this horrific tragedy and challenges our idea of what justice looks like today. Make America great again? For a large majority of

Tulsa Massacre victims and current Tulsa state officials, speak to the reality of what happened 100 years ago and how it is still affecting the black population today. It's uncomfortable to see just how dehumanizing the black community was made to feel at the hands of white people, but Dawn Porter educates viewers in a way that doesn't feel shameful or spiteful, just hopeful for a better future for all.

The term "Red Summer" was coined because the blood from black bodies flowed through the streets nonstop. Innocent black communities and individuals were targeted by white men who unjustly feared their jobs or lives were in danger, and were killed by the hundreds. Yet, these events have been



Rise Again: Tulsa and the Red Summer, courtesy National Geographic Documentary Films.

minorities, America was never great before.

Dawn Porter is one of the most important working filmmakers today. She has her finger on the pulse of culturally significant stories about strong figures who stand up for what they believe in, even if it's against the status quo. *Rise Again's* message compliments Porter's previous work, including *The Way I See It* and *John Lewis: Good Trouble*. She is a natural storyteller who elicits empathy but never weakness from her subjects. Her delicate approach to such a heavy topic is a natural skill. Despite the death and destruction that permeates the narrative, *Rise Again* leaves us with an activated sense of introspection about how we can create a more just tomorrow.

For many people who lived through the 90s, the term "race riot" might bring to mind the horrific images of the Rodney King riots in Los Angeles. However, race riots have been around for decades, as documented in *Rise Again's* stark black and white photographs. The film centers around award-winning Washington Post journalist and Oklahoma native DeNeen Brown who, along with descendants of the

historically left out of American history books because of shame and guilt. Pretending that these massacres never happened is equally offensive as the acts themselves, and that is why *Rise Again: Tulsa and the Red Summer* is so important to American cultural awareness. This film is an important piece of history. •



Morgan Rojas

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To appear in next week's paper, submit your Classified Ad by Noon on Tuesday. Late Ads will incur a \$20.00 late fee.

Police Reports

from page 3

and Aviation Boulevard.

One male adult was cited and released in the field at 1836 hours from the 700 block of South Pacific Coast Highway for shoplifting and for receiving stolen property.

One male adult was arrested at 0437 hours from the 800 block of Hillcrest Street for possession of a controlled substance.

One female adult was arrested at 0518 hours from the 800 block of Hillcrest Street misappropriation of lost property.

One male adult was arrested at 0437 hours from the 800 block of Hillcrest Street for possession of a controlled substance and for a felony want for vehicle theft out of South Pasadena.

Friday, June 25th

A vandalism report was taken at 0820 hours from the 500 block of Richmond Street.

A traffic accident (with injuries) occurred at

0813 hours South Douglas Street and Alaska Avenue, vehicle versus vehicle.

A found property report was taken at 1055 hours from the 700 block of Hillcrest Street. A gun was found and booked for safekeeping.

A traffic accident (with injuries) occurred at 1108 hours on South Aviation Boulevard and East El Segundo Boulevard, vehicle versus vehicle.

One male adult was arrested at 1108 hours from South Aviation Boulevard and East El Segundo Boulevard for felony DUI, felony hit and run, and possession of a firearm by a narcotics addict.

A vehicle was reported stolen at 1116 hours from the 900 block of Selby Street. Taken was a 2000 Chevrolet Suburban.

A harassing phone calls report was taken at 1314 hours from the 700 block of South Allied Way. •

Therapist

from page 5

down the answers helps because the process of writing will help you clarify your thinking, and because it may be helpful to you in future conversations to have a record of your thought process.

First, you could have gone straight to your sister about this and let the chips fall where they may, but instead you chose to shoulder this burden, at least for a period of time. What is the thing that you are protecting by holding this secret? What does the fact that you have been able to hold this secret up until now say about what matters to you?

Which relationship is more important to you, and why: your relationship with your sister, or your sister's relationship with her husband? What do you need to do to tend to that relationship, and what are the potential costs of doing so, and are those costs worth it? (And sadly, there is always a cost.)

Next, what is the spectrum of possible explanations (not excuses) for what happened? Is the most generous view of your

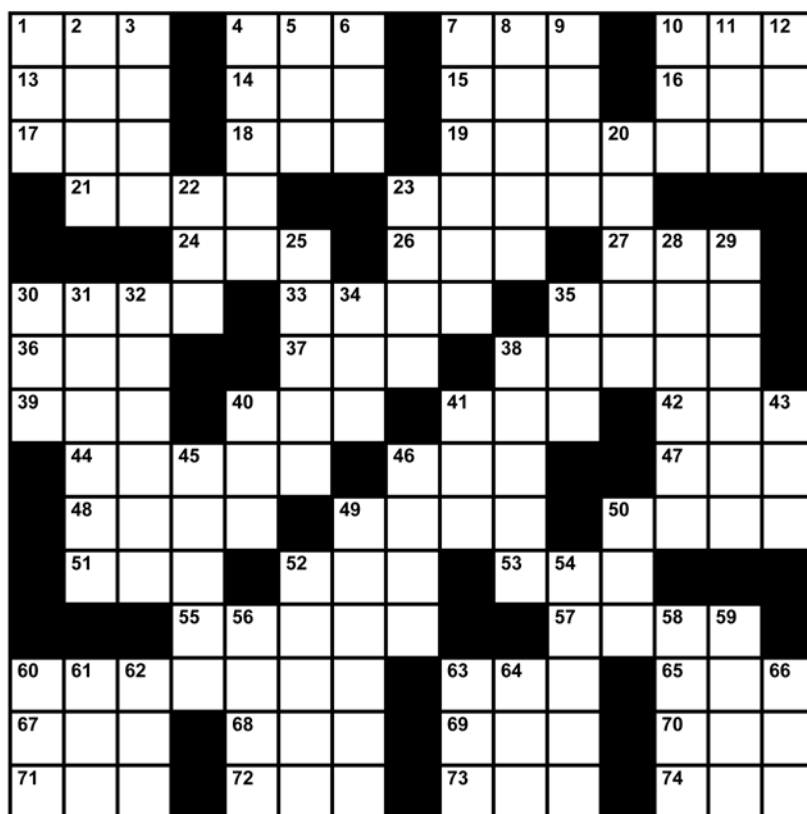
brother-in-law's behavior that perhaps it was a horrible, out-of-character, one-time mistake for which he feels genuine remorse? Good people do bad things all the time. Was this one of those times? On the other hand, was this incident totally in keeping with what you have seen and heard about him?

Finally, knowing everything that you know, if someone you cared about found herself in a situation where there was much uncertainty and seemingly no good options, how would you advise them to respond? Do that, and sleep well knowing you did the best you could.

Please write to tom@tomandrecoaching.com or text to 310.776.5299 with questions about handling what is affecting your life, your family, the community or the world. Tom Andre is a Licensed Marriage & Family Therapist (LMFT119254). The information in this column is for educational purposes only and nothing herein should be construed as professional advice or the formation of a therapeutic relationship. •

WEEKLY CROSSWORD

See Answers Next Week



Across

1. High school class option
4. Bonded
7. Extremely upset
10. Manner
13. Soup bit
14. Vein stuff
15. Back in time
16. Undivided
17. Make demands on
18. Handyman's vehicle
19. Jogs the memory
21. Car, slangily
23. Sheet material
24. Pigmented fluid
26. Little scurrier
27. Family man
30. Be brave enough for
33. Mini-golf course hole number
35. Place to build on
36. Road hazard
37. Much worn
38. Makes warmer
39. ___ Butterworth's
40. Wise one
41. Airplane's black ___
42. Helpful device
44. Vast expanse
46. Bic
47. Weep
48. Done for
49. Tarzan's home

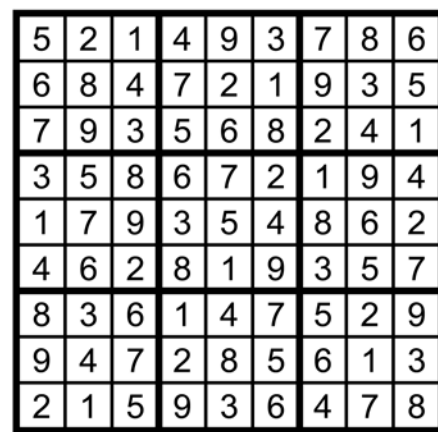
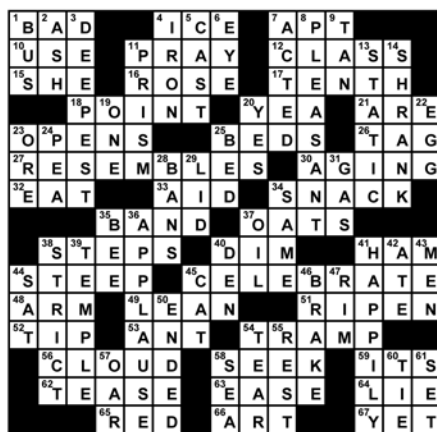
50. Prayer pronoun
51. Gel, in a way
52. TV's "Murder, ___ Wrote"
53. Indeed
55. Each and ___ one
57. Mark of a ruler
60. Say yes
63. Insect
65. It's better fresh!
67. Standoff
68. Earl Grey, e.g.
69. Burnt log leftover
70. Word with "pole" or "jump"
71. "Hard-boiled" breakfast
72. Objective
73. Receive
74. Sew

Down

1. Liable
2. Behind
3. Kind of stand
4. Knitted together
5. Baseball stat
6. Trophy locale
7. Iwo Jima figure
8. Operative
9. Bowl-shaped roof
10. Took
11. Not to mention
12. ___ man (always agrees)
20. Country of over one billion

22. "___ Hard" Willis film
23. Acreage
25. Famous
28. Join at the hip
29. Cove
30. Headlight setting
31. Over
32. Save from danger
34. Harm
35. What X and Y chromosomes determine
38. Sweetie pie
40. Hardwood type
41. "Akeelah and the ___" - spelling movie
43. Tinge
45. Put data in
46. Quarry
49. Needle insert
50. Get some sun
52. Wonder's "years of bad luck"
54. Figure of ___
56. Referendum
58. Carry's partner
59. Go backpacking
60. Dug into
61. Home bank shape
62. Square ___ in a round hole
63. Shoot, game for example
64. For some purpose
66. Boundary

Last Week's Answers



SUDOKU Medium



Each Sudoku puzzle consists of a 9x9 grid that has been subdivided into nine smaller grids of 3x3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9.



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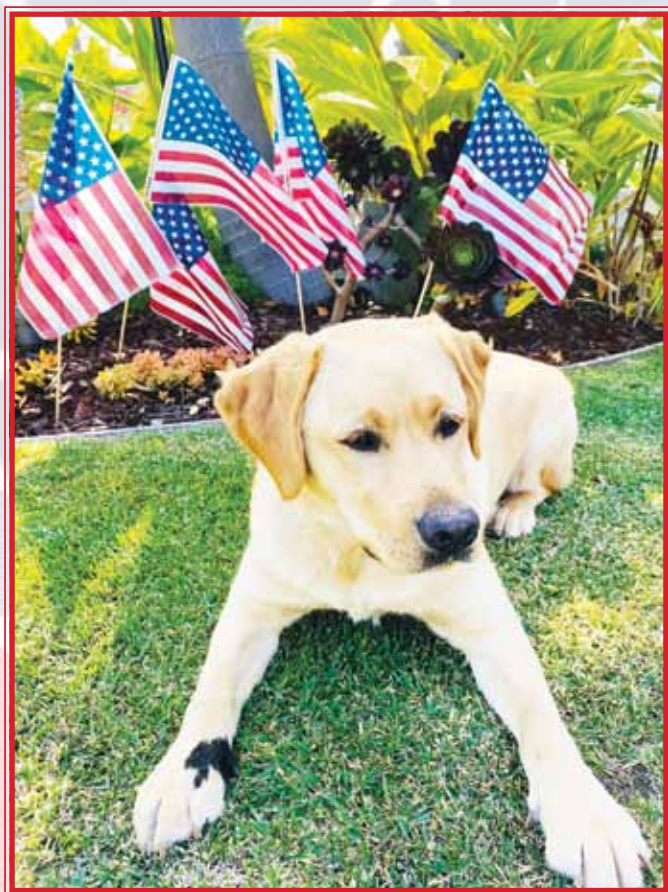
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Outdoor Living Trends to Consider This Summer

(BPT) - Now, more than ever, outdoor living is in - with homeowners across the country investing more time and money into their yards than ever before. Following are five trends that are expected to shape the outdoor living landscape in 2021.

1) Outdoor Offices

With working from home and remote learning expected to continue well into 2021, contractors report increased interest in outdoor spaces that can accommodate professionals and students. Creating the look and feel of an outdoor room and providing shade, pergolas are in high demand, enhancing the visibility of electronic devices and offering cool relief.



2) Expanded Elbow Room

To optimize the space beneath an elevated deck, consider an under-deck drainage system, like Trex® RainEscape®. In addition to protecting

the deck's substructure from moisture damage, this system creates dry, usable space beneath a deck that can be outfitted with furniture,

lighting, entertainment components, workout equipment or whatever might be needed to accommodate day-to-day activities that now

take place at home.

3) Take the Plunge

Homeowners nationwide are taking the plunge and adding swimming pools, hot tubs and other water features to their yards. To give these additions a finished look, surround them with high-performance, low-maintenance composite decking, like Trex. Unlike wood, composite decking won't rot, warp, stain or fade and never needs sanding, staining or sealing.

4) Give It a Try with DIY

The DIY category exploded in 2020, encouraging homeowners to roll up their sleeves and tackle even the most challenging projects. To save time and money - and earn some serious bragging rights - ambitious DIYers are turning to YouTube and sites like Decks.com for inspiration, motivation and how-to tips.

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Happy July 4th!



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- 745 Main St. #302, El Segundo
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Puff Pastry Ice Cream Sandwiches

Provided by Campbell Soup Company

Once you make these ice cream sandwiches you'll never want store bought again. Puff pastry replaces the boring cookies and we've created a simple method that turns flaky pastry into crisp, crunchy goodness. It's puff pastry like you've never tasted before. Make a bunch and keep them tightly wrapped in the freezer for a quick treat.



Ingredients

- 2 tablespoons all-purpose flour
- 1/2 of a 17.3-ounce package Pepperidge Farm® Puff Pastry Sheets (1 sheet), thawed
- 3 cups ice cream (use your favorite flavor or an assortment of flavors), softened

Recipe Tips

- **Tip:** To make ahead, you can wrap the frozen sandwiches (after the 1 hour freeze in the last step) in waxed paper or plastic wrap and store them in the freezer for up to a week.

Directions

- **Step 1:** Heat the oven to 375°F. Line 1 baking sheet with parchment paper (When it's time to bake, you will need 1 additional baking sheet and parchment paper).
- **Step 2:** Sprinkle the flour on the work surface. Unfold the pastry sheet on the work surface. Roll the pastry sheet into an 11x14-inch rectangle. Place the pastry onto a parchment paper-lined baking sheet and top with another layer of parchment paper and another baking sheet (This will create a thin, crispy pastry when baked).
- **Step 3:** Bake for 25 minutes, removing the top baking sheet and parchment during the last 5 minutes of the baking time. Remove the baking sheet from the oven and place on a wire rack. Replace the second baking sheet to keep the pastry from curling as it cools. Let the pastry cool completely.
- **Step 4:** Cut the pastry into 12 (3 1/2-inch) squares. Spread 1/2 cup ice cream onto each of 6 pastries. Top with the remaining pastries. If desired, dip the edges of the sandwiches in sprinkles, chopped nuts, crushed pretzels or whatever you like to coat the ice cream. Place on baking sheets and freeze for 1 hour or until firm.

Send us a photo and recipe of your favorite dish. We'd love to share it with the community. Send to: web@heraldpublications.com

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Seniors

from page 5

25-minute drive from Tennessee's Great Smoky Mountains National Park.

4. Package Deals Enable Workcations

The blurring of work-life boundaries gave rise to the "bleisure" trip or workcation, a hybrid of business and leisure travel, last year. As flexible work schedules become a long-term possibility for many, these extended leisure-first trips, which incorporate remote work as part of the experience, will continue to drive unique booking preferences. Because of this, Priceline is seeing increased interest in bundled or package trips, which are conveniently booked together and offer great savings.

As domestic tourism ramps up, we will see continued preference for beach getaways and entertainment, alongside an ongoing appreciation for our local surroundings and an increased willingness to blend our vacations with work. And as consumers resume regular travel in search of connection and new experiences, Priceline is here to help them do just that by making unforgettable trips - at great values - available at their fingertips.

Methodology

1 Harris Report survey: "Springing Back to Normal? Planned Spending Signals Cautious Optimism Amid Vaccine Rollout" (2021).

2 Based on all hotel, car rental and round-trip domestic flight bookings for travel anytime from Apr. 1 to June 30, 2021.

3 Based on all flight bookings made by U.S.-based consumers for travel anytime between Jan. 1 to Dec. 7, 2020, compared to Jan. 1 to Dec. 7, 2019.

4 Based on car rental bookings for all car types made by U.S.-based consumers between Jan. 1 to Feb. 24, 2021, for travel anytime between Apr. 1 and June 30, 2021. Intrastate travel and average mileage traveled is based on car rental bookings for travel anytime during 2020.

5 Based on hotel bookings for all stars made by U.S.-based consumers for travel anytime between Jan. 1 to Dec. 31, 2021, compared to 2020 (Jan. 1 to Dec. 31, 2020) and 2019 (Jan. 1, 2019, to Dec. 31, 2019).

6 Based on the average daily rates across all stars for hotel booking for travel anytime between Apr. 1 and June 30, 2021. •

Finance

from page 5

consideration order flow, packaging, delivery systems and end-user experience.

Consumer behavior has quickly changed in surprising ways. Data from a recent study by Lightspeed, a leading provider of cloud-based, omnichannel commerce platforms, shows how online ordering for restaurants in large suburbs grew by a whopping 3,868% between February and April 2020, as commuter patterns changed and restaurants identified opportunities outside urban centers.

In both the retail and hospitality industries, consumer appetite for online ordering is here to stay. In fact, a recent study from Google showed that 61% of shoppers prefer an omnichannel experience that unifies the physical and digital shopping experience, with the ability to order online at their convenience and shop in-person when they need an item immediately.

4. Diversify Revenue Streams and Shore Up Supply Chains

In an unpredictable economy, it's important to make sure the entirety of your business is as resilient and flexible as possible. Many

restaurants from the Lightspeed study added new merchandise, subscription boxes, to-go beverages gift cards, online classes and donation options to their online ordering menus, with great success. These are tactics that restaurants powered by Lightspeed in economies such as Australia and New Zealand maintained even after diners enthusiastically returned to indoor dining.

5. Leverage Social Media to Grow Community

Lightspeed believes that commerce ignites community and the company's recent study also found restaurants that were able to grow their revenue by more than 100% in 2020 maintained a robust social media presence and marketing strategy to connect with local neighborhood diners. These thriving restaurateurs found ways to give back, reward customer loyalty and partner with other local businesses to build a broader customer base.

For independent businesses, surviving - and thriving - despite daunting challenges requires agility, plus the know-how to leverage all available technology tools. •

PUBLIC NOTICES

NOTICE OF ORDINANCE CITY OF EL SEGUNDO ORDINANCE 1627

AN ORDINANCE AMENDING EL SEGUNDO MUNICIPAL CODE CHAPTER 7-1 TO ADDRESS THE ACCUMULATION OF ABANDONED ITEMS AND JUNK IN PARKWAYS AND THE STORING OF TRASH CARTS. SUMMARY OF ADOPTED ORDINANCE This ordinance broadens the regulations regarding overgrown or dead trees and vegetation and litter, trash, and junk to include areas such as parkways. The ordinance also defines the word "parkway" as the portion of property between the sidewalk or property line and the curb or roadway. Making the property owner responsible for maintenance of the parkway area is consistent with state law, which makes owners responsible for the maintenance of sidewalks, including a parkway between the property line and street line. (Streets & Highways Code §§ 5600, 5610.) In addition, the ordinance makes the placement of garbage cans in an area other than in front of the premises occupied by the person depositing the

same to be a public nuisance subject to citation by City Code Enforcement. The whole number of the City Council of said City is five. The foregoing Ordinance No. 1627 was duly introduced by said City Council at a regular meeting held on the 18th day of May, 2021, and was duly passed and adopted by said City Council, approved and signed by the Mayor, and attested to by the City Clerk, all at a regular meeting of said Council on the 1st day of June, 2021, and the same was so passed and adopted by the following vote: Ayes: Mayor Boyles, Mayor Pro Tem Pimentel, Council Member Pirsztuk, Council Member Nicol and Council Member Giroux Noes: None Absent: None Abstain: None A copy of the ordinance is available for viewing in the City Clerk's office, 350 Main St. El Segundo, CA or the City's website at <http://www.elsegundo.org> then go to Government, View, and then Municipal Code. El Segundo Herald Pub. 7/1/21 H-27196

NOTICE OF ORDINANCE CITY OF EL SEGUNDO ORDINANCE NO. 1626

AN ORDINANCE AMENDING SECTION 15-1-6 OF THE EL SEGUNDO MUNICIPAL CODE, AMENDING THE DEFINITION OF FLOOR AREA (NET) TO EXEMPT PARKING THAT IS INTEGRATED INTO A STRUCTURE FROM COUNTING TOWARDS THE NET FLOOR AREA OF A BUILDING. SUMMARY OF ADOPTED ORDINANCE The Ordinance amends the El Segundo Municipal Code (EMC) regarding the definition of "Floor Area (Net)." Most notably the amendment exempts parking spaces, parking structures and portions of any structures that is devoted exclusively to parking from counting towards the net floor area calculation of a building. The whole number of the City Council of said City is five. The foregoing Ordinance No. 1626 was duly introduced by said City Council at a regular meeting held on the 18th day of May, 2021, and was duly passed and adopted by said City Council, approved and signed by the Mayor, and attested to by the City Clerk, all at a regular meeting of said Council on the 1st day of June, 2021, and the same was so passed and adopted by the following vote: AYES: Mayor Boyles, Mayor Pro Tem Pimentel, Council Member Pirsztuk, Council Member Nicol, and Council Member Giroux NOES: None ABSENT: None ABSTAIN: None A copy of the ordinance is available for viewing in the City Clerk's office, 350 Main Street, El Segundo, California or the City's website at www.elsegundo.org. El Segundo Herald Pub. 7/1/21 H-27195

NOTICE OF ORDINANCE CITY OF EL SEGUNDO ORDINANCE 1624

AN ORDINANCE AMENDING TITLES 6, 7, AND 15 OF THE EL SEGUNDO MUNICIPAL CODE TO ALLOW NONCOMMERCIAL, BACKYARD BEEKEEPING IN THE SINGLE-FAMILY RESIDENTIAL (R-1) ZONE DISTRICT SUMMARY OF ADOPTED ORDINANCE The ordinance allows beekeeping as a permitted accessory use in the City's single-family residential zone, provided the beekeeper and beehive meet all State laws and the set-regulations. No City permit or license would be required for beekeeping. The ordinance restricts beehives to noncommercial purposes, it requires that beekeepers comply with the State's registration requirements and register with County Agricultural Commissioner. The Ordinance prohibits beekeeping that violates any of the requirements and bees exhibiting defensive or objectionable behavior or interfering with the normal use of neighboring property. Below are highlighted some of the requirements Beekeepers will need to adhere: • Hives may only be maintained on a single-family R-1 Zone residential property. • Beekeepers must first register with County Agricultural Commissioner. • No more than three hives may be maintained on any single-family residential property in rear yard areas only.

• Hives shall be located at least five feet from all property lines. • Hives entrances shall face away from or parallel to the nearest property line(s). • Hives must either be screened so that the bees must fly over a six-foot barrier, which may be vegetative, before leaving the property, or be placed at least eight feet above the adjacent ground level. These regulations will be enforced by the City Code enforcement. The whole number of the City Council of said City is five. The foregoing Ordinance No. 1624 was duly introduced by said City Council at a regular meeting held on the 4th day of May, 2021, and was duly passed and adopted by said City Council, approved and signed by the Mayor, and attested to by the City Clerk, all at a regular meeting of said Council on the 18th day of May, 2021, and the same was so passed and adopted by the following vote: Ayes: Mayor Boyles, Mayor Pro Tem Pimentel, Council Member Pirsztuk, Council Member Nicol and Council Member Giroux Noes: None Absent: None Abstain: None A copy of the ordinance is available for viewing in the City Clerk's office, 350 Main St. El Segundo, CA or the City's website at <http://www.elsegundo.org> then go to Government, View, and then Municipal Code. El Segundo Herald Pub. 7/1/21 H-27194

Order to Show Cause for Change of Name Case No. 21TRCP00179

Superior Court of California, County of LOS ANGELES Petition of: JOSHUA DANIEL JIMENEZ for Change of Name TO ALL INTERESTED PERSONS: Petitioner JOSHUA DANIEL JIMENEZ filed a petition with this court for a decree changing names as follows: JOSHUA DANIEL JIMENEZ to JOSHUA DANIEL MOLINA The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. Notice of Hearing: Date: 7-30-21, Time: 8:30 AM., Dept.: B The address of the court is: 825 MAPLE AVE TORRANCE, CA 90503 A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: EL SEGUNDO HERALD Date: JUNE 10, 2021 GARY Y. TANAKA Judge of the Superior Court El Segundo Herald Pub. 6/17, 6/24, 7/1, 7/8/21 H-27177

Order to Show Cause for Change of Name Case No. 21TRCP00178

Superior Court of California, County of LOS ANGELES Petition of: BRITTANY ROXANNE JIMENEZ for Change of Name TO ALL INTERESTED PERSONS: Petitioner BRITTANY ROXANNE JIMENEZ filed a petition with this court for a decree changing names as follows: BRITTANY ROXANNE JIMENEZ to BRITTANY ROXANNE MOLINA The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled



City of El Segundo Public Hearing Notice

The PLANNING COMMISSION will hold a public hearing on:

New Development within the Downtown Specific Plan

Project Address: 201-209 Richmond Street, El Segundo, CA 90245

Project Description: A request for design approval for a proposed new development on four lots located in the 100-200 block of the Richmond Street District of the Downtown Specific Plan (DSP). The proposed project includes: four residential units, 14,000 square feet of commercial use area, 69 parking spaces, and the retention of an existing brick building at 203 Richmond Street (former City Hall). (Environmental Assessment No. EA-1299 and Downtown Design Review No. DDR 21-01)

Applicant: Mark Telesz, representing Smoky Hollow Industries, LLC

Hearing: **Thursday, July 8, 2021, 5:30pm**
Virtual Meeting via Zoom Teleconferencing at the following URL
<https://us06web.zoom.us/j/81416843413?pwd=VVVtYjI2dnBQXkR1WnJZRXVUc2g3UT09>
OR
Join by phone: 1-669-900-9128 US
Enter Meeting ID: 814 1684 3413 El Segundo Herald Pub. 7/1/21
Passcode: 432764 H-27199


Environmental Determination: The project is categorically exempt from the requirements of the California Environmental Quality Act (CEQA) pursuant to 14 California Code of Regulations § 15332 as a Class 32 categorical exemption (In-Fill Development Projects).

Further Information: The public may provide comments via email by noon on July 8, 2021 to: Planning@elsegundo.org. In the subject line please state "Public Hearing for EA-1299." Comments received via email by deadline will be forwarded to Planning Commission during public communications and are subject to disclosure under the Public Records Act. Note that any appeal of a decision made following a public hearing may be limited to the issues raised by evidence submitted before or during that public hearing.



NOTICE OF INTENT TO CIRCULATE INITIATIVE PETITION FOR THE EL SEGUNDO CANNABIS REGULATION AND PUBLIC SAFETY MEASURE (Cal. Elect. Code § 9202)

NOTICE OF INTENT TO CIRCULATE PETITION Notice is hereby given by the persons whose names appear hereon of their intention to circulate the petition within the City of El Segundo for the purpose of adopting an initiative that will enact provisions regarding the regulation of commercial cannabis activity in the City. A statement of the reasons of the proposed action as contemplated in said petition is as follows (up to 500 words): The purpose and intent of this Measure is to accommodate the needs of medically-ill persons in need of cannabis for medicinal purposes, as advised and recommended by their health care provider(s), and adults over the age of twenty-one (21), and to implement State of California ("State") law, which includes, but is not limited to the provisions of the Medicinal & Adult-Use Cannabis Regulation & Safety Act, as may be amended and augmented under State law, while imposing regulations on the conduct of business and use of land to protect the City of El Segundo's (the "City") neighborhoods, residents, and businesses from negative impacts. It is a further purpose and intent of this Measure to regulate the cultivation, manufacturing, processing, testing, distribution, and retail sale and delivery of cannabis and cannabis products in a manner which is responsible, which

protects the health, safety, and welfare of the residents of the City, and which enforces rules and regulations consistent with State law. In part to meet these objectives, a commercial cannabis business permit shall be required to own or to operate a cannabis business within the City. Further, this Measure's requirement for a cannabis business to possess a commercial cannabis business permit is in addition to any other permits, licenses, and approvals which may be required to conduct business in the City, and is in addition to any permits, licenses, and approvals required under State or County of Los Angeles law. Sandra Spiker NAME OF PROPOSER 624 Sheldon Street El Segundo, CA 90245 PROPOSER'S ADDRESS  PROPOSER'S SIGNATURE June 18, 2021 DATE TITLE AND SUMMARY PREPARED BY THE CITY ATTORNEY PURSUANT TO ELECTIONS CODE § 9203 AN INITIATIVE AMENDING THE EL SEGUNDO MUNICIPAL CODE TO REPEAL THE CURRENT PROHIBITION ON COMMERCIAL CANNABIS ACTIVITIES AND INSTEAD AUTHORIZE COMMERCIAL CANNABIS RETAILING IN SPECIFIED ZONES WITHIN THE CITY SUBJECT TO A REGULATORY PERMITTING PROCESS The purpose of this initiative is to place

on the ballot a proposed ordinance that amends the El Segundo Municipal Code to repeal the current prohibition on commercial cannabis activities in all areas of the city and instead authorize commercial cannabis retailing by right in the General Commercial (C-3), Smoky Hollow West (SH-W), and Smoky Hollow East (SH-E) zones, subject to a city-issued cannabis business permit and any other license required by state law. A cannabis retail business would not be permitted within 600 feet of any school, day care center, or youth center that is specifically listed in the proposed ordinance. The proposed ordinance would limit the total number of cannabis retailer permits in the city to two and would establish a commercial cannabis business permit application procedure along with a point-based ranking system pursuant to which each application would be evaluated. Each cannabis business would be required to implement specified security measures and to comply with specified operating and recordkeeping requirements. The delivery of cannabis and cannabis products within the city by city-permitted cannabis retailers would be allowed subject to specified operating requirements. The proposed ordinance would also authorize the commercial cultivation, manufacturing, distribution, and testing of cannabis within the city subject to a city-issued cannabis business permit, but would allow the city council, in its discretion, to determine the total number of cannabis business permits that may be issued for those types of businesses. El Segundo Herald Pub. 7/1/21 H-27202

Pro Rugby

from front page

to college and played rugby at No Cal rich-guy and girl universities, but I never paid much attention to their exploits as they did not mine.

As a rugby novice, I think that the only time I participated in an activity akin to rugby was back in the seventh grade while attending American Martyrs School in neighboring Manhattan Beach. After eating lunch, we would head out to the field and play a game we dubbed "Kill the Man with the Ball." OK, we did not set out to kill each other, but the chap who ended up with the ball, usually a football, was pummeled from all directions as the combatants tried to separate the ball carrier from the ball. Being a smart guy, it did not take me that long to discern that it was better to be one of the pummelers than the pummeled.

Enough digression. When I attended a Giltinis practice recently that took place on the artificial turf at Campus El Segundo, I was curious to discern what I would see? And what I saw was a whirlwind of activity from top-flight athletes, running to-and-fro from different practice stations, plying their trade as they prepared for their upcoming match at the Los Angeles Coliseum. That match against the hapless Houston SaberCats would end up in basically a walkover win, 52-5.

The following Sunday, the Giltinis took their show on the road to San Diego and prevailed in a much tighter contest against the home team, winning 19-13.

Here are some of the rugby rules that I have discerned: Players can run and kick the ball but can only pass it backward. There are three ways to score:

- A team gets five points for scoring a "try," where the ball is grounded over the opponent's in-goal area, like the goal-line in the NFL.
- Two points are awarded to a team for a successful conversion. This is where a team can add further points after scoring a "try" by kicking the ball through the goalposts.
- A team can score three points if a penalty is awarded, and they successfully kick the ball through the goalposts.
- Three points are also given if a team does what is known as a dropkick, where a player drops the ball on the ground and kicks it through the goal post.

Rugby matches are played with 15 players on the field, with two halves of forty minutes and a 10-minute or so intermission. So, time-challenged (impatient) fans who do not cotton to spending four hours or so watching a Major League Baseball game, or waste 30 minutes

viewing the final two minutes of an NBA playoff game, may appreciate the brevity of an MLR match, a contest highlighted by constant action.

As noted, there are 15 players on the pitch for each side. Some of the positions manned include a loose-head prop, tight head prop, a couple of flankers, #8, a scrum-half, a fly-half, an inside center, an outside center, a right-wing, a fullback, and the all-important hooker.



DTH in Action versus San Diego Legion. Photo by Brian Jackson.

It is way past my nascent understanding of the sport to explain what each player's duties are, but suffice to say, each player's expertise is an integral component that meshes to build a successful team.

Time to meet your 2021 Los Angeles Giltinis... Well, two of them.

DTH van der Merwe is a Giltinis outside back/winger, a position he equates to the wide receiver position in the NFL. He goes by DTH, which are his father's initials. And he happened to be born on the same calendar day as his dad. Born and initially raised in South Africa, he moved to Canada when he was 17, where his rugby career accelerated. He played with the Canadian National team, as well as in a rugby World Cup in Dubai.

His sterling play on the pitch was spotted by a Scotland talent scout, which led to him begin a new sporting adventure, playing for 11 years in Scotland, Wales, and England.

When COVID-19 hit, DTH said that he was contacted by a former Canadian player who was associated with soon-to-be Giltinis head coach Darren Coleman.

DTH was pitched about setting up camp in Southern California and playing for the start-

up Giltinis. It must have been a potent sales pitch. He and his family, who live in Hermosa Beach, have not regretted their relocation. "We have fallen in love with the South Bay," DTH said. "We have lots of wheels spinning," he said, "in how we could stay here forever."

As a somewhat older player (35), DTH said he and his family are looking to a future in Southern California, post-rugby. He said that

trying to coerce Dennis and family to relocate to Southern California.

Again, the sales pitch worked. "Why not?" Dennis, who lives in Redondo Beach, said. "It was a good opportunity to enjoy everything that California has to offer and play some rugby."

Typically, professional expansion teams struggle during their first year, but not the Giltinis. And a lot of their success apparently stems from management selecting an internationally experienced head coach, Darren Coleman.

Dennis noted that Coleman has a stellar coaching resume, guiding teams that may have underperformed before his arrival at the top of the standings table. He said that Coleman's coaching style gets his team well-prepared for the next match, "but we also have a lot of fun."

When he is not rousting about with his family or speeding up-and-down the rugby pitch, Dennis says he enjoys cooking, as well as sharpening his skills on the local golf courses. He noted he forayed south two weeks ago to watch the opening round of the United States Open golf tournament. How good is Dennis on the course? He said he plays to a handicap of 8, "good enough to earn a little money from the boys" should friendly wagers be placed.

When asked to sum up a rugby match, Dennis said it is "15 guys running at each other, trying to score more points at the other end of the field. You bash the hell out of each other, and then go have a cold beer."

OK, so I am assuming that you still do not have a clue as to what a Giltini is? Well, it is an adult beverage named partially after/by club backer Australian entrepreneur Adam Gilchrist, who, I have been informed, made his fortune as a gym owner. The team's name, Giltinis, melds Gil with martini. Get it? And according to DTH, the beverage should be available this summer in local South Bay imbibing establishments. Gilchrist also happens to own another MLR team named after an adult beverage, the Austin Gilgronis, that plays off of the first three letters of his last name, as well as another adult beverage.

The MLR regular season concludes on the weekend of July 17/18. And if all goes according to plan, the Giltinis will continue their winning ways and glide into the playoffs. So, with the El Segundo-based LA Lakers and Kings long-ago dispatched from championship competition, you might consider taking the time to support a professional team who may bring another title to our jewel of a town.

Bottoms-up! •

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Kylin

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save a life... and in turn enrich your own.

Kylin is a big girl with a huge heart and loads of curiosity. No one told her that cats have a reputation for being shy and aloof... she is neither. She is a friendly girl who wants to be your new best friend and constant companion. Kylin runs to the door to greet her foster mom and is always in a good



Mango

treats right from the back of your hand. His sweet purr sounds similar to a pigeon cooing.

Mango was found in a garage with five other kittens and two mama cats. We do not know which mama cat he belonged to, as they were co-parenting and both nursing all the kittens. Mango loved attention from the beginning and follows the humans around the house. He loves roughhousing with his siblings and would most likely do well with other cats. This sweet little boy is inquisitive and likes to explore the house. He will be a wonderful addition to your family.

able to do what we do. We are grateful for your financial help. By making even a small donation today, you can touch the lives of the many deserving, wonderful animals in our care. There are many ways you can donate and help, and every dollar means so much. Kitten Rescue is a 501(c)(3) nonprofit. Your tax-deductible donations for the rescue and

These cats and kittens are available for adoption through Kitten Rescue, one of the largest cat rescue groups in Southern California. All our kitties are spayed/neutered, microchipped, tested for FeLV and FIV, dewormed and current on their vaccinations. For additional information and to see these or our other kittens and cats, please check our website www.kittenrescue.org.

Our Adoption Center is temporarily closed. In the meantime, we are still conducting contactless adoptions using all the online tools at our disposal. To virtually browse our adoptable cats, please visit our Adoption Gallery where you can find photos and profiles of all the cats and kittens we have up for adoption from our network of foster homes and from the Sanctuary. At the end of each cat's profile is a link to the email address of the foster parent or adoption counselor, and you may reach out directly with questions or to arrange a virtual meeting.

The donations and support we receive from individuals like you, who share our love and commitment to helping cats and kittens in Los Angeles, are the sole reason we are



Ash

care of our cats and kittens can be made through our website or by sending a check payable to Kitten Rescue, 3519 Casitas Ave., Los Angeles, CA 90039.

Saving one animal won't change the world, but the world will surely change for that animal. •



Lassen

mood. She is a purr machine who loves to be petted and to hang out. Currently, she lives with other cats, but would probably be best as an only cat or paired with a beta kitty... she likes to have most of the attention. A Kitten Rescue volunteer pulled Kylin from a high kill shelter the day she was set to be euthanized. Thank goodness because the world needs more like Kylin.

Lassen, Shasta and their siblings are named after mountains (Shasta, Helens, Lassen, Baker, Rainier). **Lassen** is a comical, sweet, playful kitten – typical boy kitten! He is full of energy and loves to greet his foster mom with a cry of hello! He enjoys being held and loved on and is quick to purr. His sister **Shasta** is a petite tortie who is the runt of their litter. Shasta has a gorgeous tortoiseshell coloring. Her personality is playful and sweet. She often gives her foster mom the lovey-eyes! Two of the siblings have been adopted. Their foster mom is available to ask questions and for you to meet these kittens. They must be adopted with a sibling or with another kitten; they cannot be adopted as single kittens.

Ash is very sweet and active. He typically enjoys being commingled with other cats once he gets used to them. But he can be a solo cat as well. Ash loves to play with wand toys and will entertain you for hours. He is a "great goalie" catching toys in the air and trapping them on the ground. He has not been around children or dogs. He loves to be pet and lick



Shasta



4th JULY

INDEPENDENCE DAY

“We’re blessed with the opportunity to stand for something, for liberty and fairness. And these are things worth fighting for, worth devoting our lives to.”

– *Ronald Reagan*



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Sports

from page 3

close to two million volunteers nationwide makes the selection of Bob Motta all that much more prestigious.

Established in 1991, the Lefty Gomez Volunteer of the Year award is presented annually by Babe Ruth League International. Its recipient must exhibit Lefty's commitment to

days at the ballpark, keeping score, Kathy would go home and review each game with Bob and make a list of innings available for each pitcher for each team.

In 2016 Kathy and Bob were inducted into the Babe Ruth Pacific Southwest Region Hall of Fame. It was a big surprise to both

that you believe in is a tremendous honor. Having the award presented by the Senior Vice President, Robert Faherty, and the Pacific Southwest Regional Commissioner, Leonard Hammer, was a big surprise."

When Bob talks about the naming of the score booth, he is embarrassed. "Neither

Cardinals. During his 36 years associated with El Segundo Babe Ruth League, there have been 13 former ES Babe Ruth League players drafted by a Major League Baseball team, Billy Traber and Nootbaar reaching the Big Leagues.

Bob says he has many people to thank and



Bob Motta, holding a plaque naming the score booth after him and his wife Kathy, is surrounded by his family.

youth baseball and embody the spirit of the Babe Ruth League philosophy, which is to provide the best possible sports experience for every child that has the desire to play.

Bob's involvement with the El Segundo Babe Ruth League has been unmatched for longevity and arguably his success as a coach and as the league's president. During his last 27 years with the league, Bob was responsible for coordinating All-Star tour-

of them but given their selfless dedication, it was not only appropriate, but it was about time. During their acceptance speech, Kathy told of how the Motta family, that included their daughter Rebecca and son Ray, family life revolved around baseball, volunteering and she wouldn't have it any other way. Bob said, "Kathy knew, or at least I believe she knew what she was getting into and what it meant to me. My family made it possible for



Bob Motta is given a standing ovation after his emotional speech.

Kathy nor I have ever done this for any accolades. In fact, she's probably looking down and wondering where she can hide," he said in his speech to the community.

The fact is others in the community, that know Bob and Kathy, and their dedication fueled the idea. The biggest supporter of the naming was Bob's good friend Ron Swanson who approached the Recreation and Parks Department with the thought. The commission

wishes to express his gratitude to each who has been part of his journey. He's expressive when he names Bill Traber for recruiting him back to the Babe Ruth League after eight years volunteering at the Little League. Without Traber's insistence, Bob says he's not sure he would have been as active. But the person he wants to thank mostly beside his son and daughter is his best friend who became his wife, Kathy. At the conclusion of



Steve Shevlin addresses the crowd on what Bob Motta has meant to high school sports.

naments, including hosting twelve District Tournaments, seven State Tournaments, and five Pacific Southwest Regional Tournaments. He says the success of putting on tournaments wasn't what he did but rather what all of the volunteers did to make it a success. In each of those tournaments, his wife Kathy was the official scorekeeper for the game. "Kathy took her role very seriously, and she scored every game," Bob said. It's estimated that Kathy was the scorekeeper for over 300 tournament games. After 10 hour

me to continue volunteering and enjoy my passion of giving back to youth baseball."

Bob and Kathy were inseparable, and she was his shoulder during defeats and his biggest fan when his teams did well. Bob says his success over the past 36 years of volunteering started with her. "I couldn't have done anything without her support, nor would I have wanted to."

Bob is succinct when he talks about what it means to win the Lefty Gomez Award. "To be recognized nationally by an organization



Players from five Babe Ruth World Series championships pose with Bob Motta.

met without Bob's knowledge to talk about the idea and brought it to a vote during one of the commission's meetings. "My family came to one of the meetings, and then I saw Ron (Swanson) enter the room and thought 'something's up.' I was overwhelmed with emotion when it was approved."

Towards the end of the ceremony, Bob took time to mention Lars Nootbaar, the 2012 Batting Champion of the 2012 Babe Ruth League World Series. Nootbaar is now the starting right fielder for the St Louis

the ceremony, Bob took one final opportunity to thank the most important person in his life. Looking to the heavens, Bob emotionally said, "Kathy, you were and will always be my support. I miss you, and you are the love of my life; I love you."

Bob, on behalf of a grateful community and the hundreds and hundreds of youth athletes you coached and your commitment to the Recreation and Parks Committee, we collectively thank Kathy and you for your love affair. •



Longtime coaches Cirus and Eric Batty of the Angels helped Bob Motta celebrate.



Dave Lubs gave an emotional tribute to Bob and Kathy Motta.

El Segundo Middle School Gymnasium Construction to Begin Fall 2021

As part of the El Segundo Unified School District's (ESUSD) Long-Range Facilities Master Plan, El Segundo Middle School (ESMS) is slated to receive an all-new \$19 million gymnasium on the north side of campus along Center Street. Groundbreaking is targeted for Fall 2021 and the new building is estimated to be completed in early 2023. This project is funded by Measure ES, which passed in November 2018 with the approval of 63.32 percent of El Segundo voters.

The ESUSD Board of Education decided on the location of the building and directed the architect to begin design in November 2019. The decision was memorialized in a formal Board action in April 2021. The selected gym location at the front of campus complements the current building layout, makes it more accessible for community users, enhances perimeter safety, and incorporates an improved parking plan in the same vicinity. It creates a physical education area that is separate from the classroom area and provides a sensible layout for indoor and outdoor physical education activities and the adjacent student activities courtyard. The addition of the gymnasium also allows for the physical education classroom space to be converted to two much needed new science labs. Changes to the currently planned gymnasium footprint are cost-prohibitive and are not under consideration.

El Segundo Middle School is the only middle school in the South Bay and most of Los Angeles County that is not equipped with a gymnasium, and ESMS does not have an indoor space large enough for the whole school population to assemble. This project will not result in increased enrollment and the new gym will be primarily used for ESUSD students and programs.



ESUSD prepares to begin construction on an all-new gymnasium/multi-purpose building in fall 2021. This architectural rendering shows the front of the school campus with the new gymnasium building on the left side of the image.

The scope of the project will include the gymnasium, two classrooms to be used by the PE program, boys' and girls' locker rooms, storage space, and a raised outdoor platform on the south side facing the new adjacent courtyard for performances/presentations and other student activities. To alleviate parking congestion, this project also includes an expanded parking lot along Center Street with 29 additional parking spaces for staff and visitors, and improved drop-off and pick-up traffic flow. There will be flexibility to use the new outdoor courts on the north side of campus for overflow parking during the rare occasion of large events.

ESUSD values green space and the development of this construction project examined different design iterations with the goal of maximizing usable green space. The net reduction of field space is 30 percent, regardless of the gym's location within available space on campus. The green space currently on the northwest side of campus will be transferred to the southeast side of campus. Adequate green space will remain for current wildlife use, and ESUSD plans to consider other areas to promote green spaces, landscaping, and gardens.

From a sustainability and efficiency standpoint, the building design includes infrastructure for solar panels and future energy savings. Other features include water bottle filling stations and water saving fixtures. There will also be a water run-off treatment system and bio swale. There will be no dedicated outdoor lighting for activities, but rather timer-controlled lighting in the parking lot and around the building envelope per code for safety. Lighting will be placed to avoid direct impact on the neighbors.

In 2015, ESUSD began a rigorous facilities assessment process with maintenance and operations, leadership at each school site, and the larger community. To build the district's Long-Range Facilities Master Plan (LRFMP), ESUSD conducted facility surveys, focus group meetings, school site interviews, formed a steering committee representing the diversity of our community, and hosted two rounds of town hall meetings. The development of the comprehensive LRFMP began in November 2015 and concluded with an amended Master Plan in July 2018, when it received ESUSD Board approval. The ESMS Gymnasium project plans were in consideration since the development of the Long-Range Facilities Master Plan in 2016. The planning process included four town hall meetings (advertised in the El Segundo Herald inviting the entire community to attend), and it was in those meetings and through surveys that decisions were informed. The gym construction project has been in design since November 2019 and covered publicly during Facility Advisory Committee and Board of Education meetings.

ESUSD intends to work with the community and school site neighbors to address concerns about the new facilities outlined in the district's Long-Range Facilities Master Plan where feasible. The District has and will continue to keep employees, parents and voters/community members informed of the milestones and progress on bond projects that will greatly benefit students for generations to come. ESUSD uses a variety of communication methods for facilities updates including Superintendent messages via email, articles in the El Segundo Herald, Town Hall Meetings, online presentations via Zoom/WebEx, surveys, social media, and email bulletins, as well as posting updates on the district website homepage via the "Measure ES" button at www.elsegundousd.net.

