

# Hawthorne Press Tribune

The Weekly Newspaper of Hawthorne

Herald Publications - Inglewood, Hawthorne, Lawndale, El Segundo, Torrance & Manhattan Beach Community Newspapers Since 1911 - Circulation 30,000 - Readership 60,000 (310) 322-1830 - December 3, 2015

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## Taco With a Cop Beats Coffee



Hawthorne Police Department Lt. Swain, USC student Chanele Zopp, Sgt. Chris Cognac, Chief of Police Robert Fager and Sam Asuga were just some of the day's attendees who got to enjoy tacos and casual conversation. Everyone involved in its organization considered the turnout for this first-time event good, and there are high hopes that there is a second taco-based event between the community and police department.

## Community and Police Department Celebrate First-Ever Taco With A Cop

By Cristian Vasquez

It was a stronger smell of tacos that radiated from the corner of Imperial Highway and Condon Avenue that warm and sunny Saturday; there was a larger crowd than usual at the El Tarrasco parking lot, but there was also a jumper for kids, an old Hawthorne Police Department patrol car and the city's first-ever Taco With A Cop.

The new community event designed to connect the city's residents with the police department in a relaxed and fun environment is a unique and creative twist on the world-renowned Coffee With A Cop event.

"We treated this a lot like coffee with a cop because it is a barrier free communication event except that tacos are the mechanism for conversation instead of coffee," Hawthorne Police Department Sgt. Chris Cognac, who is responsible for the original Coffee With A Cop, said. "It has been a huge success and El Tarrasco has been here for quite some time; I actually eat here. It's a nice day to come and eat lunch so it is good all around."

Hosted in the north side of Hawthorne, which has a strong Latino presence and is home to El Tarrasco, was an ideal combination for the family that owns the business to reach out to the community to organize the day's event.

"It was something new and a way to get the community together," Monique Palomo, whose parents own El Tarrasco and who reached out to the community to organize the event, said. "There are things in the area that people don't really speak on and this is hopefully a chance for people to be able to speak about it with a cop."

While the success of Taco With A Cop is far from that of the event that inspired it, the impact that barrier-free communication events have between community residents and their police departments have been felt by more than just the Hawthorne community.

"Coffee With A Cop is now the largest community policing program in the world: it is in seven countries and thousands of



police departments," Sgt. Cognac said. "We still go out and teach it and hear about all of the offshoots. So we teach the philosophy of Coffee With A Cop and encourage people to put their own twist on it."

For several years many police departments have embraced the philosophy of community policing as a way of building trust between residents and their local police department. For the Hawthorne Police Department, the idea of Coffee With A Cop was kicked off in 2011 at a local McDonalds. Detective John Dixon and Sgt. Cognac brainstormed and decided that the best way to ease tensions between the residents and officers was to sit directly in front of people over a cup of coffee.

"It is amazing to think that the world's largest community policing program started at McDonald's in Hawthorne," Sgt. Cognac said. "We never thought it would have the impact that it did."

At its core the intent that Sgt. Cognac and the police department had for these events

was to engage the community on a long-term basis, but it was never imagined that Coffee With A Cop would grow in popularity the way it has, nor that it would inspire other similar events.

"When you think about the successful police programs around the world, you think they come from a big police department and not a small police department like Hawthorne," Sgt. Cognac said. "You have to keep this simple because it is about people having access; no barriers or radio calls, no problems and this is what you get; the establishment of trust. It is the establishment of trust between the community and the police, and that is huge."

With the desire to continue having these barrier-free, communication events, both Palomo and the police department look forward to other local restaurants stepping up to host the next Taco With A Cop.

"I do hope that we could do this more often and get the community together to be able to watch out to one another," Palomo said. •

## Weekend Forecast

**Friday**  
Sunny  
68°/50°



**Saturday**  
Sunny  
75°/54°



**Sunday**  
Mostly Sunny  
73°/54°



## El Camino College Journalism Program Wins National Awards

Provided by El Camino College.

El Camino College's journalism program won several national awards at the recent Associated Collegiate Press (ACP)/College Media Association (CMA) convention in Austin, Texas.

The Union, El Camino College's student newspaper, was selected as Newspaper of the Year in the less-than-weekly category in Associated Collegiate Press competition with other two-year colleges. The newspaper was honored for editions overseen by former editors-in-chief Matthew Simon and Jessica Martinez.

Martinez also received ACP's second-place award for Reporter of the Year and first-place honors from CMA for Best Online Infographic. Now a student journalist at New York University, Martinez was an El Camino College Presidential Scholar.

Eugene Chang was given CMA's third-place award for editorial cartooning, and the campus magazine, Warrior Life, received ninth place in ACP Best of Show judging.

ACP recognized the Union earlier this year when it was named a finalist for one of college journalism's premier honors, the Pacemaker Award.

The Austin convention, which drew about 2,000 journalists and advisers, offered hundreds of sessions, keynote addresses, hands-on workshops, special events, critiques and a trade show.

In addition, The Union won a total of eight awards from the Journalism Association of Community Colleges at a recent awards ceremony at Fullerton College. A co-third place in newspaper general excellence was awarded, as well as a third place for the magazine "Warrior Life."

Former photographer Amira Petrus and current editor-in-chief John Fordiani won second place in the magazine photo essay category. Fordiani and photo editor Jorge Villa also won fourth and second place, respectively, for their sports action photos. Longtime cartoonist Eugene Chang won second place for his artwork, and former editor Jessica Martinez won third place for her informational graphic on the history of the school's football stadium.

The Union, which is run by students enrolled in Journalism 11 - Newspaper Publication, has been a leader in community college journalism since it began publishing in 1946. •

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- MAYA ANGELOU



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## Finance

### Tax Tips For Newly Married Couples



(BPT) - In most parts of the country, the months of June, August, September and October are the most popular for weddings. Whether recently married or anxiously counting the days until you tie the knot, there are some important tax implications that you and your spouse can't afford to overlook.

"In between the flurry of wedding planning, dress shopping and bridal showers, few engaged couples stop to think about how getting married will affect their income taxes," explained TaxAct spokesperson, Shaunna Morgan. "While it's important to understand the tax consequences, keep in mind that you can still do your own taxes. TaxAct, a leading DIY tax solution, asks simple questions about life events like marriage to guide you through the tax implications and help you get all of your deductions to maximize your refund."

#### Name Changes

Your name(s) and Social Security number(s) are critical elements of your tax return. Both identifiers must exactly match the information the Social Security Administration (SSA) has on file. That means if you legally change your name after you get married, the SSA needs to know about it.

To get a Social Security card with your new name, you'll need to provide proof of identity, such as a marriage certificate, fill out an application and either mail it or deliver it in person to your local SSA office.

You'll want to do this long before you file your income tax return.

#### New address

If you're moving, remember to report your new address to the Internal Revenue Service (IRS). The fastest way to make the change is to complete Form 8822 available on the agency website at [www.irs.gov](http://www.irs.gov).

#### New Filing Status

Once you've said, "I do," you'll have the option to claim one of two filing statuses on your tax return: married filing jointly or married filing separately. If you and your spouse each earn an income, you might consider running the numbers to determine if you have a lower combined tax by filing

one way versus the other. Some tax software packages do the calculations for you so it's easier to make an informed decision when selecting a filing status. TaxAct Deluxe, for example, gives users a Joint vs. Separate Analysis report that does all the calculations so you can see your estimated refund amounts for each filing status. For many couples, married filing jointly results in lower income tax liability.

Keep in mind that no matter when in the year you get married, you are considered married for the full year. Even if your big day is December 31, you will have a married status in the eyes of the IRS for the entirety of that tax year.

#### Changing Your Tax Withholding

Any time you have a life change you should revisit your Form W-4. Getting married is definitely one of those times. If both you and your spouse work, you'll likely have a higher combined income, which may put you into a higher tax bracket. In order to ensure the right amount of tax is withheld from your paycheck, you'll want to update your Form W-4 to ensure you aren't having too much or too little tax withheld.

#### Affordable Care Act Premium Tax Credit

If you or your spouse receive health insurance through a government-sponsored marketplace and receive advance payments of the premium tax credit to help offset the cost of your premiums, you'll want to review your coverage after the wedding, and notify the marketplace of your newly married status. Reporting this change will help you avoid having too much or too little premium assistance paid and ultimately, help you steer clear of owing additional money or getting a small refund when you file your taxes. If you elect to keep your coverage "as is," separate from your spouse, or wish to add your spouse to your coverage, you should notify the marketplace of your special changes in coverage. If you elect to go under your spouse's health plan, be sure to cancel your marketplace coverage. •

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THEY HAVE THEIR  
CHILD IN THE RIGHT  
SEAT.



THE ONES  
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**ACTUALLY**  
**DO.**

**KNOW FOR SURE**  
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# Film Review

## Peggy Guggenheim: Art Addict Tells of One of Modern Art's Biggest Influencers

By Morgan Rojas for Cinemacy  
Photo courtesy of Submarine Deluxe.

Spending time surrounded by art in Los Angeles has been an increasingly popular cultural activity lately. With the opening of the new contemporary art museum, The Broad, in Downtown LA, the millennial generation is seeming to put a bigger significance on experiencing art in person (but whether or not this is just for social media purposes is a topic for another day). The El Segundo Museum of

the film was based off of.

Director Lisa Immordino Vreeland uncovered the recordings between Peggy and Jacqueline in Weld's basement and upon hearing the tapes, knew Peggy's story had to be visually told. The interview with Weld would also be the last Peggy ever gave before her death and Vreeland treats the significance of these tapes with the utmost respect and care when executing the film. The combination of old photographs and video footage mixed with archived recordings



Peggy Guggenheim in Art Addict.

Art, appropriately called an "Art Laboratory", is another example of the community's demand for a creative outlet. From Submarine Deluxe comes the documentary *Peggy Guggenheim: Art Addict*, a colorful biography about one of the biggest influencers in art history, the notoriously unconventional grande dame, Peggy Guggenheim.

Everyone who knew Peggy loved her for her eccentricity and uniqueness. An heiress to the Guggenheim family fortune, Peggy often called herself the "black sheep" of her upper-class family. She loved being the center of attention and even shaved off her eyebrows as a teenager in rebellion to her perception of society's pressure on young women at the time. Peggy reveals her tragic upbringing, which included the death of her father when he drowned aboard the Titanic, to her biographer Jacqueline B. Weld in audio tapes that were long thought of as lost, but thankfully have been found, for audiences to enjoy. These tapes went on to become the subject of Weld's 1986 biography, "The Wayward Guggenheim," and from which

transports the viewer back to bohemian Paris in the '20s and into the fast-paced lifestyle of a young Guggenheim.

The "who's who" of the avant-garde world, including Marina Abramovic and Larry Gagosian, the art dealer who owns the Gagosian Gallery chain of art galleries, reminisce about Peggy and the life-changing contributions she made to the art world. From giving Jackson Pollock his first break to being credited as one of the first galleries to mix European and American art, Peggy's candidness and vulnerability while talking to Weld are both inspiring and heartbreaking.

*Peggy Guggenheim: Art Addict* is just as abstract, colorful, and spectacular as Ms. Guggenheim herself was. The film will leave viewers with a sense of wanderlust and admiration for a woman who helped define the art world as we know it today. A nonstop ride with constant surprises, *Guggenheim* premiered at the Tribeca Film Festival earlier this year and is now playing at the Laemmle Playhouse 7 and the Sundance Sunset in West Hollywood.

# Police Reports

**Mon 11/16/15 to Sun 11/22/15**  
**ROBBERY** 12500 S HAWTHORNE BL STREET, HIGHWAY, ALLEY Sat 11/21/15 09:22  
 Property Taken: Six Hundred Seventy Six Dollars In U.S. Currency  
**BURGLARY - COMMERCIAL** 12900 S HAWTHORNE BL DOCTOR & DENTIST OFFICE, CLINIC Mon 11/16/15 09:08  
 Property Taken: Macbook Air  
**BURGLARY - RESIDENTIAL** 13500 S DOTY AV GARAGE ATTACHED Wed 11/18/15 09:25  
 Property Taken: Red/Silver 22", 6-8 Boxes Of Pots And Pans

**BURGLARY - COMMERCIAL** 3300 W EL SEGUNDO BL AUTO PARTS SALES Thu 11/19/15 14:21  
 Property Taken: Black "Kate Spade" Wallet, 51 Dollars In U.S. Currency, Cdl #D2676128 Belonging T  
**BURGLARY - RESIDENTIAL** 11900 S GREVILLEA AV HOUSE Sun 11/22/15 05:00  
 Property Taken: Conterfeit Michael Kors Purse Whit Leather, Skull/Heart Silver And Black Purse, The Bible, Nissan Truck Keys And Misc Keys, Silver Ring With Several White Stones •

# Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

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# Sports

## Hawthorne Captures Harbor Classic

By Joe Snyder

Hawthorne High's boys' basketball team began its 2015-16 season well by winning the Harbor Thanksgiving Classic with a 63-57 victory over Central City Value High last Saturday at Los Angeles Harbor College.

The Jaguars (2-1) started off with a 20-13 first quarter lead before the Cougars (3-0) bounced back to outscore Central City 20-12 for a 33-32 halftime lead. Hawthorne outscored the Jaguars in each of the next two periods to put the game away.

Last Friday, the Cougars won a shortened game over Animo Venice 47-24. The contest ended late in the third quarter due to the ejection of the Animo Venice head coach because of receiving his second technical foul.

Leading 28-21 at halftime, the Cougars pulled away by outscoring Animo 19-3 in the third period before the abrupt end of the contest.

Hawthorne began the tournament with a 64-47 victory over Mayfield on November 25.

Devin and Christian Brown keyed the Cougars in the games but stats were unavailable.

Hawthorne hosted Manual Arts yesterday, and visit always tough Compton, which placed fifth with a 54-51 win over Inglewood in the Redondo Pacific Shores Tournament on Saturday, next Tuesday at 7 p.m.

Inglewood Splits in PAC Shores: Inglewood High's boys' basketball team finished in sixth place in the Redondo Pacific Shores Tournament after a 54-51 loss to Compton last Saturday.

The game was close most of the way but the Tarbabes (3-1) were able to finish out on top of the fifth place final.

Terrell Gomez led the Sentinels' balanced scoring attack with 15 points, followed closely by D'Angelo Smith with 14 points and Jordan Bell with 13.

In a fifth place semifinal contest on Friday, Inglewood rolled over Bay League foe Rolling Hills Estates Peninsula 67-44.

After a close first quarter, the Sents proceeded to outscore the Panthers 40-20 in the next two quarters to pull out to a 23-point (52-29) lead. Inglewood continued to have a commanding



Inglewood High's Miles Jones goes up for a basket during last week's Redondo Pacific Shores Tournament boys' basketball action against Long Beach Poly. The Sentinels were nipped by the Jackrabbits 62-59 and ended up sixth in the classic after falling short of Compton 54-51 on Saturday. Inglewood hosts La Salle High from Pasadena in non-league play Saturday at 7 p.m. Photo by Joe Snyder

lead from there.

The Sentinels were led by Smith with 23 points and 13 rebounds. Jordan Bell added 15 points and eight rebounds and Gomez contributed 14 points and eight assists.

In the championship quarterfinals on November 25, Inglewood faced a very good but shorthanded Long Beach Poly team. The Jackrabbits, who lost in the championship finals to host Redondo 64-49 on Saturday, led most of the game but the Sents kept it close and even had a few ties and brief slim leads.

Poly, though, was able to pull out a 62-59 victory over Inglewood.

Chandler Hunter led the Sentinels with 17 points. Bell chipped in 13 points and Gomez had 11. The Jackrabbits were led by a game-high 23 points from Zafir Williams.

Poly, though, was without three key players due to a combination of injuries and one who was not yet eligible. Once those players are back, the Jackrabbits will be expected to be much harder to beat.

On November 23, Inglewood began the tournament by defeating Hart High from Newhall 73-62.

Inglewood hosts La Salle High from Pasadena in a non-league game Saturday

at 7 p.m.

### GIRLS BEGIN SEASON

Like the boys, the girls' basketball season is underway. Hawthorne began its season last Friday in the Downey Classic, losing to the host team 52-34.

The Lady Cougars resume the tournament through this week.

Hawthorne hosts Compton in a non-league game next Tuesday at 6 p.m. The Cougars play in the Artesia Tournament against Buena Park on December 15.

Hawthorne also vies in the Larry Doyle Orange County Tournament where it opens in December 26 against defending CIF-Southern Section Division IIAA champion Redondo.

The Cougars' first league game is at home against Santa Monica on January 13.

Lawndale is currently playing in the highly competitive Redondo Battle at the Beach Classic where it opened Tuesday against Peninsula. The Cardinals play today against CIF-L.A. City Section power Narbonne at 5 p.m. and Friday versus Cerritos Valley Christian starting at 2 p.m. The finals are on Saturday.

Morningside, a one-time power that has not enjoyed much success lately, is under first-year head mentor Chika Ogoko and hopes for big improvement from its 4-20 season, including 1-9 in the Bay League mark from last season.

The Lady Monarchs begin next Wednesday in the Norwalk-John Glenn Tournament. Morningside starts the Bay League at Peninsula on January 13.

Inglewood is also under first year head coach Charles Michael Cain and began the Redondo Battle at the Beach Classic last Monday. The Sentinels face Marlborough High from L.A. today at 6:30 p.m.

Next Tuesday, the Sentinels will take on defending CIF-L.A. City Section Division I champion Palisades next Tuesday in the St. Monica Tournament in Santa Monica.

Inglewood opens the Bay League at home against Redondo on January 13.

Leuzinger began the Brentwood Tournament against Venice last Monday. The Olympians face St. Monica today at 8 p.m.

Leuzinger begins the Pioneer League at West Torrance on January 13. •

## Seniors

### More Than A Million Americans Are Unaware They Are Infected With A Potentially Life-Threatening Virus

(BPT) - After receiving blood transfusions in 1979 during the birth of her last child, Mary Lambert, a human resources professional and former teacher, thought her health ordeal was over. Little did she know that, due to those transfusions, she had become infected with the hepatitis C virus (HCV).

In fact, Mary didn't have any indication that she was suffering from chronic hepatitis C, a potentially life-threatening viral infection, until she tried to donate blood in 1993, nearly 15 years later. Mary didn't experience any symptoms for more than a decade and was unaware that HCV was slowly damaging her liver, ultimately leading to liver scarring.

#### What is HCV?

Unfortunately, stories like Mary's are not uncommon. HCV, the most prevalent chronic blood-borne infection in the United States, affects more than 3 million Americans and causes approximately 15,000 deaths each year.

HCV is the number one cause of liver failure and liver-related death and a major cause of liver cirrhosis and liver cancer. HCV is also associated with a variety of other conditions, including diabetes, thyroid disease and kidney

disease.

As in Mary's case, HCV is often a "silent disease." However, when symptoms occur, they can include fatigue, joint pain, nausea, vomiting, fever, loss of appetite and abdominal pain. The good news, however, is HCV can be cured - meaning the virus is undetectable in the blood when checked three months or more after completing treatment.

#### Who does HCV affect?

Baby Boomers, or people born between 1945 and 1965, are disproportionately affected by HCV, accounting for three out of four people with the virus. Among other ways, HCV can be spread via contaminated needles (from tattoos, needle sticks or intravenous drug use). In addition, before the availability of widespread screening of the blood supply in 1992, the virus was often spread through blood transfusions (as in Mary's case) and organ transplants.

#### Why is screening so important?

Like Mary, up to 75 percent of those infected with HCV are unaware they have the virus. Because of this, testing for HCV is vitally important. Scientific advances in the last few years have resulted in treatments that are shorter

and more effective than in previous years, thus making a cure possible for more patients.

#### Who should get tested?

The U.S. Centers for Disease Control and Prevention (CDC) recommends the following people get tested for HCV:

- Anyone born from 1945 through 1965
- Anyone who received donated blood or organs before 1992
- Health and safety workers who have been exposed to blood on the job through a needle stick or injury with a sharp object
- Anyone born to a mother with hepatitis C
- Anyone with certain medical conditions, such as chronic liver disease and HIV or AIDS
- Anyone who has injected drugs, even just once or many years ago
- Anyone with abnormal liver tests or liver disease
- Anyone on hemodialysis

#### How do you get tested?

Physicians use a blood test called a hepatitis C antibody test to determine if a person has been infected with HCV. If the results come back non-reactive, or negative for antibodies, the person does not have HCV. If it is reactive,

or positive for antibodies, the person has been infected at some point but does not necessarily have the virus at that time. A second blood test, called an RNA or PCR test, is needed to confirm if the person is currently infected with HCV.

What should you do if you have the chronic hepatitis C virus?

If both tests indicate a person is infected with HCV, it is important to consult a hepatitis C specialist to discuss the opportunity for treatment and to potentially be cured.

Mary recently finished taking a treatment regimen that has made the virus undetectable in her blood. She is hopeful that she will get the official word (three months after the end of treatment) that she is cured. "I had pretty much given up hope that there could be a cure for me," Mary said. "But there are more HCV treatment options available than there used to be." She encourages anyone who thinks they may be at risk to ask their doctor to be screened and, if diagnosed, seek care from a hepatitis C specialist.

To learn more about HCV, visit HepCHope.com. •

# PETSPETS **Pets** PETSPETS

## Wowser Schnauzers



Colton

addition to your family. If you are interested in Colton, please email [info@msfr.org](mailto:info@msfr.org) for more information.

Hi there, I'm **Dolton** and you've already been introduced to my pal, and possible littermate, Colton. I too am a 2-year old, male Miniature Schnauzer mix. I wholeheartedly agree with Colton when it comes to our parentage because I'm also only 12 pounds of affection. I was rescued from the LA county shelter after being surrendered, however, I have no idea what I could have done to warrant such treatment. I mind my manners get along well with other dogs and would be the perfect companion. I have to admit that my appearance wasn't the best but all it took was a little TLC and some grooming to reveal my adorable, handsome self. If you are interested in Dolton, please email [info@msfr.org](mailto:info@msfr.org) for more information.

They call me **Linus** but I don't carry a blanket. I'm a 1-year old, male, Miniature Schnauzer mix who got lost and ended up at a LA county shelter as a stray. I had some folks interested in me and even had a family that was scheduled to adopt me. Sadly, they must have changed their minds at the last minute because they never came to make it official. The MSFR folks literally came to my rescue and I am so very thankful to them. They always tell me that I super sweet and what a great little (only 14 pounds) guy I am. If you're looking for a real "people" dog, that's me. I would love to be your



Dolton



Linus

only dog but I can get along, with some patience and a little work, with smaller, female dogs. I'm not exactly a non-shedder because I'm a mix but you could call me a low shedder because it's not very much. The best news is that when I get groomed I can get a Schnauzer cut or you can just

let me go au nature! If you are interested in Linus, please email [info@msfr.org](mailto:info@msfr.org) for more information.

It's true that good things come in small packages and I'm here to prove it. My name is **Maddie** and I am a 1-year old, female, Miniature Schnauzer mix that is nothing but 13 pounds of sweetness. I was rescued from a LA county shelter just a couple of days before Halloween and that was no treat. It was a very intimidating place and I'm not very outgoing, actually I'm kind of shy, so it's no surprise that no one was interested in adopting me. I get along great with other dogs, and I'm pretty quiet and reserved but I do love my people. Come to adoptions and see if you aren't just mad about Maddie. If you are interested in Maddie, please email [info@msfr.org](mailto:info@msfr.org) for more information.



Maddie

*Pets can get loose  
or lost through mishaps  
and travel quickly.  
Microchip: it works!*

## Happy Tails

Congratulations to **Tippy**, our rescue from late September, and her new family. Her family had a Schnauzer that they loved and cherished for 15 years before it went to Rainbow Bridge. They decided to wait

until they retired to adopt a new family member and Tippy was the one that they couldn't resist. She now enjoys the good life – living in San Pedro. Wishing everyone much happiness. •



Tippy

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**Fictitious Business Name Statement 2015264896**

The following person(s) is (are) doing business as Pacific F2000, 24508 Vantage Point Terrace, Malibu, CA 90265, Los Angeles County. AI #ON: 201504010161. Registered Owner(s): PW Motorsports LLC, 24508 Vantage Point Terrace, Malibu, CA 90265, California. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: January 16, 2015. Signed: PW Motorsports LLC, by Peter G. West, Jr., Sole Member, PW Motorsports LLC. This statement was filed with the County Recorder of Los Angeles County on October 16, 2015.  
NOTICE: This Fictitious Name Statement expires on October 16, 2020. A new Fictitious Business Name Statement must be filed prior to October 16, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).  
El Segundo Herald: Pub. 11/12, 11/19, 11/26, 12/3/2015. **H-1342**

**Fictitious Business Name Statement 2015281311**

The following person(s) is (are) doing business as POWER OF COMMUNICATION, 2825 ONRADO ST. TORRANCE, CA 90503, LOS ANGELES COUNTY. Registered Owner(s): ROBERT E. COX, 2825 ONRADO ST, TORRANCE, CA 90503. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: ROBERT E. COX, Owner. This statement was filed with the County Recorder of Los Angeles County on November 4, 2015.  
NOTICE: This Fictitious Name Statement expires on November 4, 2020. A new Fictitious Business Name Statement must be filed prior to November 4, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).  
Torrance Tribune: Pub. 11/12, 11/19, 11/26, 12/3/2015. **HT-1343**

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**Fictitious Business Name Statement 2015282009**

The following person(s) is (are) doing business as ANDROGEN EXCESS SOCIETY, 12520 MAGNOLIA BLVD. SUITE 212, NORTH HOLLYWOOD, CA, 91607, LOS ANGELES COUNTY. AI #ON: C2472264. Registered Owner(s): THE ANDROGEN EXCESS AND PCOS SOCIETY (AE-PCOS), 12520 MAGNOLIA BLVD., SUITE 212, NORTH HOLLYWOOD, CA 91607, California. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: THE ANDROGEN EXCESS AND PCOS SOCIETY (AE-PCOS), JAMES MORROW, MANAGING DIRECTOR. This statement was filed with the County Recorder of Los Angeles County on November 4, 2015.  
NOTICE: This Fictitious Name Statement expires on November 4, 2020. A new Fictitious Business Name Statement must be filed prior to November 4, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).  
El Segundo Herald: Pub. 11/12, 11/19, 11/26, 12/3/2015. **H-1344**

**Fictitious Business Name Statement 2015281678**

The following person(s) is (are) doing business as CURB PURCOLATION, 20430 WAYNE AVENUE, TORRANCE, CA 90503, LOS ANGELES COUNTY. Registered Owner(s): DAVID DANIAL JAMIESON, 20430 WAYNE AVENUE, TORRANCE, CA 90503. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: DAVID DANIAL JAMIESON, Owner. This statement was filed with the County Recorder of Los Angeles County on November 4, 2015.  
NOTICE: This Fictitious Name Statement expires on November 4, 2020. A new Fictitious Business Name Statement must be filed prior to November 4, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).  
Torrance Tribune: Pub. 11/12, 11/19, 11/26, 12/3/2015. **HT-1345**

**Fictitious Business Name Statement 2015275081**

The following person(s) is (are) doing business as ROLLING WHEELS PUBLISHING, 15502 SOUTH STANFORD AVENUE, RANCHO DOMINGUEZ, CA 90220, LOS ANGELES COUNTY. Registered Owner(s): KELLIE KNIGHT, 15502 SOUTH STANFORD AVENUE, RANCHO DOMINGUEZ, CA 90220. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: KELLIE KNIGHT, OWNER. This statement was filed with the County Recorder of Los Angeles County on October 28, 2015.  
NOTICE: This Fictitious Name Statement expires on October 28, 2020. A new Fictitious Business Name Statement must be filed prior to October 28, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).  
El Segundo Herald: Pub. 11/19, 11/26, 12/3, 12/10/2015. **H-1346**

**Fictitious Business Name Statement 2015277034**

The following person(s) is (are) doing business as DON JULIO INSURANCE SERVICES, 10719 S. INGLEWOOD AVE. #B, INGLEWOOD, CA 90304, LOS ANGELES COUNTY. Registered Owner(s): JULIO WASHINGTON MORA, 31101 TECUMSEH CT., TEMECULA, CA 92592. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: JULIO W. MORA, OWNER. This statement was filed with the County Recorder of Los Angeles County on October 29, 2015.  
NOTICE: This Fictitious Name Statement expires on October 29, 2020. A new Fictitious Business Name Statement must be filed prior to October 29, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).  
Inglewood News: Pub. 11/19, 11/26, 12/3, 12/10/2015. **HI-1347**

**Fictitious Business Name Statement 2015281334**

The following person(s) is (are) doing business as FOR IT GIRLS, 16421 S. MANHATTAN PLACE UNIT C, GARDENA, CA 90247, LOS ANGELES COUNTY. Registered Owner(s): JEANNIE KIM CHUNG, 16421 S. MANHATTAN PLACE UNIT C, GARDENA, CA 90247. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: JEANNIE KIM CHUNG, Owner. This statement was filed with the County Recorder of Los Angeles County on November 4, 2015.  
NOTICE: This Fictitious Name Statement expires on November 4, 2020. A new Fictitious Business Name Statement must be filed prior to November 4, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).  
El Segundo Herald: Pub. 11/19, 11/26, 12/3, 12/10/2015. **H-1348**

**Fictitious Business Name Statement 2015292933**

The following person(s) is (are) doing business as MEINEKE CAR CARE CENTER #2432, 121 E. WHITTIER BLVD # A, MONTEBELLO, CA 90640, LOS ANGELES COUNTY. Registered Owner(s): LOECASST INC., 121 E. WHITTIER BLVD. #A, MONTEBELLO, CA 90640, California. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: LOECASST INC., CUAUHTEMOC LOEZA, Owner. This statement was filed with the County Recorder of Los Angeles County on November 17, 2015.  
NOTICE: This Fictitious Name Statement expires on November 17, 2020. A new Fictitious Business Name Statement must be filed prior to November 17, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).  
El Segundo Herald: Pub. 11/26, 12/3, 12/10, 12/17/2015. **H-1349**

**Fictitious Business Name Statement 2015295551**

The following person(s) is (are) doing business as 1) LUCILLE'S SMOKEHOUSE BAR B QUE, 21540 HAWTHORNE BLVD. #401B, TORRANCE, CA 90503, 2) LUCILLE'S SMOKEHOUSE BAR-B-QUE, 2601 E. WILLOW STREET, SIGNAL HILL, CA 90755, LOS ANGELES COUNTY. Registered Owner(s): HOF'S HUT RESTAURANTS INC, 2601 E. WILLOW STREET, SIGNAL HILL, CA 90755. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: HOF'S HUT RESTAURANTS INC, CRAIG HOFMAN, President. This statement was filed with the County Recorder of Los Angeles County on November 20, 2015.  
NOTICE: This Fictitious Name Statement expires on November 20, 2020. A new Fictitious Business Name Statement must be filed prior to November 20, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).  
Torrance Tribune: Pub. 11/26, 12/3, 12/10, 12/17/2015. **HT-1350**

**Fictitious Business Name Statement 2015293876**

The following person(s) is (are) doing business as IKEUCHI ORGANIC USA, 22301 S. WESTERN AVE. UNIT 106, TORRANCE, CA 90501, LOS ANGELES COUNTY. AI #ON: 3520833. Registered Owner(s): COAST TRADING, INC., 22301 S. WESTERN AVE. UNIT 106, TORRANCE, CA 90501. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: COAST TRADING, INC., SUSAN LOO, Secretary. This statement was filed with the County Recorder of Los Angeles County on November 18, 2015.  
NOTICE: This Fictitious Name Statement expires on November 18, 2020. A new Fictitious Business Name Statement must be filed prior to November 18, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).  
Torrance Tribune: Pub. 12/3, 12/10, 12/17, 12/24/2015. **HT-1351**

**Fictitious Business Name Statement 2015302672**

The following person(s) is (are) doing business as MVM NATION, 1) 2706 EDGEHILL DRIVE SUITE #1, LOS ANGELES, CA 90018; 2) 8549 WILSHIRE BLVD. #284, BEVERLY HILLS, CA 90211, LOS ANGELES COUNTY. AI #ON: 200603910049. Registered Owner(s): MOST VALUABLE MAJORS, "L.L.C.", 2706 EDGEHILL DRIVE SUITE #1, LOS ANGELES, CA 90018. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: MOST VALUABLE MAJORS, "L.L.C.", EUGENE E. ADAMS III, Manager. This statement was filed with the County Recorder of Los Angeles County on December 1, 2015.  
NOTICE: This Fictitious Name Statement expires on December 1, 2020. A new Fictitious Business Name Statement must be filed prior to December 1, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).  
El Segundo Herald: Pub. 12/3, 12/10, 12/17, 12/24/2015. **H-1352**

**Fictitious Business Name Statement 2015285707**

The following person(s) is (are) doing business as MARTINDALE, A NOLO COMPANY, 909 N. SEPULVEDA BLVD., 11<sup>TH</sup> FLOOR, EL SEGUNDO, CA 90245, LOS ANGELES COUNTY. Registered Owner(s): MH SUB I, LLC, 909 N. SEPULVEDA BLVD., 11<sup>TH</sup> FLOOR, EL SEGUNDO, CA 90245. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: MH SUB I, LLC, B. LYNN WALSH, Secretary. This statement was filed with the County Recorder of Los Angeles County on November 9, 2015.  
NOTICE: This Fictitious Name Statement expires on November 9, 2020. A new Fictitious Business Name Statement must be filed prior to November 9, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).  
El Segundo Herald: Pub. 12/3, 12/10, 12/17, 12/24/2015. **H-1353**

**Fictitious Business Name Statement 2015285613**

The following person(s) is (are) doing business as MARTINDALE, 909 N. SEPULVEDA BLVD., 11<sup>TH</sup> FLOOR, EL SEGUNDO, CA 90245, LOS ANGELES COUNTY. Registered Owner(s): MH SUB I, LLC, 909 N. SEPULVEDA BLVD., 11<sup>TH</sup> FLOOR, EL SEGUNDO, CA 90245. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: MH SUB I, LLC, B. LYNN WALSH, Secretary. This statement was filed with the County Recorder of Los Angeles County on November 9, 2015.  
NOTICE: This Fictitious Name Statement expires on November 9, 2020. A new Fictitious Business Name Statement must be filed prior to November 9, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).  
El Segundo Herald: Pub. 12/3, 12/10, 12/17, 12/24/2015. **H-1354**

**Fictitious Business Name Statement 2015289728**

The following person(s) is (are) doing business as SATISFACTS, 909 N. SEPULVEDA BLVD., 11<sup>TH</sup> FLOOR, EL SEGUNDO, CA 90245, LOS ANGELES COUNTY. Registered Owner(s): INTERNET BRANDS, INC., 909 N. SEPULVEDA BLVD., 11<sup>TH</sup> FLOOR, EL SEGUNDO, CA 90245. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 06/27/2012. Signed: INTERNET BRANDS, INC., B. LYNN WALSH, Secretary. This statement was filed with the County Recorder of Los Angeles County on November 13, 2015.  
NOTICE: This Fictitious Name Statement expires on November 13, 2020. A new Fictitious Business Name Statement must be filed prior to November 13, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).  
El Segundo Herald: Pub. 12/3, 12/10, 12/17, 12/24/2015. **H-1355**

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## Apple, Gouda and Farro Salad



*Makes 6 servings as a side dish, or 4 servings as a meal*

### Ingredients

**FOR THE SALAD**

- 1/2 cup roughly chopped walnuts
- 6 cups mixed greens
- 1 large apple, core removed and thinly sliced
- 6 ounces Arla Dofino(R) Gouda cheese, cut into cubes
- 1 cup cooked farro
- 1/3 cup dried cranberries

**FOR THE APPLE CIDER VINAIGRETTE:**

- 1/4 cup olive oil
- 1 1/2 tablespoons apple cider vinegar
- 2 Teaspoons honey
- 1 Teaspoon Dijon mustard
- 1 Teaspoon minced shallot
- Salt and freshly ground black pepper, to taste

### Preparation

1. First, toast the walnuts in a small skillet over medium heat, stirring frequently. Cook until the walnuts turn brown and smell toasted. This will take about 5 minutes. Transfer to a small bowl to cool.
2. Place the greens in a large bowl. Top with sliced apples, Gouda cheese cubes, farro, dried cranberries and toasted walnuts.
3. To make the vinaigrette, whisk together the olive oil, apple cider vinegar, honey, mustard and shallot. Season with salt and black pepper, to taste. Drizzle the salad with the vinaigrette and gently toss. Serve!

**Note:** Honeycrisp or Granny Smith apples are great options, but any apple variety will work.